

**The Greenwich YWCA Dolphins Swim Team
and the YWCA of Greenwich present the
9th Annual
Greenwich Town Open Championship Swim Meet
December 18-19, 2009
At the
Greenwich High School**

DATE: Friday-Saturday, December 18-19, 2009

WARMUP & CHECK-IN: Friday, warm-up & check in 5:30-6:00pm; start at 6:15pm. Saturday Noon check-in; 12:00-1:00pm warmup of which 15 minutes general; 15 minutes girls only; 15 minutes boys only; 15 minutes sprints.

SCRATCHES: Swimmers not checked-in by respective 6:00/12:30pm, will be scratched.

START: 6:15 pm on Friday; 1:00pm on Saturday.

SITE: Greenwich High School Pool, Hillside Avenue, Greenwich, CT 06830; 8-lanes with non-turbulent Kiefer-McNeill lane dividers and ample deck seating; parking and lockers.

ELIGIBILITY: Friday session will be limited to a maximum of 128 swimmers in 4 heats per event. Swimmers **limited to one event Friday**. All swimmers must meet one of these three criteria: (1) be a resident of Greenwich; (2) be a member of Greenwich based youth swim team or (3) attend school in Greenwich. Entries above the maximum will be returned. Swimmers must meet eligibility requirements and must have a team affiliation or will be listed as Unattached on the entry program.

Saturday session limited to the first 250 entries based on postmark. All swimmers must meet one of these three criteria: (1) be a resident of Greenwich; (2) be a member of Greenwich based youth swim team or (3) attend school in Greenwich. Entries above the maximum will be returned. Swimmers must meet eligibility requirements and must have a team affiliation or will be listed as Unattached on the entry program.

ENTRY LIMITS: Friday swimmers may enter and swim only one of the two events. Saturday swimmers may enter a maximum of three events; however, one of the 3 events must be designated as a "scratch event" if meet is over subscribed and times out to over 4 hours (meet must end by 5pm). **The meet director reserves the right to modify the event structure to meet facility time limits. In the event of a format change teams, coaches and swimmers will be notified via email no later than one week prior and details on format adjustment will be e-mailed to entry contacts as well as posted at www.greenwichdolphins.com**

SUPERVISION: All swimmers must be supervised by a parent or coach, who will be responsible for their conduct.

VOLUNTEERS: Hand Timing will be used for this event, the host team (GYWD) will supply timers; however, volunteers are welcome and needed for timing purposes and are encouraged to check in at the scratch deadline.

SOFTWARE: The meet will be run on Hy-Tek Meet Management software and teams are encouraged to enter via Hy-Tek software files; however, a hard copy must accompany disk and fees.

FEES: The entry fee is \$8.00 per swimmer, regardless if 1-2-3-4 races are entered and contested. All fees are non-refundable. Checks only please payable to the **Greenwich YWCA Dolphins Swim Team**. Fees must accompany entry or the entry will be rejected.

AWARDS: Custom Ribbons will be awarded for the Top 8 finishers overall in each event; there is no team or individual scoring.

ENTRY TIMES: Swimmers should submit their best time for the event as well as team or school affiliation.

RULES: Current United States Swimming rules will govern this meet and an application for an “approved” contest has been made.

ENTRY DEADLINE: Entries will be accepted by mail or Express Mail only and received by December 3, 2009 at Noon to:

Nick Cavataro
Swim Coach
Greenwich YWCA Dolphins Swim Team
259 East Putnam Avenue
Greenwich, CT 06830

If possible please e-mail Hy-Tek file to ncavataro@greenwichdolphins.com as soon possible.
Team Entry Chairs, should provide an e-mail contact with their material and can expect updates and advance psyche sheets as the meet date approaches.

All advance psyche sheets and results will be posted at www.greenwichdolphins.com in a timely manner.

QUESTIONS: Nick Cavataro, Day # 914-633-2323 or via-email ncavataro@greenwichdolphins.com

Girls Event #	EVENT NUMBERS 2009	Boys Event #
	Friday, Dec. 18, 2009	
01	9-over 500-Free	02
03	13-over 400-IM	04
	Saturday, Dec. 19, 2009	
05	15-over-100-free	06
07	13-14 100-Free	08
09	11-12 50-Free	10
11	9-10 50-Free	12
13	8-under 25-Free	14
15	15-over-100-Back	16
17	13-14 100-Back	18
19	11-12 50-Back	20
21	9-10 50-Back	22
23	8-under 25-Back	24
25	15-over 100-Breast	26
27	13-14 100-Breast	28
29	11-12 50-Breast	30
31	9-10 50-Breast	32
33	8-under 25-Breast	34
35	15-and-over 100-Fly	36
37	13-14 100-Fly	38
39	11-12 50-Fly	40
41	9-10 50-Fly	42
43	8-under 25-Fly	44

Please return this entry form or Hy-Tek printout and \$8.00 entry fee per swimmer to Nick Cavataro, Swim Coach, Greenwich YWCA Dolphins, 259 East Putnam Avenue, Greenwich, CT 06830. by December 4, 2009.

Individual Swimmers may use this form in lieu of an electronic entry

LAST NAME _____ FIRST _____ MI (required!) _____

Date of Birth _____ Age as of December 18, 2009 _____

Sex _____ Team/School _____

Event # & Seed _____ Event # & Seed _____ Event # & Seed _____

Event # & Seed _____ (This event will be the “scratch event” if needed)

Waiver: The Greenwich YWCA, YWCA Dolphins Swim Team, Greenwich High School and the Town of Greenwich and their agents or representatives shall be held Free and Harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signed (Parent or Supervising Club Official) _____

This waiver must accompany entry.

Coach/Parent e-mail _____