

## TeamUnify & Meet Expectations

October 1, 2014

TeamUnify ([www.teamunify.com/ctwwrat](http://www.teamunify.com/ctwwrat)) "My Account"

- Invoice
- Meet Results
- PET-WRAT Points
- My Account
- Tutorials
- **OnDeck Parent Mobile App** (attendance, best times, time standards, news, meet results, etc.)  
alias: ctwwrat

Registering for Meets on TeamUnify (hand-out)

- **Register Early!!** Coaches need to submit meet entries well in advance of the meet in order to secure our spot
- E-Mail reminders will go out 7 days before the registration deadline.
- Selection of your child's events is at the sole discretion of the coaches. Our goal is to shape strong, fearless, well-rounded swimmers--that means sometimes forcing them outside of their comfort zone

Meet Expectations

- Swimmers should arrive by the designated "on deck" time (minimum of 15 min before warm up)
- The **FIRST** thing every swimmer should do upon arriving on deck is to check-in with a coach
- **Scratch Sheets: By the start of warm up, we need to hand in a "scratch sheet" –an attendance check-in so that the meet director knows who will be swimming. Any swimmer who has not arrived by the start of warm up will be 'scratched.' This means they will be taken out of the meet and not allowed to swim. If you are running late it is EXTREMELY important to call or text one of the coaches to let them know you are on your way. Otherwise you run the risk of making it all the way to the pool only to find your child ineligible to swim**
- Volunteers should check in with the meet host coordinator
- Per USA Swimming regulations, *parents are not allowed on deck during meets* (strictly enforced)
- What to Pack: 2 towels, 2 pairs of goggles, 2 team caps, flip flops, water/gatorade, a change of clothes for after the meet, and a deck chair if allowed at the meet
- In order to foster a close team environment, only limited use of technology will be allowed at meets, swimmers are expected to watch and cheer for their teammates
- A dry snacks that are quick and easy to eat are encouraged (pretzels, gold fish, dry cereal, a bagel, fruit, etc.)
- The concession stand can be very enticing, especially for younger swimmers, but please, **NO CANDY UNTIL AFTER THE MEET**
- It is extremely important that swimmers stay in the team area during the meet and ask permission before going anywhere. On top of watching swims, writing times, giving feedback, and sending swimmers up to the blocks, coaches cannot be tracking down swimmers who have wandered to the observation deck or concession stand
- As soon as a swimmer is done with their races for the day, they may leave. Please check with a coach before doing so—oftentimes swimmers are entered in relays which may not be correctly listed on the heat sheet

Our First Meet (WRAT 8&U on 10/19)

- Our meets are parent run, your help is vital to hosting a successful meet
- New 9/O parents, this a great opportunity to experience your first meet and get your feet wet with volunteering
- Register early for volunteer positions, they tend to fill up quickly

Volunteering

- PET-WRAT Fees/Points: determined by number and ages of swimmers on team
- Earn points by volunteering at home meets, timing at away meets, or volunteering at other team events
- Any points earned in excess of your minimum requirement earns you cash back (1 pt = \$1)
- Failure to reach your requirement will result in non-compliance fee (\$10 per point)
- Volunteer window runs through the end of the long course season (June/July)
- Some volunteer positions require prior training/certification (stroke & turn, starter, referee, computer operator) –contact Megan Loffredo ([mloffredo@me.com](mailto:mloffredo@me.com)) if you are interested in becoming an official (we are in need!!)
- Sign-Up for volunteer positions by clicking "Job Signup" on TeamUnify Event page