

SWIM THE DISTANCE! MAKE A DIFFERENCE!

Rebekah Boscariol is swimming Lake Ontario



Volunteers Needed!

(this is not an official MAC event and is not eligible for volunteer points)

Help Rebekah Swim the Distance on the weekend of August 5 – 7th (Rain date August 12th-14th). She will be one of the youngest people to cross Lake Ontario from Niagara-on-the-Lake to Marilyn Bell Park in Toronto, retracing the original route of Marilyn Bell, the first person to successfully swim the lake. Rebekah is collecting donations for the **Hospital for Sick Children's Cardiac Care Unit**, a cause dear to her heart as her 4 year old sister will be receiving treatment for a heart defect there this year. Her website for donations is at <http://urlm.in/hezo>.

We are looking for:

- * 2 boats (with drivers) at least 30 feet long. It is recommended that the “lead” boat be a sailboat and the “tail” boat be motor powered. One of the boats should be capable of a speed of at least 15 knots.
- * 2 inflatable zodiac boats (with drivers) at least 14feet long with 7.5 to 15 HP motors
- * 4 to 6 people to drive the lifeguard boats and act as lifeguards
- * a doctor, nurse, lifeguard or someone having first aid experience, including a CPR certificate
- * 3 or 4 swim pacers who will only swim during daylight hours for safety reasons

Please contact Melanie at 905–887–1606 (res) or 416–816–5113 (cell) or melanieb@rogers.com.