

Clovis Swim Club Newsletter

October 2009

Deck Mom Corner

I would like to thank all of the new parents who attended our New Parent Meeting last month. We had a great turn out. I hope I was able to answer many of your questions. On the second Wednesday of each month we will be holding these meetings where I will be answering your questions and then going over new parent information. Our next meeting will be on Wednesday, October 14.

Laura Mayer

Deck Mom - Clovis North

Apparel Corner

We will have apparel for sale at our upcoming IMX Meet, October 10th at Clovis West. Remember that these items make great gifts and support our club. If you have any questions please feel free to email me.

Thank You,

Dana Preble

clpreble@comcast.net

Head Coaches Corner

Effective with the October 21 billing cycle we will begin posting dues for all groups on a monthly basis. Example, Senior Dues are \$300 / quarter. A Senior swimmer will be billed \$100 each month. The athlete still has a quarterly commitment and is responsible for the entire quarter's dues. The purpose of this change is to encourage more people to use our auto pay system. In the past, you would have been billed the entire quarter's dues and that amount would be drafted all at once on the 1st day of the quarter. This essentially creates an installment plan.

Our account recivables contine to run too high. \$10 late fees will be assessed automatically on any unpaid balance on the 21st of each month. The sure way to avoid late fees is to enroll in autopay.

Quarter 1 is coming to a close. Please let us know no later than Monday, October 19 if you do not plan to swim in Quarter 2.

Enroll in Auto Pay

USA Swimming Scholastic All-America Team

Jacob McGough, Mackenzie Schuler, Loreen Whitfield, & Cary Wright

USA Swimming is proud to announce that 1500 women and men have been named to the 2008-09 Scholastic All-America Team. This is an increase of over 50 percent from the 2007-08 team. The 2008-09 team is composed of 905 women and 595 men. Two-thirds of the team members achieved a 4.0 GPA.

About the Scholastic All-America Program

The Scholastic All-America program is open to all 10th-12th grade USA Swimming members who earn a 3.5 GPA or better and achieve a Junior National Bonus Time Standard or swim in a selected disability championship meet or the Open Water National Championships. The program begins each July 1st and continues through June 30th of the following year. Applications, including a copy of the official year-end school transcript and a copy of the swimmer's times, are due on August 1st of each year. Applications for the 2009-2010 year will be available in March 2010.

COACHES CORNER

Gold and Pre-Senior - Clovis North

Coach An

Wow! The month of September has come and gone so fast! I'm sorry I had to miss so many workouts during this time and I want to thank everyone for your caring concern for myself and my family. To all the coaches who helped keep my groups running smoothly, to the families who have made us dinner every night, to everyone who has wished us well with their kind words, cards, plants, and kept us in their thoughts, and to all the swimmers who come to workouts, work hard and enjoy life every day...the Baxters all thank you!

I know we had two meets this month, but I have only seen the results of the Hanford meet. Despite the heat and long hours, it looks like we had some nice swims. Participating from my groups were Aubrey Holbert (11-12), Tricia Lucas (11-12), Charlee Starkweather (13-14) and Caitlyn Snyder (9-10). (Caitlyn swims with us a couple of times a week.) Everyone had some best times and Aubrey, Charlee and Caitlyn all broke 30 seconds in the 50 free for the first time! Tricia dropped 8 seconds in her 100 fly! Great job girls!

I will include the RCA meet in my next newsletter. We are hosting the next meet on Oct. 10. I would like everyone in my group to be in that meet. It is being held at Clovis West. Hopefully, you have all entered by now.

We are still working on our strokes, but we are beginning to add a bit more conditioning into the workouts. Everyone seems to be doing well and I hope you have all settled into your new school year routine. Keep up the good work at school and in the pool and I will.....

.....see you at the pool!

Gold and Pre-Senior - Clovis East

The short course season has begun Yeah!!!! Everyone in gold and pre-senior is working hard and we have seen the success in the meets that we have gone to. There are still a few swimmers that have not gone to a meet yet but I expect that all of the gold and pre-senior will have been in a meet very soon. All gold and pre-senior swimmers need to bring old pairs of shoes it is time to start kicking with our shoes again. The month of October looks to be a good meet with the IMX and the Merced Skimmers meet. I look forward to great swims from all who attend and I hope that is everyone in the Gold and Pre-Senior. The week after this newsletter comes out I expect everyone to have their own fins. I look forward to this next month and some good candy for Halloween.

-Coach Rich

Silver - Clovis North

The Clovis North Silver Group is getting back into shape and beating the competition at swim meets at breakneck speeds. We had approximately 11 swimmers at the Hanford Fall Classic the second weekend of September. Every single one of them posted best times in at least 3 events, and those swimmers that didn't have a best time in an event were extremely close to their personal bests. We have just started our fall training, and I am excited with the results. With all of our junior high swimmers playing water polo and still managing to come to practice at consistent intervals, it should come as no surprise that many of our swimmers will be attending Junior Olympics in February. The best thing that our swimmers can do is keep coming to practice and swimming in swim meets. Our next meet, on October 10th is in Clovis, so I expect to see everyone from my group there. Keep up the hard work Silver Group; you will be rewarded for it in the near future.

-Coach Ben

Bronze- Clovis North

Congratulations to all of my swimmers who attended the Hanford A/B/C meet on September 12 and RCA A/B/C meet on September 26. For a lot of my swimmers, these meets were their first sanctioned competitions. We had a large number of great swims; most of our swimmers moved up from 'C' level to 'B' level in at least one event which is a big step in the right direction.

Special congratulations to Benjamin Forbes and Matheo Velasquez for getting their first ever J.O. qualifying times! Ben got his J.O. cut for 8& under boys at the Hanford Meet in his 50 free. Matheo made his J.O. cut in the 8& under boys' 50 yard backstroke at Hanford.

Other great swims included: Skylar Elkington- just missed getting a J.O. time in her 10 & under girls 50 free by less than a half of a second at Hanford. At RCA: Emily Mayer and Myra Starkweather both had a tremendous meet dropping time in every race. Our next competition is the Clovis Swim Club Make a Splash IMX Meet at Clovis West H.S. on Saturday, October 10. **All** of my Bronze swimmers should register for this event.

-Coach Jen

Bronze Team - Clovis East

I would like to take this time to welcome all of Our new Bronze and Silver Swimmers, Sam Arachi, Stephanie Carpio, Taylor Halvorson, Morgan Henson, and Maloney Maddison all who have joined since August. It is great to be back and to see my swimmers being so committed and excited to start our short course swimming season. I recommend that swimmers attend at least three days a week, Parents be aware I made a deal with all swimmers that if they make three practices a week for the whole month of September and October that at the end of October they would get to have a fun day and some treats. I am glad to announce that so far everyone is at least making the minimum practices. This weekend we had a great swim meet I believe that Swimmer Meet Champion is Cassidy Larsen she dropped time in all of her events and really showed everyone that she has been listening and paying attention in practice. Other Great swims at the RCA Meet was Avere's 200 IM, looking strong in her all four strokes. Robert White's 100 backstroke was one of his best events on Saturday, he was determined in being fast, really kicking his legs and moving his arms, Stephanie's 100 Breastroke, Addies' 50 fly, and Tori's 50 fly. We will be working more in depth with butterfly and Breastroke this month as well as starts and turns.

Best of Luck in our next upcoming swim meet!
Coach Abby Winters

Silver Team – Clovis East

Congratulations to all of my swimmers in the RCA Swim meet. We had some great swims and incredible time drops for Josh Duncan, Matthew Wilfong, Graham Hauss, and Emily Niles. We have just recently come back to Clovis Swim Club and it was great to see so many of you interesting in the swim meet and I hope to see you in addition swim meets as we go through our season. Recently in practice we have worked a lot on all of our kicks, streamlines, turns and our main stroke focus has been on freestyle. We have had a basic overview and refresher course of all the drills etc. In the next upcoming month please be prepared to be using your fins and kickboards (Clovis Swim Club does not provide these). We will be going through some training to get our tempos and working on perfecting our drills. Learning to keep our kicks consistent even through our breathing and strokes, also using our hips in our Breastroke and butterfly. Our Stroke focus for this season is perfecting our drills, and having a strong IM.

Thanks and Best of Luck in our next swim meet.
Coach Abby Winters.

Seahorses and Stingrays – Clovis North

Hello Seahorses, Stingrays, and parents!

October is finally here and the weather is finally cooling down! We have had a wonderful and successful past month with both groups. A few weeks ago we had our first skills meet at Clovis East, where the swimmers were encouraged to show us what they've learned thus far from practices, rather than how fast they swim. We were very pleased to see the amount of swimmers that came out for the swim meet. Although we had quite a lot of swimmers attend the skills meet, there is always room for more! We would love to see more swimmers attend the meet and familiarize themselves with the meet environment. The next skills meet will be Friday, October 23, at Clovis North.

Every month we choose a swimmer who has shown progress in the pool, whether it be by attendance, spreading motivation, improving something they've been working hard on, or contributing to the group in a positive manner. This month's swimmer of the month for Seahorses is Mackenzie Birchall. Mackenzie has been working hard at practices, coming regularly, smiling often, and showing great potential as a backstroker. Swimmer of the month for the Stingrays goes to Angela Ochoa. Angela also comes to practice on a regular basis with a wonderfully positive attitude and willingness to do better each day. Great job girls and great job to all the Seahorses and Stingrays!

Hope everyone is getting in the October spirit...pumpkins, candy, Halloween costumes, and fun swimming!!

Coach Nicole and Coach Nadia

Upcoming meets

Date	Meet	Location	Notes
Oct 10	IMX A/B/C	Clovis West	Sign up due date was Oct 1
Oct 17-18	Pacific Senior Meet	Pleasant Hill, CA	Team Travel (senior only)
Oct 24	Merced Skimmers A/B/C	Merced	One day meet
Nov 27	Yosemite A/B/C	Yosemite	One day meet
Nov 14	Quad meet	Santa Maria	Limited to 40 swimmers
Nov 20-22	Canyons A/B/C	Valencia	Team Travel 13 & over
Dec 1	Dual Meet v. Fresno Pacific	Clovis North	Senor Team

Where will they go?

Jacob McGough	Tristin Baxter	Mariah Tharp	Scott-Volpp-Garcia
Purdue	UCLA	Fresno State	Bowdoin College
Notre Dame	Arizona State	Cal Poly	Tufts University
UC Davis	Texas A & M	USC	UC Santa Barbara
Duke	California - Berkeley	San Diego State	University of Pennsylvania
Ohio State			

These athletes all plan to swim in college. We have listed the schools that they are considering. Send an e-mail to jenniferpalmberg@cusd.com predicting the school that each athlete will attend no later than Friday, October 16. Anyone that predicts all 4 correctly will receive a free TYR back pack.

President's Corner

Hello to all Clovis Swim Club Parents and swimmers:

We have many positions available to help us with our swim meets. One position we need is help with officials for Clovis Swim Club. If you are interested in becoming an Official we have two individuals to get in contact with, Marty Clayman at 250-8344 or by e-mail mclayman@comcast.net and Dan Kline at 341-9604 or by e-mail dtkline83@gmail.com Please feel free to contact them with any questions. Dan Kline has been with Clovis swim club for many years. He has two sons, one that is in college at Cal Poly and another son in the elementary level.

The following is a message from Dan Kline:

Parents!

Do you want to be involved with helping run our meets? Every meet needs Officials and it is one of the best ways to understand our sport and support your child as a parent. Your child WILL look up to you as a role model in our sport!!

From personal experience, my kids have appreciated my technical support of their sport for the last 15 years even into the Olympic trials from our own Clovis team. My younger child is growing up through the ranks now, and I have the best seat in the house to watch my young swimmer develop.

Every meet needs officials to "run" the meet and it is a chance for you to show your children that you support their sport... TRY IT!!! it's fun.

Give me a call if you have reservations about "DQ'ing" your own child. I can tell you from direct experience that they will appreciate the input, just be sure to talk to your coach first and not "become the coach" during your officiating experience...

Pay it Forward.

Please call me if you have any questions.

Thank you

Dan Kline 559-341-9604 cell

Our Clovis Swim Club board members for the 09 -10 season.

Vinnie Chacon – President

Dowain Wright – Vice President

Mike Snyder – 2nd Vice President

Kandace Osborn – Treasurer

Kevin Norgaard – Secretary

Marty Clayman – CCS Representative

Ken Johnson – Records

Danette Whitfield – Safety

Dana Preble – CSC apparel

Judy Ivanovich – Advertisement

Jeff Rhodes – Family Obligation Services

CSC has a board meeting on the first Wednesday of each month at 7:00pm at Clovis North in the faculty lounge. The meetings are open to all CSC parents.

I would urge all parents to become involved, we need all the help we can get.

Vinnie Chacon

President