



**The Mississauga Aquatic Club (MSSAC)  
The Mississauga Swimming Development Club (MSDC)**

**TRYOUTS 2011**

**Hello Future MSSAC Swimmer:**

Not sure what program is best? We're offering FREE TRYOUTS.. You need to attend the tryout and be prepared to swim for 30 minutes or more. Experienced coaches will work with your swimmer & will provide helpful feedback regarding what's best. To register, simply print the attached and fax or mail the completed **Tryout Registration and Health Form** to Club Office prior to Noon on the day of the tryout. You will receive confirmation by email.

- Tuesday December 13 at UTM Pool 6:30 – 7:00 pm OR

Our Coaches will meet with you and recommend a program.  
Program details will be emailed to you you to review before the tryout.  
Members of our club will be on hand in the lobby during practice to answer any questions you have about the club.

Registration forms will be available at the pool and we will be accepting registration after the tryout. Please come prepared to register that evening as these groups are filling fast (payment can be made by cheque, Visa or MasterCard). If you are unable to register that evening you can mail, fax or email the forms to the club office. You will receive confirmation by email. The full MSSAC Registration Package will be emailed to you.

**Mississauga Swimming** has two levels of swimming.

MSDC is home to our very popular Wave 1 and Wave 2 programs. This is pre-competitive swimming. Wave 1 swims once a week for one hour and Wave 2 swims twice a week for one hour each practice. Swimmers should 6 years of age by December 31 and have completed Swimmer Level 5 (able to swim 50 m unassisted). Swimmers can not be older than 13 on December 31, 2011 - (birthdate must be 1998-2005)

MSSAC is the home to all the competitive programs. Swimmers should be between 6-17 years of age. The Youth Development program swims 3 times a week with each practice lasting one hour. This program is for 12 and under swimmers. Programs in Bronze (12 and under) Silver (12-14) and Senior / Gold (14-17) are listed on our website. The tentative practice schedule for 2011-12 is in the 2011-12 registration package which will be posted on the website May 15.



## Mississauga Swimming Tryout Registration and Health Form ~ Fax 905-274-9987 ~

### Swimmer's Information

Please CIRCLE your choice :

First Name		Middle Name		Last Name	
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Date of Birth:	Day		Month		Year		Gender	Male	Female
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T SHIRT Size	<b>Youth:</b>	YS	YM	YL	YXL	<b>Adult:</b>	AS	AM	AL
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Most Recent Swimmer Level Achieved		Date		Pool /Club			
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Height		Weight		Instructor/Coach			
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Street Address & Suite/Unit #	City	Postal Code
	<b>ON</b>	

Home phone number (with area code)	Other Contact Information (Emergency alternate, cell, etc.)

Provincial Health Card Number:		Version Number:	
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Name of Family Doctor:		Phone Number:	
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Please list any medical conditions/concerns regarding the swimmer's health care. This would include allergies, respiratory ailments (asthma), motion sickness, diabetes, etc

Condition	Life-threatening	Medication	Instructions
	<input type="checkbox"/>	<input type="checkbox"/>	

### Member Information (Custodial Parent or Guardian)

First Name	Last Name	Daytime phone number (with area code)

E-Mail Address	Alternate Phone/Cell (with area code)

### **Every Care and Attention will be given To the Health and Comfort of the Swimmers.**

I hereby authorize the Coach / Lifeguard responsible; to secure such medical advice and services as may be deemed necessary for the health and safety of me, or my child/ward. I agree to accept financial responsibility in excess of the benefits allowed by Provincial Health Insurance Plans:

\_\_\_\_\_ Date

Signature of custodial parent/guardian