

ALAMEDA ISLAND AQUATICS

September, 2009

www.alamedaislanders.org

President's Message

Welcome back to another swim year. At our recent Board Meeting Coach Bob Radecke said it was probably the most successful year in the history of the Islanders. Thank you to everyone who made that possible, from the swimmers to the coaches to the volunteers. It takes everyone to make a difference.

September is a busy time with school starting, swim practice restarting and many other activities. We hope that you had a restful summer and are ready to go. Up next for the Islanders is the Annual Awards Banquet. More on this soon, but this is the time when we recognize all of the swimmers who swam with us last year. There have been many great accomplishments by our swimmers. Please make sure you attend this important event on Sunday,

September 20th at 12:30 at Harrison Center in Lincoln Park. Thank you to the committee - Andrea Hoy, Kim Shelton, Rita Hsu, Patricia Linert, Veronica Hall, and Anita Wong - for helping me with the planning.

After that, we're putting on another meet. The dates for the meet are Oct 31-Nov 1 (yes, Halloween). We'll need everyone's help; this is a great way to burn off some of those volunteer points early in the year. Signups will be available soon, please make sure to help. Remember Eric Delore is the meet director. Thanks Eric!

The financial aid committee - Iryna Oreshkov, Lydie Thomas and I - met and reviewed applications and made recommendations to the AIA Board for approval of this benefit. Thanks to Lydie and Iryna for their time!

Alameda Sports Enthusiast,

Conrad Branson, wrote an article in the August 27th Alameda Sun about Catherine Boles, Maddy Delore, and Ben Krause attending the Western Zone Meet in Hawaii and Chris Hausmann attending the North American Challenge Cup in Southern California. We hope that you did not miss this informative article. Thanks, Conrad for all of the time and energy you put into this!

Former Islander parent, Richard Rados, wrote a special article for this month's newsletter regarding records at the city meet. Thanks, Richard!

As always, if you have any questions or concerns please feel free to talk to your coach or to contact any Board member. We're here to help.

AIA co-presidents Kim Krause and Don Krause



Maddy with Susan, whose record Maddy broke that day at the City meet.

The newspaper clipping describes the City of Alameda Swim Championship meet, and it speaks of record times, of swimmers with connections to long-time Islander families, and of "quite a rivalry in the girls' age 9-10 division." You might think the clipping is

describing this most recent City Meet, on August 14th, 15th, and 16th, at which Michael Molina set a City Meet record in the 13 to 18 year old boys' 50 free event and Catherine Boles and Maddy Delore traded victories with record-setting swims in several events in the 9-10 year old girls' division.

But the newspaper clipping is yellow with age. It dates from September

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1978. Among the City Meet superstars that year: Linda Simmons (now Radecke – Coach Bob’s wife and Jen’s mom); Ann Stier (Monica McNamara’s aunt); and 10 year olds Shirley Perata and Susan Fairless (now Susan Rados), whose son Christophe and stepchildren Matthew, Samantha and Alex Rados all swam as Islanders.

More than thirty years ago, Susan’s mother pasted the clipping in a scrapbook. It describes how fifteen records were set that year, including Susan’s 9-10 girls’ 50 free record of 29.00 seconds.

Thirty-one years later, Susan’s 50 free record was the only one remaining from that year. And on August 16, 2009, it was shattered by Maddy Delore with a new City Meet record time of 28.32. Teammate Catherine Boles was right behind Maddy with a 28.37.

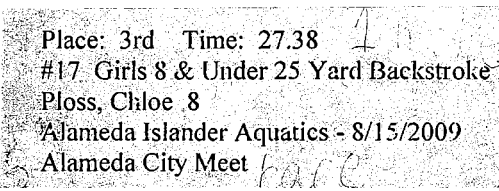
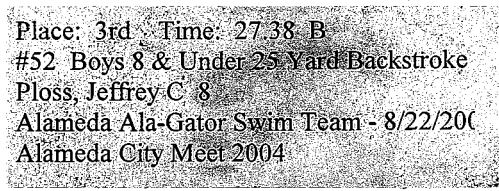
Even though there were several records broken at this most recent City Meet – records dating from 1999 and 1983 – the girls’ 9-10 50 free record was special. As luck would have it, the former record-holder was watching.

Susan was at the meet that day to

watch her stepdaughter Samantha, along with Islander Marlina Nip, receive the Sally Gallagher award. Susan stuck around after the awards ceremony to see if her record might survive another year. But it was clear from the start of the race that the record would fall.

Susan got to share in Maddy’s moment. She had the pleasure and the honor of handing out the awards to Maddy and the others – “passing the torch” to the new record-holder. Perhaps decades from now, Maddy will be doing the same...

Richard Rados



The Ploss kids discovered an amazing coincidence when comparing City Meet awards last weekend. Both kids swam the same event (8 & under 25 backstroke) 5 years apart: Jeffrey 2004, Chloe 2009. Both kids placed 3rd. This is the best part: BOTH KIDS HAD THE SAME IDENTICAL TIME - TO WITHIN 1/100 OF A SECOND! What are the chances of that happening again? Please share with membership in next newsletter for a good laugh! Photocopy of awards attached as proof (PDF file). **Thanks, Bob Ploss**

Membership news

Welcome back to practice and the 2010 swim season. I hope everyone enjoyed their summer and are ready for another school year and the 2010 swim season.

REMINDER TO SWIMMERS ON SUMMER SEASONAL USA SWIMMING MEMBERSHIP: If you joined the team during the summer and have not renewed your USA Swimming membership for the 2010 season, you will not be allowed to practice or enter meets. Please be sure to send me your completed 2010 registration form and payment. For all other swimmers, the annual team (\$100) and USA Swimming (\$60) renewal fees will reflect on your upcoming monthly invoice. Please be sure to pay these on time. Swimmers will not be registered

until payment is received by the billing manager.

The annual Awards Banquet be held on Sunday, 20-September, at the Harrison Recreation Center in Lincoln Park. This is a very important team building and general member meeting. The swimmers have a lot of fun being recognized by their coaches for their achievements, improvements, attitudes and workout ethic. A new board of directors will be voted in as well as a general call for volunteers for important program or activity chairs. Volunteers will be there to take orders for optional team swim suits and parkas. We need a minimum order to take advantage of discounts. Remember to bring your checkbooks; payment is due at the time of order.

We were able to acquire a short

course swim meet on 31-October and 01-November. We’ll be hosting the meet at Chabot College and expect about 800 swimmers – this will be huge and we need everyone’s enthusiastic assistance running the meet. It’s important that all members sign up for some job especially because we will not likely host another meet during the season and this will be one of the main events in order to work off those reduced number of volunteer points. We especially encourage the new members to sign up and learn a trade.

Lastly, I strongly encourage all members to take a few minutes to sign on to the team website and update your member information including emergency contacts, medical information, change of address, etc.

Chris Allen

Coaches corner

Welcome to the 2009-2010 swim season and congratulation on a extremely successful 2008-2009 season. Our season concluded with the City Championships in which Islander swimmers had many outstanding and record breaking swims. Last season saw some of our new swimmers swim their very first swim meet. It also saw our veteran swimmers put together a season to remember. This season saw nineteen Islander swimmers qualify for the Junior Olympic Championships, thirteen swimmers qualify for the Far Western meet of

Champions, and three swimmers qualify for the prestigious Speedo Summer Sectional meet in Clovis. Islander swimmers Maddy Delore, Catherine Boles, Ben Krause and Chris Hausmann earn spots on Pacific All Star teams this summer.

During this past season, we had several Islander swimmers establish their first B through PRT time. We had twenty-one team records broken and a large amount of lifetime best swims. We accomplished a lot this year as a team. We added greatly to our membership through an extremely successful Novice program.

We also had the Alameda age group swimmers of the year in Chris Hausmann and Ben Krause. Congratulations to all



of our swimmers and thank you to all of our hard working board members and parents who make all of this come together. I look forward to the start of another season and know that we will continue to shine!

See you at the pool, **Coach Bob**

Islander Calendar

Oct. 3-4	Junior+	TBD
Oct. 10-11	CBA+	Walnut Creek
Oct. 31-Nov. 1	CBA+	Chabot College
Nov. 14-15	BA+	Orinda
Dec. 4-6	JO	Pleasanton
Dec. 12-13	CBA+	Mills College
Dec. 18-22	Sectionals	Long Beach

Group 3 Fall Practice Schedule

5-7 PM Encinal Swim Center M-F

*running day on Mondays

**dry land on Wednesdays

FALL practice times & locations

Group I (Coaches Pedro, Brandi and Moy), 6:00-7:00 and 6:45-7:45

Emma Hood (Alameda High School)

Group II, (Coach Tommy), 4:00 to 5:30, Harbor Bay Club

Group III, (Coach Bob), 5:00 to 7:00, Encinal High School

Thanks for a Successful City Meet!

Thanks very much to all of you who helped out and participated in this year's Alameda City Meet. It was wonderful to see all of the new faces helping out the regular meet crew. The office, hospitality, and snack bar functions all ran seamlessly due to the veteran leadership and new recruits that contributed to these tasks. It was also great that we could contribute so many officials at the meet. Our five officials all did an outstanding job, along with the officials provided by the Alligators. Because of their participation, this year's times are official, unlike last

year's City Meet during which several of our swimmers achieved new time standards in vain due to the lack of officials. And to the coaches, we all felt your unflagging energy and support, even while the swimmers were doing the 1650s past 8 PM on Friday night. Thanks very much!

We are hosting another meet in October, actually on Halloween, October 31st - November 1st. For those of you who stepped up at the City Meet, I would ask you to please step up again and avail yourself of this chance to earn more volunteer points. And to those of you still

looking to find your volunteer niche on the team, I hope that you would please venture out to the meet in October to lend a hand and earn your points. You'll see an email soon about how you can sign up to help.

Incidentally, the setup crew will be pleased to know that Andrew Boles is working to procure more small bungee cords for the tarps and more tarps, too, for this meet. We'll also need to replace a fair amount of the orange buckets we use to weight down the canopies. Thanks again to all of you! **Eric Delore**



Event: 50 m free, 10 and under girls
First Place: Maddy Delore (breaking the record from 1978)
Second: Catherine Boles
Thirds: Alexa Lum

