



Approved

FAST Board Meeting Minutes Tuesday, June 23, 2009

Board Members Present: Renee Haynes, Walter Dauksher, Lance Holter, Krista Nero, Bill Spahn, Randy Pritchard, Lisa Hill

Missing: Todd Campbell

Meeting Site: Wild Boar

1) Call to order

Meeting called to order at 7:38 PM by Randy Pritchard.

2) Approval of minutes from 05/26/09 Board Meeting – Approval was done via email prior to the meeting.

3) Membership Report – Randy Pritchard

156 Regular Swimmers – This number is in line with the June numbers from last year.

21 Masters Swimmers – Not seeing the anticipated influx of drop in swimmers for Thursday long course practice sessions. Two lanes have been adequate on Thursday mornings.

6 College Swimmers – Nice to see the college swimmers practicing with the team for the summer. Board continues to support their free swimming.

4) Coach's Report – Bill Spahn

The June meet was a great meet for the team. It was well run, and a number of the swimmers posted fast times given the rigors of their June training schedule. No tapering was done in preparation for this meet. The meet was long. Next year, it would be nice to start finals an hour earlier on Sunday, so the Denver teams can get home a bit earlier. The prelim/finals format really promotes fast swimming in the evening sessions.

Starting in June, there will be some differences in the swimmer workouts. The practice distances will be dialed back slightly. The swimmers hoping to make state cuts at the district meet will taper for the district meet. The swimmers who already have state cuts won't taper until closer to the start of the state meet.

Bill is investigating moving both the travel meet and the FAST June meet back one week next year.

The team already has 50+ kids qualified for Long Course State. Those not qualified are being encouraged to sign up for the State Games of the West meet the last weekend in July.

Unfortunately, this summer the Long Course State Championships and the Sectional Championships overlap. Bill will be attending the Sectional Championships. He is hoping that he can return in time to see the finals of LC State on Sunday night.

Bill requested that the board vote to approve sending Evan to the American Swim Coaches Association conference in Fort Lauderdale, Florida this fall. Lisa Hill made a motion to allocate the money for the trip. Krista Nero seconded. The board unanimously approved sending Evan to the ASCA conference.

Bill and the coaches are reviewing the fall practice and meet schedule as well as staffing needs.

Bill is contemplating adding a white group practice on Saturday mornings this fall. It would be a combined white and blue group practice. Bill is also investigating the possibility of offering master's practices over the noon hour.

The coaching staff's goal is to have as much of the fall season planned out as possible prior to the final swim meet of the long course season.



Approved

5) **Treasurer's Report** – Todd Campbell

FAST continues to perform as planned in terms of cash position. However, the recent pool invoice was \$4,800 higher than anticipated. The total invoice was over \$23 thousand for the five month period beginning January through May. I anticipated an invoice of \$23 thousand through June. I believe this invoice is in the process of review by all of the coaching team. I have adjusted the cash forecast according to the invoice, however. By pushing hard on utilization of cash, the team will have earned approximately \$2,500 of interest income this year.

6) **President's Report** – Randy Pritchard

Epic Air Quality

In June, there was an incident where a swimmer's breathing difficulties resulted in a trip to the doctor. The doctor speculated that part of the swimmer's breathing difficulties resulted from the poor air quality inside the Epic pool facility. The FAST coaches immediately took this information to the Epic staff. Since the incident, the Epic staff contacted the city's Risk Management group. The Risk Management group has contacted Walsh Environmental Scientists and Engineers, LLC to determine the air quality tests that should be conducted.

Until the air quality tests can be conducted, the Epic staff will open the south and west doors and turn on the fans that have been added on deck to keep the air moving during FAST workouts.

The board will continue to monitor this issue making sure that Epic is a safe and healthy place for our team to practice.

7) **Old Business**

a) Backstroke Flags

Walter Dauksher presented a design for adding backstroke flags to the practice lanes in the shallow and deep ends of the pool. The design allows for easy set-up and tear down. The board authorized Walter to spend the money necessary to build a proto-type.

b) Bulkhead Pulling Schedule

- 1) All the positions are filled for the rest of the summer.
- 2) There have been issues with people showing up late on Tuesday and Thursday mornings. Pullers need to be at the pool no later than 7:30am sharp.
- 3) Each summer, the team investigates ways of making bulkhead pulling easier. Bill, Walter, and Randy are going to meet with Epic staff to determine if the ballast sections of the bulkheads can be repaired, so they are filled with air rather than water. This would make the bulkheads lighter and easier to pull.

c) Ad in Summer Club City Championship Program

Rob Huey is pursuing getting a FAST ad in the Summer Club City Championship program.

8) **New Business**

a) Terms and Conditions Review



Approved

The updated T&C's were distributed at the meeting (and online). Each board member is going to review the T&C's. Any modifications will be emailed to Lance Holter. The final T&C will be presented the July meeting a final vote.

b) Recreator Ad

The board unanimously approved running an ad in the Recreator. The ad will highlight not only the age group swimming program but also the high school group and the master's group.

A discussion was held regarding the Fort Collins Coloradoan not running stories on the FAST hosted swim meets despite the team's yearly purchase of ad space in the Recreator. Right now, FAST struggles to get the meet results in the paper. The team needs to find a way to get more consistent coverage in the newspaper.

c) Board Member Recruitment

There will be two board positions that need to be filled in the fall. Lance Holter will submit a note to be posted on the team website encouraging interested members to submit a brief bio prior to the fall picnic. Based in the number of people who ran for the board last year, the team anticipates having enough applicants to fill the two positions.

d) Northern Colorado Swimming

A brief discussion was held regarding the lack of input FAST has on swim meets hosted by Northern Colorado Swimming. FAST sends more kids to the two district meets than any other team, but the meet formats change without FAST having any input. There was some discussion that the district meets need to offer all "state" events. Disappointment in time trials being removed from the long course district meet was also expressed.

e) Next meeting: Tuesday July 14th

9) Adjournment

Motion to adjourn made by Rob Huey and seconded by Lisa Hill. Motion passed by unanimous approval. Meeting was adjourned at 9:38 PM.