



**Edmonton Keyano International
Swim Meet**

April 29 – May 2, 2010

**Hosted by the Edmonton Keyano
Swim Club**

Coach Update 2

Hello Coaches and Team Managers,

Session Report and Psych Sheets

These reports are attached and also available on the EKSC website (www.eksc.com) under the EKI 2010 tab.

Distance Session

Please ensure that all swimmers in the distance events supply a timer for their race. This is especially important as we will be double-laning this event. The top 10 from each age group and gender will swim alone. Positive check in will be available at the Clerk of Course until 3:45 pm on Thursday.

Coaches' Social

This year's social will be held at Brewsters' Brewing Company located at **11620 104th Avenue**
(780) 482-HOPS (4677)

Please join the EKSC coaching staff with your partner to socialize and network. First round is on us!!

Any questions or concerns please contact me by phone (780 266 5770) or by email (mathdva@hotmail.com)

Norma Lachance
EKI 2010 Meet Chair