2014 NCSA SUMMER SWIMMING CHAMPIONSHIPS

TIME STANDARDS

Summer Championships – Indianapolis, IN
August 5 - August 9, 2014

WOMEN			EVENT DESCRIPTION	MEN		
SCY	SCM	LCM		SCY	SCM	LCM
24.39	27.19	27.59	50 FREE	21.69	23.99	24.79
52.39	57.99	59.89	100 FREE	47.09	52.09	53.99
1:53.19	2:04.89	2:08.09	200 FREE	1:43.09	1:54.19	1:58.09
4:59.99	4:18.89	4:27.89	400/500 FREE	4:39.59	4:02.09	4:09.79
10:15.99	8:54.99	9:08.99	800/1000 FREE	9:39.79	8:26.99	8:40.79
17:12.89	17:02.59	17:34.59	1500/1650 FREE	16:13.69	15:55.79	16:41.69
59.59	1:05.89	1:08.89	50 BACK (using 100 back time standards as shown)	54.09	1:00.09	1:02.39
58.59	1:04.39	1:07.19	100 BACK	53.09	59.09	1:01.39
2:05.99	2:19.79	2:24.99	200 BACK	1:54.79	2:07.49	2:12.39
1:07.39	1:15.19	1:17.29	50 BREAST (using 100 breast time standards as shown)	1:00.49	1:07.09	1:09.29
1:06.39	1:14.19	1:16.29	100 BREAST	59.49	1:06.09	1:08.29
2:23.29	2:40.39	2:41.89	200 BREAST	2:09.79	2:25.59	2:29.79
58.79	1:05.29	1:06.79	50 FLY (using 100 fly time standards as shown)	52.59	57.89	59.89
57.99	1:03.79	1:05.29	100 FLY	51.89	56.89	58.89
2:06.39	2:18.99	2:23.19	200 FLY	1:54.89	2:05.79	2:10.59
2:08.49	2:21.89	2:26.59	200 INDIV. MEDLEY	1:56.29	2:08.49	2:13.59
4:29.99	4:58.19	5:05.99	400 INDIV. MEDLEY	4:08.09	4:34.69	4:43.89
400 Free Relay Qualifying Times			200 FREE RELAY	*400 Free Relay Qualifying Times*		
3:32.09	3:57.79	4:00.99	400 FREE RELAY	3:12.79	3:24.29	3:41.89
7:40.79	8:36.09	8:44.89	800 FREE RELAY	7:05.69	7:53.20	8:07.49
400 Medley Relay Qualifying Times			200 MEDLEY RELAY	*400 Medley Relay Qualifying Times*		
3:55.09	4:25.89	4:30.99	400 MEDLEY RELAY	3:36.09	3:01.99	4:08.89

QUALIFYING PERIOD: March 19, 2013 THROUGH THE ENTRY DEADLINE, JULY 29, 2014.
BONUS EVENTS: MAKE 1 CUT, ADD 2 BONUS EVENTS. MAKE 2 CUTS ADD 1 BONUS EVENT. MAKE 3 CUTS GET NO BONUS.
Bonus events MUST be 200m or less in distance.
For distance swimmers that have the Non-Olympic distance cut, they may add 1 event to their total as a bonus and not count that event as a bonus. That event may be the 400 free or the 400 IM. See entry procedures above.