

VALUE KIDS LEARN THROUGH SPORTS

Part of what drives our team is the knowledge of the great benefits our athletes receive through the sport of swimming. These benefits are a result of the cooperative effort between, club and LSC administrators, coaches, officials, and parents. The benefits are more readily learned when adults put the interest of the child first. The adults own desires to win through the child can deter the benefits the child may receive.

Some of the benefits include:

An appreciation for a healthy lifestyle, and an understanding of fitness.

Developing a positive self concept by mastering the sports skills

Learning how to work as part of a team

Developing social skills with other children and adults

Learn how to manage success and disappointment

Learn that their choices will produce results, whether good or bad.

Learn to play fair and be a good sport

Learn respect for others

Learn how to face challenges

These are a few of the basic values kids learn through swimming