



OLYMPIC WAY SWIM MEET

WHEN: Saturday December 5, 11:00 am - 1:30 pm

WHERE: Saanich Commonwealth Pool

FEE: \$8 - billed on account

WHAT TO BRING: suits, caps, goggles, EXTRA towels & deck sweats

All Olympic Way swimmers and their families are welcome to attend our Olympic Way swim meet. The meet is a fun, low-key event especially for our newer participants. Swimmers will do strokes and distances appropriate for their ability level. Each participant will be awarded a certificate with a record of his or her results.

Swimmers will participate in race lengths of 25m, 50m or 100m.

We will also have some diving, kicking and 'stroke count' events.

**Assistance from parents with 'timing' would be most appreciated.*

**To help out please come down on deck & take a seat on meet day*

PLEASE INFORM THE COACH BY Wednesday December 2 2009 (return form or respond by email) if your child will be attending. If you cannot attend please let us know as well.

Any questions? Contact your coach or OW coordinator avila@islandswimming.com

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Olympic Way Meet - Saturday December 5, 2009

SWIMMER NAME: _____

AGE & BIRTHDATE: _____

NAME/S OF PERSON/S WILLING TO ASSIST AT THE MEET:
