

**SCOTTSDALE AQUATIC CLUB 2007 LCM TIME STANDARDS**

<i>Girls</i>					<i>10 &amp; U</i>	<i>Boys</i>				
NRT	Far West	Irvine	AZ Q	BB	Event	BB	AZ Q	Irvine	Far West	NRT
:31.09	:34.39	:36.60	:39.09	:40.89	<b>50 Free</b>	:40.39	:40.49	:37.10	:35.39	:30.99
1:08.19	1:16.19	1:20.50	1:21.99	1:32.99	<b>100 Free</b>	1:31.09	1:28.39	1:20.10	1:16.29	1:07.99
2:27.69	2:46.89	2:54.30	3:03.99	3:23.79	<b>200 Free</b>	3:13.99	3:17.29	2:57.60	2:46.29	2:27.29
5:13.69	5:38.89	--	6:13.09	6:55.79	<b>400 Free</b>	6:52.69	6:19.49	--	5:36.29	5:10.29
:36.19	:40.59	:44.30	:47.79	:49.89	<b>50 Back</b>	:50.49	:49.19	:45.10	:41.59	:36.39
1:18.59	1:28.29	1:35.30	1:39.29	1:48.89	<b>100 Back</b>	1:46.09	1:48.69	1:38.60	1:28.69	1:18.59
:40.09	:45.69	:50.00	:53.19	:54.89	<b>50 Breast</b>	:55.09	:56.29	:50.00	:46.29	:40.79
1:28.89	1:39.99	1:46.30	1:50.79	2:02.39	<b>100 Breast</b>	1:59.79	2:01.39	1:49.90	1:41.79	1:29.69
:33.99	:38.99	:42.20	:43.29	:48.59	<b>50 Fly</b>	:46.89	:50.59	:42.10	:39.39	:33.99
1:16.59	1:30.59	1:38.00	1:41.59	1:56.19	<b>100 Fly</b>	1:53.99	1:56.99	1:38.10	1:30.79	1:16.39
2:47.29	3:09.99	3:19.00	3:29.79	3:47.29	<b>200 IM</b>	3:44.79	3:46.89	3:21.60	3:12.29	2:47.29

<i>Girls</i>					<i>11-12</i>	<i>Boys</i>						
SR Sect	NRT	Far West	Irvine	AZ Q	BB	Event	BB	AZ Q	Irvine	Far West	NRT	SR Sect
	:28.89	:28.49	:30.99	:32.50	:34.09	<b>50 Free</b>	:35.69	:35.29	:32.90	:30.69	:27.69	:25.79
	1:02.29	1:01.99	1:07.59	1:10.30	1:13.49	<b>100 Free</b>	1:17.49	1:16.49	1:10.00	1:06.99	1:00.29	:56.59
	2:13.79	2:13.79	2:26.99	2:32.00	2:39.09	<b>200 Free</b>	2:48.69	2:44.39	2:36.10	2:27.29	2:12.29	2:02.79
	4:39.69	4:41.49	5:09.69	5:22.00	5:33.29	<b>400 Free</b>	5:56.59	6:01.89	5:30.90	5:12.99	4:38.39	4:22.79
	9:42.19	9:50.49	10:33.99	--	11:30.99	<b>800 Free</b>	12:37.59	11:33.79	--	10:24.89	9:51.09	9:12.79
	18:44.59	18:53.09	20:19.99	--	22:20.09	<b>1500 Free</b>	24:20.19	22:37.89	--	20:11.99	18:59.99	17:36.59
	--	:32.99	:36.19	:38.90	:42.49	<b>50 Back</b>	:42.29	:43.09	:40.10	:36.79	:32.19	--
	1:11.49	1:10.79	1:18.39	1:23.00	1:28.49	<b>100 Back</b>	1:31.39	1:30.09	1:24.00	1:19.49	1:09.49	1:05.69
	2:32.39	2:33.99	2:48.19	--	3:04.59	<b>200 Back</b>	3:15.29	3:19.59	--	2:47.89	2:32.59	2:21.19
	--	:36.19	:40.59	:43.70	:47.29	<b>50 Breast</b>	:47.09	:49.19	:43.60	:40.59	:35.59	--
	1:20.29	1:18.99	1:28.19	1:33.90	1:39.69	<b>100 Breast</b>	1:41.99	1:44.89	1:35.60	1:27.29	1:18.09	1:13.19
	2:53.49	2:52.59	3:08.89	--	3:29.49	<b>200 Breast</b>	3:37.99	3:46.89	--	3:06.39	2:53.79	2:40.79
	--	:30.79	:33.99	:37.50	:37.99	<b>50 Fly</b>	:39.99	:40.79	:37.40	:34.09	:29.99	--
	1:08.79	1:08.49	1:17.69	1:20.30	1:26.79	<b>100 Fly</b>	1:30.19	1:32.29	1:24.10	1:17.99	1:07.19	1:02.09
	2:31.79	2:35.39	2:52.19	--	3:11.39	<b>200 Fly</b>	3:15.89	3:39.59	--	2:50.69	2:32.49	2:20.39
	2:31.09	2:31.79	2:46.99	2:52.10	3:05.69	<b>200 IM</b>	3:13.89	3:13.89	2:52.60	2:48.29	2:29.79	2:18.69
	5:20.49	5:25.19	5:53.79	--	7:15.79	<b>400 IM</b>	6:56.29	7:25.69	--	5:56.79	5:26.09	4:57.79

<i>Girls</i>					<i>13-14</i>	<i>Boys</i>						
SR Sect	NRT	Far West	Irvine	AZ Q	BB	Event	BB	AZ Q	Irvine	Far West	NRT	SR Sect
	:28.89	:27.49	:29.49	:30.70	:31.69	<b>50 Free</b>	:33.19	:30.69	:28.90	:28.29	:25.69	:25.79
	1:02.29	:59.69	1:04.59	1:05.80	1:07.49	<b>100 Free</b>	1:12.19	1:05.49	1:03.40	1:00.69	:55.99	:56.59
	2:13.79	2:08.19	2:17.69	2:24.40	2:26.09	<b>200 Free</b>	2:37.09	2:24.19	2:20.10	2:11.59	2:01.59	2:02.79
	4:39.69	4:27.79	4:50.59	4:58.70	5:07.29	<b>400 Free</b>	5:31.09	5:00.49	4:56.80	4:42.59	4:17.09	4:22.79
	9:42.19	9:11.09	10:07.19	10:57.70	10:45.89	<b>800 Free</b>	11:23.99	10:49.59	10:31.20	9:47.99	8:53.19	9:12.79
	18:44.59	17:38.09	19:08.59	20:19.20	21:47.19	<b>1500 Free</b>	21:54.19	21:53.79	20:00.30	18:15.99	16:58.19	17:36.59
	1:11.49	1:07.19	1:13.59	1:17.80	1:20.79	<b>100 Back</b>	1:21.29	1:19.09	1:15.50	1:10.99	1:03.29	1:05.69
	2:32.39	2:24.19	2:39.09	2:52.70	2:50.89	<b>200 Back</b>	2:55.09	2:49.39	2:45.40	2:33.29	2:16.39	2:21.19
	1:20.29	1:15.19	1:23.29	1:27.40	1:31.59	<b>100 Breast</b>	1:30.49	1:29.79	1:25.20	1:19.59	1:11.39	1:13.19
	2:53.49	2:41.89	2:59.99	3:11.30	3:12.99	<b>200 Breast</b>	3:17.59	3:12.99	3:04.80	2:52.79	2:34.29	2:40.79
	1:08.79	1:04.99	1:11.59	1:15.10	1:15.89	<b>100 Fly</b>	1:17.99	1:14.79	1:13.20	1:08.79	1:01.69	1:02.09
	2:31.79	2:23.09	2:41.99	2:52.70	2:55.59	<b>200 Fly</b>	2:53.29	2:56.09	2:45.30	2:36.09	2:14.79	2:20.39
	2:31.09	2:25.19	2:36.49	2:45.10	2:49.19	<b>200 IM</b>	2:56.39	2:45.69	2:41.30	2:30.19	2:17.09	2:18.69
	5:20.49	5:05.49	5:37.99	5:58.40	6:03.29	<b>400 IM</b>	6:15.09	5:55.49	5:43.80	5:25.99	4:51.09	4:57.79