





**GNST Winter SWIMvitational  
Greater Nebraska Swim Team  
December 11-13, 2009**

**Event Schedule**

**Friday, December 11**

**Warm-ups 5:00 p.m.**

**Meet Start 5:45 p.m.**

Girls Event #

Event Description

Boys Event #

1	12 & Under 200 IM	2
3	13 & Over 200 Backstroke	4
5	Open 200 Freestyle	6
7	11 & Over 400 IM	8

**Saturday, December 12**

**Warm-ups 7:00 a.m.**

**Meet Start 8:00 a.m.**

Girls Event #

Event Description

Boys Event #

9	Open 50 Freestyle	10
11	12 & Under 50 Backstroke	12
13	13 & Over 100 Backstroke	14
15	12 & Under 50 Breaststroke	16
17	13 & Over 100 Breaststroke	18
19	12 & Under 50 Butterfly	20
21	13 & Over 100 Butterfly	22

**Sunday, December 13**

**Warm-ups 7:00 a.m.**

**Meet Start 8:00 a.m.**

Girls Event #

Event Description

Boys Event #

23	12 & Under 100 IM	24
25	13 & Over 200 IM	26
27	8 & Under 25 Freestyle	28
29	Open 100 Freestyle	30
31	8 & Under 25 Backstroke	32
33	9 - 12 100 Backstroke	34
35	8 & Under 25 Breaststroke	36
37	9 - 12 100 Breaststroke	38
39	13 & Over 200 Breaststroke	40
41	8 & Under 25 Butterfly	42
43	9 - 12 100 Butterfly	44
45	13 & Over 200 Butterfly	46
	<b>15 Minute Break</b>	
47	9 & Over 500 Freestyle*	48

\*The 500 Freestyle will be deck seeded, and require positive check in. Swimmers not checked in will be scratched. This event will be swum fastest heats to slowest heats. Swimmers in this event must provide their own timers.