

Division 1 & 2 / Sectional Time Standards

Updated January 29, 2008

WOMEN - SHORT COURSE YARDS

Event	10 & Under		11-12		13-14		Senior		2008
	Div I	Div II	Div I	Div II	Div I	Div II	Div I	Div II	Sectional
50 Free	33.19	41.19	28.89	35.99	27.49	33.99	26.99	33.79	25.69
100 Free	1:14.29	1:32.39	1:03.19	1:17.79	59.69	1:12.69	57.39	1:12.69	55.39
200 Free	2:44.79	3:09.79	2:18.29	2:34.99	2:10.09	2:27.89	2:04.49	2:25.49	1:59.69
500 Free			6:13.29	6:58.79	5:47.99	6:34.19	5:30.49	6:27.59	5:19.69
1000 Free					12:25.09	13:59.99	11:35.09	13:05.89	11:02.59
1650 Free					20:40.09	22:46.49	19:50.09	22:08.69	18:41.59
50 Back	39.49	50.09	34.99	42.19					
100 Back	1:28.79	1:52.39	1:13.19	1:29.39	1:08.99	1:25.39	1:06.89	1:24.79	1:02.69
200 Back					2:30.59	2:56.19	2:23.29	2:52.19	2:15.29
50 Breast	44.89	56.39	39.89	45.79					
100 Breast	1:39.59	2:04.69	1:24.09	1:40.29	1:18.39	1:33.09	1:16.49	1:31.79	1:11.49
200 Breast					2:49.73	3:18.49	2:44.49	3:15.99	2:35.19
50 Fly	39.39	50.79	33.49	40.09					
100 Fly	1:34.99	1:52.39	1:14.39	1:33.39	1:07.89	1:27.39	1:04.49	1:26.39	1:01.59
200 Fly					2:34.59	2:57.99	2:25.49	2:52.29	2:17.19
100 IM	1:25.49	1:38.49	1:12.79	1:23.49					
200 IM	3:05.79	3:23.69	2:36.29	2:58.79	2:26.29	2:48.69	2:19.89	2:38.89	2:15.79
400 IM					5:16.69	6:07.69	4:59.99	5:33.79	4:47.19
200 Free Relay	2:22.09		2:04.99		1:59.19		1:58.09		
400 Free Relay	5:31.09		4:38.39		4:13.09		4:08.09		3:55.79
800 Free Relay							8:56.09		8:36.99
200 Medley Relay	2:46.09		2:24.09		2:13.09		2:08.09		
400 Medley Relay					4:52.09		4:45.09		4:22.79

MEN - SHORT COURSE YARDS

Event	10 & Under		11-12		13-14		Senior		2008
	Div I	Div II	Div I	Div II	Div I	Div II	Div I	Div II	Sectional
50 Free	33.69	41.19	29.29	36.39	26.09	31.59	23.89	30.19	22.89
100 Free	1:15.59	1:32.39	1:04.59	1:18.39	56.89	1:08.39	51.69	1:05.39	49.59
200 Free	2:46.09	3:09.69	2:20.29	2:34.39	2:04.09	2:16.19	1:53.79	2:12.19	1:48.79
500 Free			6:11.59	6:51.69	5:37.19	6:17.89	5:09.49	5:48.79	4:56.49
1000 Free					11:44.69	12:48.99	10:45.09	12:16.99	10:23.69
1650 Free					19:39.49	20:58.39	18:16.09	20:39.19	17:36.99
50 Back	40.19	50.09	36.29	43.79					
100 Back	1:29.69	1:52.39	1:14.79	1:31.39	1:05.99	1:21.79	1:00.69	1:17.09	56.99
200 Back					2:24.99	2:46.19	2:12.59	2:36.99	2:03.79
50 Breast	45.29	56.39	40.59	46.39					
100 Breast	1:40.39	2:04.69	1:26.39	1:40.29	1:15.69	1:28.69	1:09.59	1:23.09	1:04.19
200 Breast					2:45.79	3:01.29	2:31.69	2:49.79	2:22.29
50 Fly	40.09	50.79	33.99	40.39					
100 Fly	1:34.99	1:52.39	1:16.39	1:33.39	1:07.19	1:20.39	58.59	1:14.79	55.69
200 Fly					2:27.69	2:47.59	2:18.09	2:36.79	2:06.39
100 IM	1:26.89	1:38.49	1:14.99	1:22.69					
200 IM	3:06.99	3:27.49	2:39.89	2:56.99	2:20.89	2:35.19	2:09.19	2:27.69	2:03.69
400 IM					5:09.79	5:43.69	4:45.49	5:32.19	4:26.39
200 Free Relay	2:22.09		2:04.09		1:52.89		1:42.09		
400 Free Relay	5:31.09		4:38.39		4:00.09		3:40.09		3:36.39
800 Free Relay							7:50.09		7:48.99
200 Medley Relay	2:46.09		2:24.09		2:09.99		1:57.99		
400 Medley Relay					4:42.09		4:10.09		3:54.99