SASKATOON GOLDFINS SWIM CLUB

BRAINSPORT

WINTER CLASSIC



February 10-12, 2017

Sanction # 20068

MEET MANAGER Belinda Bilous jaydensmom@sasktel.net 306-241-9749 CO-MEET MANAGER Kalen Paulson <u>k.paulson@sasktel.net</u> 306-373-2526 OFFICIALS COORDINATOR Kathy Wulff goldfinsofficials@gmail.com ENTRIES Belinda Bilous jaydensmom@sasktel.net 306-241-9749



SUPPORTED BY:



BRAINSPORT WINTER CLASSIC

DATES: February 10-12, 2017

LOCATION: Shaw Centre

122 Bowlt Cres. SASKATOON, Saskatchewan 306-975-7744

FACILITY:

1 - 50 Metre X 10 Lane Competition Pool
3x 25 Metre Lanes for Warm-Down
Non Turbulent Lane Markers
Daktronics Electronic Timing System
HY-TEK Meet Manager Computer Software

ELIGIBILITY:

Open to all swimmers registered "competitive" with Swimming Canada, U.S. A. Swimming, or FINA.

Swimmers must be a minimum of 7 years of age as of the first day of competition.

PARA entries will be accepted and will swim integrated with able-bodied in both prelims and finals.

Please note that there are no PARA-specific entry standards.

Age Group based on age of swimmer on February 10, 2017.

All entries must include valid long course entry time, converted long course time or be designated NT. NT will be seeded last.

12 & under Female and 13 & under Male swimmers must have achieved a Saskatchewan AA time in at least 1 of the events offered.

AGE GROUP CATEGORIES:

Female - 12 & under, 13-14, 15 & over. Male - 13 & under, 14-15, 16 & over

ENTRY DEADLINE:

All entries must be completed through Swimming Canada Online System and be received by MIDNIGHT (EST), February 2, 2017.

All entries must include valid **long course** entry time, converted long course time or NT. NT entries will be seeded last.

Please direct all inquiries regarding the HY-TEK computer entries to: Belinda Bilous email: jaydensmom@sasktel.net Phone: 306-241-9749

Entries may be capped in order to adhere to suggested guidelines for start and finish times and session lengths.

ENTRY FEES:

\$70/Athlete \$15 per Relay team

Varsity Athletes may request a rebate of Athlete surcharge and be charged \$10/individual event instead. Request must be written, including full name of athlete, mailing address & school, and handed in to Clerk of Course. Rebate will be mailed.

Swimmers may enter 7 individual events, maximum 3 per session.

A cheque payable to the Saskatoon Goldfins Swim Club must be received by the Clerk of Course before the team competes. The cheque amount must be consistent with the entry file at closing.

SEEDING:

Prelims & timed finals will be open seeding slowest to fastest by gender. Finals will be swum by age group.

The 800 & 1500 Free will be seeded fastest to Slowest and alternating F/M.

Only the top 50 entries in each gender for the 800 Free will be accepted. Heat 1 will have a single swimmer per lane, Heats 2 & 3 will combine and Heats 4 & 5 will combine to have 2 swimmers per lane. Only the top 30 entries in each gender for the 1500 Free will be accepted. Heat 1 will have a single swimmer per lane, Heats 2 & 3 will combine to have 2 swimmers per lane. Athletes who do not make the top 50/30 will be notified and allowed to enter another event.

Swimmers for the 800/1500 Free will need to **supply a Timing Official**. Please email a list of names & phone numbers to <u>goldfinsofficials@gmail.com</u>

The fastest 10 female & male swimmers for the 400 free & 400 IM will swim with finals.

MEET SAFETY RULES:

Swimming Canada Warm-up Competition Safety Procedures will be in effect at this meet, as per the Swimming Canada, Competition Warm-Up Safety Procedures document dated Sept26/2016 (See document on last 2 pages).

There will be **50 minutes** of warm-up time available with the **last 25 minutes** available for practicing race starts.

There will be no warm-up lane assignments. As lanes are usually crowded, co-operation and courtesy of all coaches and athletes is expected.

Warm-up times and length may be changed by the Meet Manager based on timeline restrictions.

During warm-ups, no swimmer shall enter the pool by using a dive. NO DIVING ALLOWED - EXCEPTION: During the last 25 minutes of the warm up Lanes 0, 1, 8, and 9 will be designated as diving lanes. During this period, only ONE WAY SWIMMING will be allowed in these lanes. At the discretion of meet management, Lanes 2 and 7 may be designated pace lanes.

NOTE: Coaches are responsible to inform their swimmers and ensure their discipline and adherence to the MEET SAFETY RULES.



Deck changing will <u>not</u> be allowed as per Swim Saskatchewan policy.



COMPETITION FORMAT:

Current SNC rules apply during this meet except as specifically modified in this meet package.

Note: due to constraints in the availability of officials, **SW 2.6.3** will not apply for the provision of lap counters. Swimmers who require lap counters for the 800/1500 event must supply these. Meet management will permit one lap counter per swimmer at the turn end of the pool.

IPC rules will be followed for PARA swimmers competing in the meet.

Meet management reserves the right to limit entries in the 400 free and 400 IM if registration exceeds pool-time capacity. **Swimmers cannot enter both the 800 & 1500 Free**. The 400,800, 1500 Free & 400 IM will be Timed Finals.

Only "A" finals will be offered

ALTERNATE SWIMMERS:

In Finals, if a swimmer has not reported to the blocks when the race is called, the Referee shall have the alternate called immediately, who shall become one of the finalists. Alternates <u>must</u> report to the Clerk of Course and be ready to swim if necessary. A start infraction which results in a swimmer being removed from the race will leave an empty lane, and an alternate <u>will not</u> be called.

RELAYS: All relays will be Timed Finals and swim with Finals. Each relay swimmer must swim in at least one individual event.

> Names of relay members must be submitted to the Clerk of Course at least **30 minutes after the completion of prelim sessions**. Final relay order may be changed through the clerk of course within 30 minutes prior to the start of the final session in which the relay is being held.

DECK ENTRIES:

Additional swims may be permitted if empty lanes are available, but no additional heats will be created. The cost of all deck entries will be \$10 per individual event, \$20 per relay. Payment must be paid to the clerk of Course prior to the swim. These swims are exhibition only.

SCRATCHES:

Scratch forms will be provided at the meet and must be returned to the clerk of course in accordance with CSW 3.6.

There will be no refund of entry fees for scratches after the entry deadline **February 2nd, 2017**.

- a) Scratches from the 800 & 1500 Free must be made 45 minutes prior to the start of the session in which it is held.
- b) Scratches from <u>preliminary heats and Time Final</u> <u>events</u> may be made at any time without penalty, except loss of entry fee.
- c) Scratches from <u>Finals</u> resulting from Preliminaries must be reported to the Clerk of Course within **30 minutes** following the conclusion of the Preliminary session. A timeline for scratch deadlines will be announced.

Note: In fairness to alternate swimmers, and as a courtesy to all other swimmers, coaches, officials and meet management, it is expected that scratches will be submitted to the Clerk of Course prior to the scratch deadline.

Scratches for Finals made after the last deadline, and all step downs, no shows, and unexcused incomplete swims (as determined by the referee) will result in the offending swimmer being scratched from all remaining INDIVIDUAL events scheduled for that session.

SCORING:

Points will be awarded for all timed finals and finals. Prelim results will be scored as extensions of finals.

Points for 1ST to 10th place 54, 34, 24, 19, 18, 17, 16, 15, 14, 13. Points for 11th to 20th place 11, 9, 8, 7, 6, 5, 4, 3, 2, 1

Only two relays per age group per club will be scored. Others may be swum as exhibition.



PARA results will place/score integrated with able-bodied swims.

MEET RESULTS:

Meet results will be posted on the Goldfins web site at <u>www.goldfins.ca</u>. Live update of unofficial results will be available through Meet Mobile. Results will be uploaded to the SNC site.

AWARDS:

<u>Individual Events</u> - Ribbons for 1st to 10th place. <u>Relay Events</u> - Ribbons for 1st to 3rd place. <u>Cumulative High Point Award</u> - for top swimmer in each age group gender.

COACHES TECHNICAL MEETING:

A coaches' meeting will be held during Friday warm-ups.

PROTESTS: In accordance with Rule GR 9.2

OFFICIAL SPLITS:

In accordance with SNC Swimming rule CSW 13.3.1.1 Officials split request forms will be available through the meet manager or by downloading from the SNC site.

OFFICIALS: Visiting clubs are encouraged to participate in officiating at the meet at whatever levels they may be qualified. Please advise the Officials Coordinator of any available officials and their level(s) of qualification.

GENERAL INFO:

During breaks, coaches and chaperones are welcome in the Officials' room.

Clubs will be responsible for their personal valuables and for the conduct of their swimmers. Please have your club's area in the stands **cleaned up** before you leave each day.

Swimmers caught vandalizing pool property or using offensive language will be disqualified from the meet and any expenses incurred as a result of the vandalism will be billed to their Club.

PREFERRED ACCOMMODATIONS:

Home Inn & Suites Saskatoon South 253 Willis Cr. Saskatoon, SK. S7T OV2 306-657-4663 Bright Contemporary quarters, free continental breakfast. Rooms with great rates have been blocked. Ask for the Saskatoon Goldfins Swim Club blocked rooms.

FRIDAY pm February 10 Warm up 3:30pm, Start 4:30pm

ORDER of EVENTS Session 1

- 50 Free, Prelim
- 50 Breast, Timed Final
- 50 Back, Timed Final
- 50 Fly, Timed Final
- 800 Free, Timed Final
- 1500 Free, Timed Final

SATURDAY am February 11 Warm up 7:30am, Start 8:30am

ORDER of EVENTS Session 2

- 200 Free, Prelim
- 100 Breast, Prelim
- 200 Fly, Prelim
- 100 Back, Prelim
- 400 IM, Timed Final (fastest 10 with finals)

SATURDAY pm February 11 Warm up 5:00pm, Start 6:00pm

ORDER of EVENTS Session 3 - Finals

- 200 Free
- 100 Breast
- 50 Free
- 200 Fly
- 100 Back
- 400 IM
- 4 x 50 Medley Relay





SUNDAY am February 12 Warm up 7:30am, Start 8:30am

ORDER of EVENTS Session 4

- 200 IM, Prelim
- 100 Free, Prelim
- 200 Breast, Prelim
- 200 Back, Prelim
- 100 Fly, Prelim
- 400 Free, Timed Final (fastest 10 with finals)

SUNDAY pm February 12 Warm up 5:00pm, Start 6:00pm

ORDER of EVENTS Session 5 - Finals

- 200 IM
- 100 Free
- 200 Breast
- 200 Back
- 100 Fly
- 400 Free
- 4 x 50 Free Relay









COMPETITION WARM-UP SAFETY PROCEDURES

September 26, 2016

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool FEET FIRST in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warmup time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions





COMPETITION WARM-UP SAFETY PROCEDURES

September 26, 2016

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."