

Albany Starfish Swim Club

RECORDS Starfish Long Course

LC Meters-Female

8 & U	50 Free	36.23	16-Jun-06	ALBS AD	Jennifer Lucius at Webster LC Senior Circuit	
	100 Free	1:21.79	27-Jul-07	ALBS AD	Hannah M. Dougherty at Adirondack Long Course District Championshi	
	200 Free	2:58.53	29-Jun-07	ALBS AD	Hannah M. Dougherty at Clinton Cudas Colgate Classic Invitational	
	50 Back	44.24	7-Jun-97	ALBS AD	Michele Sano	
	100 Back	1:37.40	8-Jun-07	ALBS AD	Hannah M. Dougherty at SDSC2007 LC Invitational	
	50 Breast	49.88	16-Jun-06	ALBS AD	Jennifer Lucius at Webster LC Senior Circuit	
	100 Breast	1:48.51	16-Jun-06	ALBS AD	Jennifer Lucius at Webster LC Senior Circuit	
	50 Fly	40.73	31-Jul-92	ALBS AD	Tori Delollo	
	100 Fly	1:53.59	12-Jul-03	ALBS AD	Julia Smachlo at Ulster Invitational 2003	
	200 IM	3:34.59	15-May-04	ALBS AD	Julia Smachlo at Spring Into Long Course	
	9-10	50 Free	31.02	15-Aug-93	ALBS AD	Lisa Fong
		100 Free	1:06.83	30-Jul-98	ALBS AD	Kailey Morris
		200 Free	2:26.48	30-Jul-98	ALBS AD	Kailey Morris
400 Free		5:11.13	12-Aug-09	AD AD	Hannah M. Dougherty at 2009 Eastern Zone LC Championships	
50 Back		36.77	11-Jun-94	ALBS AD	Tori Delollo	
100 Back		1:13.48	8-Jul-94	ALBS AD	Tori Delollo	
200 Back		3:14.11	16-Jun-06	ALBS AD	Julia Smachlo	
50 Breast		41.13	1-Aug-93	ALBS AD	Lisa Fong	
100 Breast		1:32.03	10-Jun-00	ALBS AD	Nicole Perreault at West Point LC Invitational	
200 Breast		3:35.94	16-Jun-06	ALBS AD	Julia Smachlo	
50 Fly		32.65	30-Jul-96	ALBS AD	Kailey Morris	
100 Fly		1:12.06	30-Jul-96	ALBS AD	Kailey Morris	
200 Fly		3:10.96	16-Jun-06	ALBS AD	Julia Smachlo	
200 IM		2:44.27	30-Jul-96	ALBS AD	Kailey Morris	
400 IM		6:45.63	15-May-04	ALBS AD	Aimee Hooper at Spring Into Long Course	
10 & U		200 Free Relay	2:21.88	24-Jul-09	ALBS AD	N. Fung, E. McElrath, L. Serotta, H. Dougherty
		400 Free Relay	5:15.94	24-Jul-09	ALBS AD	N. Fung, E. McElrath, L. Serotta, H. Dougherty
	200 Medley Relay	2:44.10	24-Jul-09	ALBS AD	N. Fung, H. Dougherty, L. Serotta, E. McElrath	
11-12	50 Free	28.96	21-May-10	ALBS AD	Jennifer L. Lucius at INVITATION INTERNATIONALE P1-P2 CNPPC	
	100 Free	1:02.50	23-Jan-04	ALBS AD	Kara Zebrowski at Wilton AA	
	200 Free	2:18.19	21-May-10	ALBS AD	Jennifer L. Lucius at INVITATION INTERNATIONALE P1-P2 CNPPC	
	400 Free	4:50.50	23-Jul-10	ALBS AD	Julia E. Samson at 2010 Adirondack Long Course District Champion	
	800 Free	10:01.00	8-Jul-10	ALBS AD	Hannah M. Dougherty at Niagara Long Course Classic	
	1500 Free	19:38.14	16-Jun-06	ALBS AD	Aimee Hooper	
	50 Back	32.75	26-Jul-96	ALBS AD	Tori Delollo	
	100 Back	1:10.31	11-Aug-10	ALBS AD	Julia Samson at 2010 Eastern Zone LC Championship	
	200 Back	2:38.53	21-May-10	ALBS AD	Jennifer L. Lucius at INVITATION INTERNATIONALE P1-P2 CNPPC	
	50 Breast	37.26	29-Jun-01	ALBS AD	Rachel Wallace at Clinton Cudas Invitational	
	100 Breast	1:20.50	8-Jul-10	ALBS AD	Julia E. Samson at Niagara Long Course Classic	
	200 Breast	2:57.85	23-Jul-10	ALBS AD	Julia E. Samson at 2010 Adirondack Long Course District Champion	
	50 Fly	30.80	2-Jul-10	ALBS AD	Julia E. Samson at Clinton Cudas Colgate Classic Invitational	
	100 Fly	1:09.92	11-Aug-10	ALBS AD	Julia E. Samson at 2010 Eastern Zone LC Championships	
	200 Fly	2:41.74	28-Jul-06	ALBS AD	Aimee Hooper at Adirondack Long Course District Championships	
	200 IM	2:34.41	8-Jul-10	ALBS AD	Julia E. Samson at Niagara Long Course Classic	
	400 IM	5:31.67	21-May-10	ALBS AD	Julia E. Samson at INVITATION INTERNATIONALE P1-P2 CNPPO	
	200 Free Relay	2:05.06	23-Jul-10	ALBS AD	Albany Starfish Swim Club J. Samson, E. McElrath, S. Sandwick, H. I	

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11-12	400 Free Relay	4:38.19	27-Jul-07	ALBS AD	E. Terwilliger, J. Smachlo, K. Zhou, S. Liu	
	200 Medley Relay	2:22.29	3-Jul-09	ALBS AD	J. Lucius, J. Samson, S. Schwarz, M. McAvoy	
	400 Medley Relay	5:16.52	6-Aug-03	ALBS AD	Albany Starfish Swim Club	
13-14	50 Free	27.52	12-Aug-09	AD AD	Kina Y. Zhou at 2009 Eastern Zone LC Championships	
	100 Free	1:00.88	3-Jul-09	ALBS AD	Katie Orr at Clinton Cudas Colgate Classic Invitational	
	200 Free	2:10.91	6-Mar-08	ALBS AD	Aimee Hooper at THE 2008 SPEEDO CHAMPIONS SERIES	
	400 Free	4:35.15	4-Jul-08	ALBS AD	Aimee Hooper at Clinton Cudas Colgate Classic Invitational	
	800 Free	9:23.46	25-Jul-08	ALBS AD	Aimee Hooper at 2008 Adirondack Long Course District Champion	
	1500 Free	18:00.65	4-Jul-08	ALBS AD	Aimee Hooper at Clinton Cudas Colgate Classic Invitational	
	50 Back	35.81	8-Aug-07	ALBS AD	Olivia N. Samson at Eastern Zone Age Group Long Course Champs	
	100 Back	1:06.13	1-Aug-98	ALBS AD	Tori Delollo	
	200 Back	2:20.81	10-Aug-98	ALBS AD	Tori Delollo	
	50 Breast	38.22	3-Aug-02	ALBS AD	Rachel Wallace at Dog Days 2002	
	100 Breast	1:21.15	10-Jul-09	ALBS AD	Talia Sternbach at Niagara Long Course Classic	
	200 Breast	2:53.90	28-Jun-02	ALBS AD	Rachel Wallace at Clinton Cudas Invitational	
	50 Fly	33.17	16-Jun-06	ALBS AD	Catherine Calsolaro at Webster LC Senior Circuit	
	100 Fly	1:07.60	25-Jul-08	ALBS AD	Aimee Hooper at 2008 Adirondack Long Course District Champion	
	200 Fly	2:30.11	6-Mar-08	ALBS AD	Aimee Hooper at THE 2008 SPEEDO CHAMPIONS SERIES	
	200 IM	2:28.26	24-Jul-09	ALBS AD	Kina Y. Zhou at Adirondack Open Long Course Championships	
	400 IM	5:14.13	4-Jul-08	ALBS AD	Aimee Hooper at Clinton Cudas Colgate Classic Invitational	
	200 Free Relay	1:56.01	24-Jul-09	ALBS AD	K. Zhou, E. Terwilliger, G. Beckford, K. Orr	
	400 Free Relay	4:13.04	25-Jul-08	ALBS AD	A. Hooper, S. Liu, E. Terwilliger, O. Samson	
	200 Medley Relay	2:12.05	6-Aug-03	ALBS AD	Albany Starfish Swim Club	
	400 Medley Relay	4:53.99	10-Jul-09	ALBS AD	Orr, Smachlo, Terwilliger, Zhou @ Niagara LC Classic	
	Open	50 Free	27.44	8-Jul-10	ALBS AD	Kina Y. Zhou at Niagara Long Course Classic
		100 Free	1:00.39	1-Aug-98	ALBS AD	Elilizabeth Gaffuri
		200 Free	2:07.01	10-Jul-09	ALBS AD	Aimee Hooper at Niagara Long Course Classic
400 Free		4:25.29	9-Aug-10	ALBS AD	Aimee Hooper at 2010 Speedo Junior National Championships	
800 Free		9:02.49	9-Aug-10	ALBS AD	Aimee Hooper at 2010 Speedo Junior National Championships	
1500 Free		17:32.93	10-Jul-09	ALBS AD	Aimee Hooper at Niagara Long Course Classic	
100 Back		1:08.85	20-Jul-06	ALBS AD	Kara Zebrowski at 2006 Speedo Championships Series	
200 Back		2:28.66	24-Jul-09	ALBS AD	Aimee Hooper at Adirondack Open Long Course Championships	
100 Breast		1:17.86	8-Jul-10	ALBS AD	Talia Sternbach at Niagara Long Course Classic	
200 Breast		2:48.83	23-Jul-10	ALBS AD	Talia Sternbach at 2010 Adirondack Long Course District Champion	
100 Fly		1:06.09	23-Jul-10	ALBS AD	Kina Y. Zhou at 2010 Adirondack Long Course District Champion	
200 Fly		2:23.94	24-Jul-09	ALBS AD	Aimee Hooper at Adirondack Open Long Course Championships	
200 IM		2:24.78	1-Aug-98	ALBS AD	Elyse McDonough	
400 IM		5:04.29	10-Jul-09	ALBS AD	Aimee Hooper at Niagara Long Course Classic	
200 Free Relay		1:54.69	23-Jul-10	ALBS AD	Albany Starfish Swim Club K. Zhou, K. Beckford, A. Hooper, O. Sam	
400 Free Relay		4:05.72	8-Jul-10	ALBS AD	Albany Starfish Swim Club A. Hooper, O. Samson, K. Orr, K. Zhou	
800 Free Relay		8:49.38	9-Jul-09	ALBS AD	Aimee Hooper, Katie Orr, Julia Smachlo, Olivia Samson, Niagara Cla	
200 Medley Relay		2:10.73	23-May-09	ALBS AD	Kara Zebrowski, Kina Zhou, Aimee Hooper, Olivia Samson, Colgate Ir	
400 Medley Relay		4:40.13	8-Jul-10	ALBS AD	Albany Starfish Swim Club K. Orr, T. Sternbach, A. Hooper, O. Sams	

Albany Starfish Swim Club

RECORDS Starfish Long Course

LC Meters-Male

8 & U	50 Free	37.31	15-Jul-90	ALBS AD	Thomas Roman	
	100 Free	1:20.91	8-Jun-96	ALBS AD	Julio Vidal	
	200 Free	3:22.19	28-Jul-06	ALBS AD	Miles Smachlo at Adirondack Long Course District Championships	
	50 Back	41.15	8-Jun-96	ALBS AD	Julio Vidal	
	100 Back	1:46.12	28-Jul-06	ALBS AD	Miles Smachlo at Adirondack Long Course District Championships	
	50 Breast	49.53	8-Jun-96	ALBS AD	Julio Vidal	
	100 Breast	2:00.59	2-Jul-10	ALBS AD	Seth E. Dougherty at Clinton Cudas Colgate Classic Invitational	
	50 Fly	42.19	3-Jul-98	ALBS AD	Brennan Morris	
	100 Fly	1:33.33	3-Jul-98	ALBS AD	Brennan Morris	
	200 IM	5:00.00	1-Jan-80	ALBS AD	No Record	
	9-10	50 Free	30.03	13-Jun-98	ALBS AD	Julio Vidal
		100 Free	1:09.66	13-Aug-92	ALBS AD	Thomas Roman
200 Free		2:30.76	13-Aug-92	ALBS AD	Thomas Roman	
400 Free		5:43.82	29-Jul-05	ALBS AD	Nick Hooper at Adirondack Long Course Championships	
50 Back		35.56	13-Jun-98	ALBS AD	Julio Vidal	
100 Back		1:24.55	25-Jul-97	ALBS AD	Julio Vidal	
50 Breast		39.00	24-Jul-98	ALBS AD	Julio Vidal	
100 Breast		1:31.66	25-Jul-97	ALBS AD	Julio Vidal	
50 Fly		34.33	13-Jun-98	ALBS AD	Julio Vidal	
100 Fly		1:20.58	6-Aug-08	ALBS AD	Miles Smachlo at 2008 Eastern Zone LC Championships	
200 IM		2:55.20	25-Jul-97	ALBS AD	Julio Vidal	
10 & U		200 Free Relay	2:46.16	23-Jul-10	ALBS AD	Albany Starfish Swim Club A. Zhou, S. Ward, S. Yu, I. McElrath
	400 Free Relay	6:38.62	28-Jul-06	ALBS AD	A. Strayer, M. Smachlo, A. Wolfe, J. Chalermkraivuth	
	200 Medley Relay	3:08.61	23-Jul-10	ALBS AD	Albany Starfish Swim Club S. Ward, E. Ren, A. Zhou, I. McElrath	
11-12	50 Free	26.72	10-Jun-00	ALBS AD	Julio Vidal at West Point LC Invitational	
	100 Free	1:00.37	13-Aug-92	ALBS AD	Brian McKenna	
	200 Free	2:15.43	11-Aug-04	ALBS AD	Frankie DeMaria at Eastern Zones	
	400 Free	4:42.35	11-Aug-04	ALBS AD	Frankie DeMaria at Eastern Zones	
	1500 Free	18:59.70	10-Jul-04	ALBS AD	Frankie DeMaria at Ulster Summer Invitational 2004	
	50 Back	30.99	10-Jun-00	ALBS AD	Julio Vidal at West Point LC Invitational	
	100 Back	1:08.15	13-Aug-92	ALBS AD	Brian McKenna	
	200 Back	2:39.15	10-Aug-05	ALBS AD	Alex Smachlo at Eastern Zones	
	50 Breast	35.05	11-Aug-99	ALBS AD	Julio Vidal at Eastern Zones	
	100 Breast	1:21.61	11-Jun-99	ALBS AD	Julio Vidal at WEST PT	
	200 Breast	3:04.25	10-Jul-04	ALBS AD	Frankie DeMaria at Ulster Summer Invitational 2004	
	50 Fly	29.99	10-Jun-00	ALBS AD	Julio Vidal at West Point LC Invitational	
	100 Fly	1:08.47	11-Aug-10	ALBS AD	Miles Smachlo at 2010 Eastern Zone LC Championships	
	200 Fly	2:29.54	23-Jul-10	ALBS AD	Miles Smachlo at 2010 Adirondack Long Course District Champion	
	200 IM	2:26.40	11-Aug-99	ALBS AD	Julio Vidal at Eastern Zones	
	400 IM	5:36.56	9-Jul-10	ALBS AD	Miles Smachlo at Hawks Summer Invitational 2010	
	200 Free Relay	2:06.40	6-Aug-03	ALBS AD	Albany Starfish Swim Club	
	400 Free Relay	4:37.16	6-Aug-03	ALBS AD	Albany Starfish Swim Club	
	200 Medley Relay	2:20.94	6-Aug-03	ALBS AD	Albany Starfish Swim Club	
	400 Medley Relay	5:11.20	6-Aug-03	ALBS AD	Albany Starfish Swim Club	
	13-14	50 Free	26.11	11-Aug-10	ALBS AD	Ryan D. Gordon at 2010 Eastern Zone LC Championships

Albany Starfish Swim Club

RECORDS Starfish Long Course

13-14	100 Free	57.81	3-Aug-01	ALBS AD	Julio Vidal at Summer JO 2001	
	200 Free	2:05.74	28-Jul-06	ALBS AD	Frankie DeMaria at Adirondack Long Course District Championships	
	400 Free	4:22.37	9-Aug-06	ALBS AD	Frankie DeMaria at Eastern Zone Long Course Champs	
	800 Free	9:06.27	16-Jun-06	ALBS AD	Frankie DeMaria at Webster LC Senior Circuit	
	1500 Free	17:15.59	9-Aug-06	ALBS AD	Frankie DeMaria at Eastern Zone Long Course Champs	
	100 Back	1:03.01	11-Aug-93	ALBS AD	Brian McKenna	
	200 Back	2:21.60	11-Aug-10	ALBS AD	Ryan D. Gordon at 2010 Eastern Zone LC Championships	
	100 Breast	1:14.71	28-Jul-06	ALBS AD	Tim Rappold at Adirondack Long Course District Championships	
	200 Breast	2:43.95	30-Jun-06	ALBS AD	Tim Rappold at Clinton Cudas Colgate Classic	
	100 Fly	1:04.78	8-Aug-07	ALBS AD	Alex Smachlo at Eastern Zone Age Group Long Course Champs	
	200 Fly	2:13.30	11-Aug-93	ALBS AD	Alexander Lawler	
	200 IM	2:21.51	3-Aug-01	ALBS AD	Julio Vidal at Summer JO 2001	
	400 IM	5:10.15	4-Jul-08	ALBS AD	Antonio Lanzi at Clinton Cudas Colgate Classic Invitational	
	200 Free Relay	1:51.43	23-Jul-10	ALBS AD	Albany Starfish Swim Club D. Karlok, J. Chalermkraivuth, A. Lee, R.	
	400 Free Relay	4:03.77	23-Jul-10	ALBS AD	Albany Starfish Swim Club D. Karlok, A. Lee, J. Chalermkraivuth, R.	
	200 Medley Relay	2:15.68	10-Jun-05	ALBS AD	F. DeMaria, T. Rappold, S. Parnett, T. Bueno	
	400 Medley Relay	4:28.23	28-Jul-06	ALBS AD	F. Dyer, T. Rappold, A. Smachlo, B. Quay	
	Open	50 Free	23.70	9-Aug-10	ALBS AD	Mike Dugan at 2010 Speedo Junior National Championships
		100 Free	52.04	10-Aug-09	ALBS AD	Frankie Dyer at 2009 Speedo Junior National Championships
		200 Free	1:52.73	10-Aug-09	ALBS AD	Frankie Dyer at 2009 Speedo Junior National Championships
400 Free		4:02.38	8-Jul-10	ALBS AD	Frankie Dyer at Niagara Long Course Classic	
800 Free		8:37.68	10-Jul-09	ALBS AD	Frankie DeMaria at Niagara Long Course Classic	
1500 Free		16:45.63	8-Jul-10	ALBS AD	Antonio J. Lanzi at Niagara Long Course Classic	
100 Back		1:01.46	24-Jul-09	ALBS AD	Frankie Dyer at Adirondack Open Long Course Championships	
200 Back		2:12.68	29-Jul-05	ALBS AD	Spencer Booth at Adirondack Long Course Championships	
100 Breast		1:07.26	1-Aug-89	ALBS AD	Sean Maxwell	
200 Breast		2:26.84	10-Aug-89	ALBS AD	Sean Maxwell	
100 Fly		55.28	9-Aug-10	ALBS AD	Mike Dugan at 2010 Speedo Junior National Championships	
200 Fly		2:14.76	24-Jul-09	ALBS AD	Frankie DeMaria at Adirondack Open Long Course Championships	
200 IM		2:11.75	10-Aug-90	ALBS AD	Sean Maxwell	
400 IM		4:46.51	8-Jul-10	ALBS AD	Antonio J. Lanzi at Niagara Long Course Classic	
200 Free Relay		1:39.68	24-Jul-09	ALBS AD	M. Dugan, F. DeMaria, B. Maloy, F. Dyer	
400 Free Relay		3:37.51	8-Jul-10	ALBS AD	Albany Starfish Swim Club A. Lanzi, F. DeMaria, M. Dugan, F. Dyer	
800 Free Relay		7:59.53	9-Jul-09	ALBS AD	Mike Dugan, Frankie DeMaria, Antonio Lanzi, Frankie Dyer, Niagara I	
200 Medley Relay		1:57.03	23-May-09	ALBS AD	Albany Starfish Swim Club	
400 Medley Relay		4:09.99	24-Jul-09	ALBS AD	F. Dyer, A. Lanzi, M. Dugan, F. DeMaria	
800 Medley Relay		1:57.03	23-May-09	ALBS AD	Frankie Dyer, Antonio Lanzi, Mike Dugan, Frankie DeMaria, Colgate I	