

**Pacific Sea Wolves Swim Club
2016 June Jamboree**

June 12, 2016

Grandview Heights Aquatic Centre
16855 24 AVE Surrey BC V3S 0A2

Sanctioned by Swim BC:#19699

Format: 2 - 3.5 hour Sessions
10 Lane 50m Pool

Warm Up: Session 1 Warm Ups 8:00 AM Meet Start 9:00AM
Session 2 Warm Ups 2:30 PM Meet Start 3:30 PM

Events

Session1

100 Free
200 Breast
100 Back
200 IM
400 Free
100 Fly
800 Free (Max 2 Heats)

Session 2

200 Free
200 Back
100 Breast
400 IM
200 Fly
1500 Free (Max 2 Heats)

Entry Information:

1. This meet is open to swimmers who are LMR qualified (under 4:00min 200IM) registered with Swim BC or other affiliated FINA organizations. **Meet will cap at 300 swimmers.**
2. Swimmer age is as of the first day of competition. Age groups will be 11&U, 13&U, 14&Over. All events will be run as mixed gender for seeding purposes.
3. 10 & under are limited to 4 hours per session, excluding warm up. Coaches are requested to adhere to this limit when considering entries.
4. A swimmer may enter a maximum of 5 events.

5. No NT entries will be accepted. Please indicate an entry times to help timelines.
6. Para Swimmers who are registered with a FINA or IPC affiliate are welcome and will be seeded according to their entry time. 2015-2016 IPC Swimming Rules will govern all Para-Swimmer events. Classification numbers (e.g. s6sb6sm6) must be appended to athlete's surname in entries.
7. **All events will be swam as mixed gender and Senior seeded.**
8. Swimmers are to remain in the water. **All Heats will be start overs (with the exception of Backstroke)**
9. 800/1500 Will be max 2 heats with the fastest 20 entries. If swimmer do not in the top 20, coaches will be contacted to choose another event

Registration/ Fees/ Entry Deadline:

1. Entry deadline Monday, June 6th 2016 @ 8:00pm
2. Meet entries must be uploaded prior to the entry deadline to the Swimming Canada meet list website www.meetlist.notlong.com
3. Entries sent directly to the meet manager will not be accepted.
4. Cheques should be made payable to: the "Pacific Sea Wolves".
5. Entry fees are \$ 9.00/individual event, plus the Swim BC Splash Fee of \$4.00/swimmer.
6. Deck entries are \$20.00/event
7. Deck entries are exhibition only. Must have SCN number and date of birth. Deck entry fees are to be paid before the event, by cash or cheque. **All deck entries will be placed in available empty lanes; no new heats will be added for deck entries.**

Meet Rules:

1. All SCN and Swim BC rules as stated in the SCN rulebook and Swim BC Technical Guide will apply.
2. Scratches must be received by the Clerk of Course 30 minutes prior to the scheduled start time of the session (before 8:30 and 3:00 pm).
3. SCN warm-up procedures will be in effect at this meet.
4. Pacific Sea Wolves Swim Club is NOT responsible for visiting clubs' swimmers.

Officials:

Each club attending the meet will be required to provide officials for all sessions at the meet. Please submit the names of people available to work if needed during the sessions.

Each attending club must provide their club's Official's Coordinator contact information to the Meet Manager.



COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competition must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the water **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool tank are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated either in pre-competition handout, announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes.
- Only one-way swimming from the start end of sprint lanes is permitted.
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the scheduled warm-up time.
- Meet Management may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. Coaches are responsible for equipment reliability and use.
- Hand paddles, drag chutes, and flippers / fins are not permitted during any warm-up at any time.

VIOLATIONS:

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion will be removed without warning from their first event following the warm-up period in which the violation occurred.
- In the case of a second offense during the same competition the swimmer will be removed from the competition in its entirety. A provincial disciplinary action or report may be filed.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest
- Be situated at each end of the competition tank and when applicable, similarly situated in designated warm-up tanks when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

“SWIMMING CANADA WARM-UP COMPETITION SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET.”