

2010 Junior Olympic Time Standards

Girls

15 - 18

Boys

LCM	SCY	Event	LCM	SCY
33.59	28.79	50 Free	30.59	25.79
1:12.49	1:02.49	100 Free	1:06.69	56.49
2:35.69	2:16.79	200 Free	2:24.69	2:03.49
5:29.59	6:07.79	400/500 Free	5:09.59	5:43.39
11:17.59	12:35.69	800/1000 Free	10:38.19	11:49.59
21:36.69	21:05.59	1500/1650 Free	20:27.59	19:50.69
1:22.69	1:11.49	100 Back	1:15.69	1:04.69
2:56.69	2:33.99	200 Back	2:42.89	2:20.09
1:32.59	1:20.69	100 Breast	1:25.09	1:13.09
3:18.99	2:53.89	200 Breast	3:03.89	2:38.49
1:20.09	1:10.59	100 Fly	1:12.99	1:03.89
2:53.89	2:34.79	200 Fly	2:40.69	2:21.89
2:57.49	2:36.69	200 IM	2:43.89	2:23.29
6:16.39	5:31.59	400 IM	5:48.89	5:05.19

Girls

13 - 14

Boys

LCM	SCY	Event	LCM	SCY
34.59	29.29	50 Free	32.29	28.59
1:15.09	1:04.69	100 Free	1:10.29	1:02.29
2:41.09	2:19.69	200 Free	2:33.09	2:14.79
5:34.19	6:12.59	400/500 Free	5:22.59	5:58.29
11:23.99	12:48.09	800/1000 Free	11:06.39	12:20.49
21:48.69	21:19.59	1500/1650 Free	21:20.49	20:34.49
1:24.59	1:12.59	100 Back	1:19.29	1:09.49
3:00.69	2:35.49	200 Back	2:50.59	2:29.29
1:34.09	1:22.36	100 Breast	1:28.29	1:17.39
3:22.69	2:57.39	200 Breast	3:12.59	2:48.99
1:21.59	1:11.89	100 Fly	1:15.99	1:07.99
2:58.89	2:36.89	200 Fly	2:48.79	2:32.69
3:01.99	2:39.69	200 IM	2:51.89	2:31.79
6:22.49	5:37.39	400 IM	6:05.49	5:19.19

Girls

11-12

Boys

LCM	SCY	Event	LCM	SCY
35.59	30.89	50 Free	35.29	30.69
1:18.19	1:06.59	100 Free	1:16.19	1:07.39
2:48.09	2:27.99	200 Free	2:46.39	2:26.19
5:50.59	6:29.79	400/500 Free	5:47.49	6:24.99
41.39	36.19	50 Back	41.69	36.29
1:31.69	1:18.59	100 Back	1:29.89	1:17.79
44.09	40.09	50 Breast	46.29	40.59
1:39.19	1:26.99	100 Breast	1:40.29	1:26.99
38.69	34.49	50 Fly	39.39	34.99
1:28.19	1:18.29	100 Fly	1:28.49	1:17.99
	1:17.29	100 IM		1:17.29
3:10.19	2:47.39	200 IM	3:08.59	2:43.09

Girls

10 & Under

Boys

LCM	SCY	Event	LCM	SCY
39.49	34.49	50 Free	39.49	34.89
1:28.29	1:16.89	100 Free	1:28.59	1:17.99
3:15.49	2:46.99	200 Free	3:08.79	2:46.59
	7:22.49	400/500 Free		7:18.39
47.79	41.29	50 Back	48.89	42.59
1:44.39	1:29.09	100 Back	1:42.99	1:28.89
52.79	45.89	50 Breast	53.39	46.59
1:57.29	1:42.29	100 Breast	1:56.19	1:41.79
46.49	40.69	50 Fly	45.99	40.79
1:50.39	1:36.99	100 Fly	1:49.39	1:36.59
	1:28.69	100 IM		1:29.10
3:38.39	3:11.59	200 IM	3:38.19	3:12.49