2013 Express State/Non-State Open

Hosted By: Waukesha Express Swim Team

Sunday, November 10, 2013

Sanction # - WI2013-517S

Location: Waukesha South High School
401 E. Roberta Drive
Waukesha, WI 53186

Meet Director: Michael Hamm
P.O. Box 1874
Waukesha, WI 53187
(262) 309-2776
Michael@waukeshaexpress.org

Meet Entry Chair: Dan Wohl
P.O. Box 1874
Waukesha, WI 53187
(419) 357-7906
Dan@waukeshaexpress.org

Facility: Eight or ten lane, 25 yard pool. Pool depth is 13 feet at the start end and 5'10" feet at the bulkhead (turn end). Blocks are 30" high. The pool features a 9'x13' full color, digital display scoreboard. Concessions will be available. No food or beverage is allowed in the pool area. The competition course has not been certified in accordance with USA Swimming's Rule 104.2.2C(4).

Timing: Colorado System 6 timing system with aqua grip touch pads.

Rules: Official 2013 Short Course USA Swimming Rules and Wisconsin Swimming Rules shall govern the conduct of this meet. Swimmers must be registered as USA swimmers. Age is as of November 10, 2013. Coaches must display their Coaches Card while on deck.

Schedule: *Sunday* – **All races are timed finals.**

AM session warm-ups:	7:00 – 8:00 AM
AM session begins:	8:05 AM
PM session:	Warm-ups will begin immediately at the conclusion of AM session and the meet will begin 65 minutes after the start of PM session warm-ups.

The afternoon warm-ups will start as soon as the morning session has been completed. The afternoon session will begin 1 hour after the start of warm-ups. The meet director will notify each club as to the approximate time for all sessions once all meet entries have been received.

Failure to follow warm-up guidelines may result in disqualification from the next individual event. Feet first three point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition in accordance with the recent change to Policy 4.5.2(a)

Officials: Head Official – Nicole Rundahl nrundahl@gmail.com (262) 309-2776
Administrative Official – Steve Carlson

Entries & Eligibility: All entries will be taken when accompanied by full payment. Swimmers may compete in four (4)

events per day plus relays. Deck entries will only be allowed if there are open lanes available. All swimmers must be registered USA swimmers and their USA Swimming number MUST be listed on the official entry form. This includes relay only swimmers. Submit current yard times.

Completed entry form, signed waiver and fees must be received no later than Tuesday, October 29, 2013. Any questions concerning entries should be directed to Dan Wohl, Meet Entry Chair at 419-357-7906. If you choose to email you're your entry file it must be received by October 29, 2013 and signed waiver and fees received by October 29, 2013.

Mail Entries: Mail forms, signed waiver and fees (payable to WEST) to:

Waukesha Express Swim Team
P.O. Box 1874
Waukesha, WI 53187
All entries must be received by Tuesday, October 29, 2013.

Entry Fees: $4.00 per individual event
$10.00 per relay event
$3.00 per swimmer in an individual event for LSC tax (splash fee)
Entry fees must accompany the official entry forms and are not refundable.

Admissions: $3.00 per spectator over the age of 12. Heat sheets are an additional $3.00.

Awards: *Individual events:*
1st – 3rd place - Medals
4th – 16th place – Ribbons

Relay events:
1st – 8th place - Ribbons

All awards will be bagged and given to the coaches at the end of the meet

Scoring: Sixteen-place scoring will be used for individual events. Relay event scores will be doubled.

Final Results: Final results will be posted at www.wisconsinswimming.org and e-mailed to attending teams.

Seeding: Events 25, 26, 65 and 66, 12 & Under 500 freestyle and Open 500 freestyle will be positive check-in events. All other individual events will be pre-seeded.

Conduct: Each team is responsible for the behavior of their swimmers. ***The Meet Director or Meet Marshall may remove any swimmer from competition for disruptive or disorderly behavior. In accordance with the Federal Voyeurism Prevention Act of 2004, the use of camera phones or video re- cording devices in the locker rooms is strictly prohibited.***

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designed areas is not appropriate and is strongly discouraged.

Coaches: All coaches must pick up their coaches packet in person and must show their coach's card. If a coach does not present a USA registration card they will not be allowed on deck and the swimmers for the team will be assigned to a USA Swimming certified coach for warm-ups.

Medical: Please indicate any special needs your swimmers may have on the entry form. We will do everything possible to accommodate them. This notification should include any existing conditions that may require meet management to activate the emergency response plan. Building personnel are trained in procedures required by Blood Borne Pathogens laws and will be responsible for any clean up required.

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ORDER OF EVENTS

Girls	Sunday AM	Boys
1	11-12 100 Backstroke	2
3	10&Under 50 Backstroke	4
5	11-12 200 Free Relay	6
7	10&Under 200 Free Relay	8
9	11-12 100 Breaststroke	10
11	10&Under 50 Breaststroke	12
13	11-12 100 Butterfly	14
15	10&Under 50 Butterfly	16
17	11-12 100 IM	18
19	10&Under 100 IM	20
21	11-12 100 Freestyle	22
23	10&Under 50 Freestyle	24
25	12&Under 500 Freestyle	26
Girls	**Sunday PM**	**Boys**
27	8&Under 100 IM	28
29	Open 200 yd. IM	30
31	13-14 200 yd. IM	32
33	8 & Under 25 yd. Freestyle	34
35	6 & Under 25 yd. Freestyle	36
37	Open 200 yd. Free Relay	38
39	8 & Under 100 yd. Free Relay	40
41	Open 100 yd. Breaststroke	42

43	13-14 100 yd. Breaststroke	44
45	8&Under 25yd. Breast-stroke	46
47	6 & Under 25 yd. Breaststroke	48
49	Open 100 yd. Butterfly	50
51	13-14 100 yd. Butterfly	52
53	8 & Under 25 yd. Butterfly	54
55	6 & Under 25 yd. Butterfly	56
57	Open 100 yd. Backstroke	58
59	13 - 14 100 yd. Backstroke	60
61	8 & Under 25 yd. Backstroke	62
63	6 & Under 25 yd. Backstroke	64
65	Open 500 free	66

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WAIVER FORM

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my heirs, administrators, and assigns waive and release any and all claims against the Waukesha School District, USA Swimming, the Waukesha Express Swim Team, Wisconsin Swimming, Inc. and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona-fide amateur athletes and eligible to compete in all the events I/we have entered. I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. All swimmers entered are current members of Wisconsin/USA Swimming, Inc.

Club:_____

Name:_____Initials:_____

Signature of Club Official, Parent or Guardian:_____

Name:_____Phone:_____

Title:_____

Email:_____

Address:_____

Entry Fee Recap _____Individual Events x $4.00 $_____ Less Reservation $_____

Total amount due for Individual Events $_____

***Excess reservation **cannot** be used for relay/LSC Surcharge

_____Relay Events x $10.00 $_____

_____LSC Surcharge x $3.00 $_____ (# of swimmers in Individual events)

Total Entry Fee Due $_____

Name of coach or team representative at meet:

Name:_____
Phone:_____
Email:_____

Make checks payable to: Waukesha Express Swim Team
Mail entries to: DanWohl
c/o Waukesha Express Swim Team
P.O. Box 1874
Waukesha, WI 53187

***** Entries due on Tuesday, October 29, 2013**