

NWOWI 2009

Seventeenth Annual Northwest Ohio Winter Invitational Swim Meet
Sponsored by the Sylvania Tsunami Swim Club
January 10 and 11, 2009

Bowling Green State University
BGSU Student Recreation Center – Cooper Pool
Bowling Green, Ohio

SANCTION: This meet is sanctioned by USA Swimming and Ohio Swimming, Inc. Sanction #OH????.

ELIGIBILITY: All age groups and ability levels. Swimmers **MUST** be **2009** registered members of USA Swimming.

GENERAL ORGANIZATION/SCHEDULE:

Saturday: **10 & under, 11-12 Boys** - Warm-ups: 7:15-8:00 a.m.; meet will start at 8:15 a.m.
11-12 Girls, 13 & Over - Warm-ups will last 45 minutes and will start immediately after the morning session, but no sooner than 11:00 a.m. Afternoon session will start 15 minutes after warm-ups conclude. Teams will be provided with tentative warm-up times the week prior to the meet.

Sunday: Same schedule as Saturday.

*Host club may only accept the fastest 20 entry times for the 500 free and 400 IM.

****Host club reserves the right to limit the number of swimmers in any event due to time constraints and entry numbers.**

All events will be conducted on a Timed Finals basis.

WARM-UPS: Controlled, supervised warm-up sessions will be utilized in accordance with the warm-up procedure guidelines suggested by USA Swimming. A 45-minute warm-up period will be held prior to each session. The first 25 minutes will be limited to general warm up (circle) swimming. **NO DIVING** from blocks or pool edge will be permitted until the lane is declared a sprint lane by the Meet Referee. A coach must be present at the blocks of sprint lanes to supervise and/or start swimmers using the blocks. All coaches should position themselves at poolside to supervise warm ups.

ATTENTION COACHES: Only coaches displaying deck passes will be permitted on deck. USA Swimming badges also must be prominently displayed. Please inform parents of team members that the Security staff will not allow them on deck unless they are officials or non-athlete members of USA Swimming who display USA Swimming badges.

FACILITIES: The meet will be contested at Bowling Green State University Recreation Center Natatorium on the campus of the Bowling Green State University. The competition will be in a 10 lane x 25 yard pool that is 12 – 18 feet deep. A Colorado Automatic Timing and electronic scoreboard will be utilized as well. Lockers are available in the locker rooms though swimmers must provide their own lock.

CONCESSIONS: Food and university sponsored beverages will be available in the concession area. Everyone is encouraged to patronize the concession area. Heat sheets will be available in concessions area. No food will be permitted on deck except in designated areas.

AWARDS & SCORING:

- Individual events -- First through third medals and ribbons for fourth through sixteenth.
- Relay events – First through third medals
- Open events will be scored and awarded 13 – 14 & Open.
- Heat winners will receive ribbons in the morning session excluding the 11-12 boys.
- Swimmers who are deck entered swim for time only and will not be eligible for awards or scoring points for deck entered events.

FINAL RESULTS will be provided to each team registering 5 or more swimmers. Anyone else who would like a copy may request one from the Entry Coordinator for a fee of \$5 in cash or by check to the Sylvania Tsunami Swim Club. Mail it to the address listed below.

Instructions for filling out entries

- This may be your first meet of 2009. **The swimmer's USA Swimming number MUST be valid for the year 2009!** Any swimmer that is not properly registered according to the LSC Registration Chairman will not swim.

Please use TEAM MANAGER or MEET MANAGER by Hy-Tek, to submit your entries on disk or via e-mail. All entries must be accompanied by a complete printout that has been checked for accuracy.

RULES: Current USA Swimming regulations shall apply. FINA whistle starts will be used for this meet. There will be no recall starting procedure for false starts. All athletes will be informed of a disqualification as a result of a false start at the completion of the heat. No swimmer may compete in more than 5 events per day, excluding relay events. Swimmers may compete in the age group corresponding to their age as of January 10, 2009.

ENTRY FEES:	Individual events:	\$4.00 per event
	Relay events:	\$7.00 per team, per event
	USA Swimming Travel Fund	\$1 per swimmer
	Championship Fund	\$1 per swimmer

Checks should be made payable to the SYLVANIA TSUNAMI SWIM CLUB. Entry deadline is **Friday, December 12, 2008**. Submission of entries on or before the deadline does not guarantee that the meet will still be open. All entry fees and forms should be returned to the Entry Chairman. Psych sheet will be posted on our website at <http://www.sylvania-tsunami.com/Events/09nwowi.html> .

DECK ENTRIES: Deck entries by anyone not already registered in the meet must present a valid USS card at the time of the entry.

PARKING: Parking is adjacent to the Student Recreation Center and across the street from the natatorium.

QUESTIONS: If you have questions regarding any facet of this meet, do not hesitate to call or write:

Entry Chairman: Chris Black
PO Box 268
Sylvania, Ohio 43560
(419) 559-9255
Email – chris.black@sylvania-tsunami.com

Meet Director: Laurie Foster
PO Box 268
Sylvania, Ohio 43560
(419) 824-4073
Email - LCMR59@bex.net

2009 NWOWI Order of Events

Saturday Morning Warm-ups 7:15 AM / Meet Starts 8:15 AM			Saturday Afternoon Not Before 11:00 AM		
Girls	Event Name	Boys	Girls	Event Name	Boys
	11-12 Boys 200 MR	1	32	11-12 Girls 200 MR	
2	10&Under 200 MR	3	33	Open 200 MR	34
4	8&Under 100 MR	5	35	11-12 Girls 100 Fly	
	11-12 Boys 100 Fly	6	36	13&Over 200 Fly	37
7	9-10 50 Free	8	38	11-12 Girls 50 Free	
9	8 & Under 25 Free	10	39	13&Over 50 Free	40
	11-12 Boys 50 Free	11	41	11-12 Girls 200 IM	
12	9-10 200 IM	13	42	13&Over 200 IM	43
14	8&Under 100 IM	15	44	11-12 Girls 50 Back	
	11-12 200 IM	16	45	13&Over 100 Back	46
17	9-10 50 Back	18	47	11-12 Girls 100 Breast	
19	8&Under 25 Back	20	48	13&Over 200 Breast	49
	11-12 50 Back	21	50	11-12 Girls 500 Free	
22	9-10 100 Breast	23	51	13&Over 500 Free	52
24	8&Under 50 Breast	25			
	11-12 100 Breast	26			
27	9-10 100 Fly	28			
29	8&Under 50 Fly	30			
31	11-12 Boys 500 Free				
Sunday Morning 7:15 AM / Meet Starts at 8:15 AM			Sunday Afternoon Not Before 11:00 AM		
Girls	Event Name	Boys	Girls	Event Name	Boys
	11-12 Boys 200 FR	53	86	11-12 Girls 200 FR	
54	10&Under 200 FR	55	87	Open 200 FR	88
56	8&Under 200 FR	57	89	11-12 Girls 200 Free	
	11-12 Boys 200 Free	58	90	13&Over 200 Free	91
59	9-10 200 Free	60	92	11-12 Girls 50 Fly	
61	8&Under 100 Free	62	93	13&Over 100 Fly	94
	11-12 Boys 50 Fly	63	95	11-12 Girls 100 IM	
64	9-10 50 Fly	65	96	13&Over 100 Free	97
66	8&Under 25 Fly	67	98	11-12 Girls 100 Free	
	11-12 Boys 100 IM	68	99	13&Over 100 Breast	100
69	9-10 100 IM	70	101	11-12 Girls 50 Breast	
71	8&Under 50 Free	72	102	13&Over 200 Back	103
	11-12 Boys 100 Free	73	104	11-12 Girls 100 Back	
74	9-10 100 Free	75	105	Open 400 IM	106
76	8&Under 25 Breast	77			
	11-12 Boys 50 Breast	78			
79	9-10 50 Breast	80			
81	8&Under 50 Back	82			
	11-12 Boys 100 Back	82			
84	9-10 100 Back	85			

SWIMMING/OSI MEMBERSHIP MEET ENTRY FORM

Northwest Ohio Winter Invitational (NWOWI) - 2009

Sponsor: Sylvania Tsunami Swim Club

Location: Bowling Green State University - Student Recreation Center Natatorium

Date: January 10 & 11, 2008

Sanction: # OH????

RETURN THIS SHEET WITH YOUR ENTRY FORMS

The undersigned team representative certifies by his/her signature that all athletes participating for or entered by the team in this sanction swim meet are currently member athletes of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

TEAM: _____

PRINTED NAME: _____

SIGNATURE: _____

DATE: _____

A coach must be present at blocks 2 & 7 during the final 20 minutes of warm-ups to supervise and/or start swimmers using blocks. All coaches should position themselves at poolside to supervise warm-ups.

