



Langley Olympians Swim Club

3rd Annual Short Course Invitational
November 14 – 15, 2009
8889 Walnut Grove Drive
Langley, BC, Canada
604 882-0408

Sanctioned by Swim BC: #8509

POOL AND FACILITIES – Walnut Grove Recreation Centre

8x25m Competition Pool
Electronic Timing
Concession available on site
Warm down lanes available (2x25m lanes warm up/warm down pool)

SCHEDULE

Session	Warm up	Start & Finish
Saturday Heats	9:30-10:20am	10:30am – 3:30pm
Saturday Finals	4:30-5:20pm	5:30pm – 7:30pm
Sunday Heats	7:00-7:50am	8:00am – 2:00pm
Sunday Finals	3:00-4:50pm	4:00pm – 6:00pm

GENERAL INFORMATION

1. Referees: Saturday Session: Barb and Lawrie Johns
2. Sunday Session: Willy de Wit
3. Meet Manager: Linda Metcalfe ✉ linda@langleyolympians.com
4. Meet Secretary: Sheila MacDonald ✉ langley.swim@shaw.ca
5. Meet Official Chairperson: Linda Metcalfe linda@langleyolympians.com
6. Director of Swimming: Brian Metcalfe ✉ bmetcalfe@telus.net

BILLETING

Limited billeting **may** be available. Please contact Brian Metcalfe if you need billeting.

MEET RULES

1. All swimmers must be registered with Swim BC, SNC or other FINA recognized club.
2. Meet will be limited to 300 swimmers and no entries will be accepted after a club enters the 300th swimmer.
3. Swimmers are limited to four events per day to a maximum of eight swims for the entire meet.
4. Swimmers will be scored according to age. 10 & under, 12 & under, 14 & under, 15 & over.
5. The current SNC Swimsuit policy will be observed at this competition.
6. This meet will observe the SNC rulebook and Swim BC technical guide.
7. SNC warm up procedures will be in effect. No diving/head-first entry into pool during warm-ups unless in specified lanes. Warm-up lanes will be announced. There will be a dedicated 10yrs & younger lane for warm-up.
8. All events will be run as heats and finals. All 11&O events will be senior-seeded by time. Finals will be swum as 10 & under, 12 & under, 14 & under, 15 & over.
9. Special prizes will be awarded in both male and female categories in all age groups to swimmers with the highest combined FINA scores from both the prelims and final swims combined. This will be an aggregate score of all events swum. Total of six events for 10 & Under in the 10 & Under category only.
10. The Swim BC heats/finals meet scratch rules will be in effect:
 - a. The initial scratch deadline for finals is 30 minutes after the conclusion of preliminaries for re-seeding.
 - b. The last scratch deadline is 30 minutes prior to the start of the finals session.
 - c. Late scratches / no-shows after that time will be fined \$20.00, plus offending swimmers cannot swim any other events that session.
 - d. If fine is not paid the remaining team members in finals will not be able to swim.
11. Coaches are asked to check in with meet manager upon arrival in order to pick up meet package or pay any outstanding meet fees. If meet fees are not paid at the time of check in there will be a \$100.00 fine.
12. Coaches meetings may be held 10 minutes prior to session starts. Any warm up time changes will be announced at that time.
13. Any act of theft, vandalism, or similar action will result in immediate disqualification.
14. Clubs will be responsible for their swimmers in between heats and finals. Neither the host club nor the facility will be responsible for swimmers.
15. There is limited seating at Walnut Grove Pool so please bring folding seats.
16. The Walnut Grove Pool requests that all participants enter through the pool deck doors.
17. Walnut Grove Pool programs will be in operation so there will be restricted areas of use.
18. **The Walnut Grove Pool request that participants use the high school parking lot.**

AWARDS

High FINA point awards will be awarded to each age group and gender 10 & under, 11/12, 13/14, and 15 & over.

ENTRIES

Entries must be received by Monday, Nov 2, 2009.

1. **Meet entries must be uploaded prior to Friday October 30th 2009 to the Swimming Canada www.swimmeet.ca website. Entries sent directly to the meet manager will not be accepted. Please enter times in SCM. Converted times will be accepted.**
2. Swimmers must achieve a 4:00 200 IM and 5:40 300 FREE to be eligible. Please submit proof of times. **NT entries will not be accepted for these events.**
3. **LOSC reserves the right to limit/alter the meet to fit time lines. This may mean limited number of 400m events or other such alterations.**
4. Age groups will be based upon swimmers age as of the 1st day of the meet.
5. Costs of Individual Entries are \$7.50.
6. Deck entries will be made available if space permits for a fee of \$10.00 per event as exhibitions swims.
7. There is a Swim BC splash fee of \$4.00 per swimmer.
8. PARA- swimmers are welcome to compete. Their entries must be accompanied by their classification numbers.
9. **Please mail in a \$100.00 non refundable fee to secure your spot in the meet. Meet Management reserves the right to limit the number of entries in all events to fit the goal time lines. Please provide club contact's name, email and phone number with your deposit and mail to: Langley Olympians Swim Club PO Box 12098 RPO Murrayville BC V3A 9J5**
10. Scratch deadline is **Friday November 6th 2009**
11. To assist meet management and officials, scratches the day of the meet must be submitted to the Clerk of Course 30 minutes prior to the end of warm-up.
12. **Please submit 1 cheque for all swimmers entered under the club acronym; made payable to Olympian Swimming (O.S.). Entry fees must be paid prior to the start of the first session.**
13. Entry fees must be paid prior to the start of the first session. If entry fees are not paid at this time the team will incur a \$100.00 fine.
14. **Coaches should exercise discretion in choosing events for 10 & under swimmers to ensure that time on deck does not exceed Swim BC guidelines.**

SCRATCHES

1. Please have scratches in by **Friday November 6th, 2009.**
2. No refund of fees for scratched events after the scratch deadline (Nov. 6th, 2009) except with a medical certificate.
3. Day of meet scratches need to be in 30 minutes prior to heats on Saturday & Sunday. (no refund of fees)

ORDER OF EVENTS

Saturday Prelims & Finals

Female	Event	Male
#1	50 FREE - 11 & OVER	#2
#3	200 IM – 11 & OVER	#4
#5	50 FLY - 10 & UNDER	#6
#7	100 FLY - 11 & OVER	#8
#9	50 BACK - 10 & UNDER	#10
#11	100 BACK - 11 & OVER	#12
#13	200 BREAST – 11 & OVER	#14
#15	200 FREE – 10 & UNDER	#16
#17	400 FREE - 11 & OVER	#18

Sunday Prelims and Finals

Female	Event	Male
#19	200 FREE – 11 & OVER	#20
#21	50 BREAST - 10 & UNDER	#22
#23	100 BREAST - 11 & OVER	#24
#25	200 FLY – 11 & OVER	#26
#27	50 FREE - 10 & UNDER	#28
#29	100 FREE - 11 & OVER	#30
#31	200 IM – 10 & UNDER	#32
#33	200 BACK – 11 & OVER	#34
#35	400 IM - 11 & OVER	#36

Langley Olympians Invitational Short Course Meet
Saturday Nov. 14 & Sunday Nov. 15, 2009

Hosted by: Langley Olympians Swim Club
Location: Walnut Grove Recreation Centre
8889 Walnut Grove Drive, Langley

Officials required for Langley Olympians Invitational Swim Meet Nov. 14 & 15, 2009.

The number of swimmers entered from each club will dictate the number of officials that clubs will be expected to bring to the meet, **for each of the two days.**

3-5 swimmers	1 Timer
6-10 swimmers	2 Timers; 1 Stroke and Turn
11+ swimmers	3 Timers; 1 Stroke and Turn

Note: *These are minimum requirements. More help on deck is, of course, greatly appreciated.*

L/A OSC will be assigning the attending clubs a Lane for Timing. It will be the COD's responsibility to find 3 volunteers for Timing from their club to help out during the meet. We will also require 8 - 10 Stroke & Turn officials and again we will require help from the attending clubs.

Please submit the names of the Stroke & Turn Judges and Timers to the L/A OSC Officiating Coordinator linda@langleyolympians.com by November 2, 2009.

Again, a meet is run strictly with volunteers. We appreciate you volunteering your time and so do the swimmers.