92nd Street Y Flying Dolphins Athlete Code of Conduct

As a member of the 92nd Street Y Flying Dolphins Swim Team, I understand that I am responsible for adhering to the Athlete Code of Conduct.

Good Sportsmanship

- I will always encourage and support my teammates both in and out of the pool.
- I will listen to and respect my coaches.
- I will speak to everyone in a respectful and kind way.
- I will try my hardest at practice.
- I will treat the 92 Y and any other facility I swim in with care and respect.
- I will always clean up after myself.
- I will always work hard toward my personal and team's goals.

Team Participation

- I will arrive for practice on time. This means: be on deck, with suit, cap and goggles on, and with all appropriate equipment at the time practice is schedule to begin.
- I will uphold my commitment to the team by attending the appropriate and agreed upon number of practices/week according to my training group.
- I will attend dry land practice a minimum of one time each week.
- I will attend all championship meets in which I qualify, and compete in all events selected by my coach.
- I will stay at each swim meet I attend until my coach has dismissed me.

Team Uniform

- I will wear my designated swim team suit, swim cap and any other Flying Dolphins team apparel to all swimming competitions I attend.

Locker Room Behavior

- I will behave appropriately and respectfully while using the locker and shower rooms at the 92Y and at any other facility I might have the privilege of using during the season.
- I will not engage in inappropriate behavior and will immediately report any improper behavior to my coaches or other 92Y staff.

Before and After Practice

- Swimmers under the age of ten must be accompanied by an adult until their group's practice start time.
- Swimmers ages 11 and over can sit quietly in the Café seating area prior to practice unaccompanied by an adult. We remind swimmers that this area is a public gathering space and appropriate behavior is required.
- All swimmers should be picked up by a parent or guardian promptly at the completion of their group's practice.
- Participating in after-school basketball or workout activities will not interfere with my timely arrival for practice.

Disciplinary Procedures

If swimmers fail to uphold the Athlete Code of Conduct 92Y FD coaches may take the following course of action:

- If a swimmer is disrupting practice to the detriment of his/her teammates, the swimmer will be removed from the practice session. Parents will be notified via phone or email that their child has been removed from practice and that they need to come to the 92Y to pick-up their child.
- If a swimmer is not wearing YFD uniforms at swim meets, they will be asked to leave.
- If a swimmer is not attending the agreed upon number of practices/week according to their training group, they will be suspended from a swim meet at the coach's discretion.

Print Athlete Name_____

Athlete Signature_____**Date**_____

Coach Signature _____**Date**_____

Print Parent/Guardian Name_____

Parent/Guardian Signature_____**Date**_____

This document has been reviewed and approved by the Flying Dolphins Coaches, and 92Y Administrators.