

FAST SWIMMING

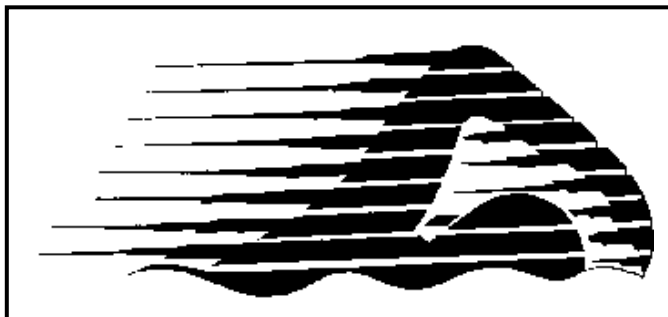
Fullerton Aquatics Sports Team Inc.

• JANET EVANS SWIM COMPLEX - 801 W. Valencia Drive, Fullerton, CA •
 • (714) 773-5788 • www.fastswimming.net •

PRE-COMPETITIVE SWIMMING

“An Instructional and Fitness Swimming Program for Youth”

2009 Fall Quarter: September 14th through December 5th



‘Pre-Competitive Swimming’ is our popular instructional and exercise program that develops health, fitness and swimming skills for children. Instruction consists of the fundamentals of competitive swimming, including stroke instruction, starts and turns. Students will increase endurance and strength in an enjoyable and confidence building environment. Classes are held twice each week for 30 minutes per class. **Each child must be deep-water safe and able to swim 25 yards of unassisted freestyle with side breathing and backstroke; legal breaststroke kick and butterfly kick.**

PRE-COMPETITIVE FALL 2009 REGISTRATION FORM • 714 773-5788

✓ **Step One:** One (1) Form Per Swimmer. Photocopy form(s) or download at www.fastswimming.net

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|----------------------------------------|--------------|--------------|------------|
| SWIMMER'S NAME <i>(Last, First, M)</i> | SEX | AGE | BIRTHDATE |
| STREET ADDRESS | CITY | ZIP | HOME PHONE |
| PARENT'S NAME or GUARDIAN | E-MAIL | | CELL PHONE |
| EMERGENCY CONTACT | RELATIONSHIP | EMERG. PHONE | DAY PHONE |

✓ **Step Two:** Check Class Days and Time. No classes on 10/12, 11/14 and 11/26.

| Monday & Wednesday (9/14 - 12/2) Tuition: \$150.00 | Tuesday and Thursday (9/15 - 12/3) Tuition: \$150.00 | Saturdays (9/19 - 11/21) Tuition: \$58.00 |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| <i>Bi-Weekly Class (12 weeks)</i> | | <i>Saturdays (10 weeks)</i> |
| <input type="checkbox"/> 4:00 p.m. - Ages 5 to 8 <input type="checkbox"/> 4:30 p.m. - Ages 7 to 11 <input type="checkbox"/> 5:00 p.m. - Ages 9 to 13 Potential Added Sections | <input type="checkbox"/> 4:00 p.m. - Ages 5 to 8 <input type="checkbox"/> 4:30 p.m. - Ages 7 to 11 <input type="checkbox"/> 5:00 p.m. - Ages 9 to 13 Potential Added Sections | <input type="checkbox"/> 8:30 a.m. - Ages 5 to 9 <input type="checkbox"/> 9:00 a.m. - Ages 9 to 13 |

Cancellation and Make-up Policy: Our class sizes are limited. If you feel you must cancel before our classes have started, we will refund your payment less a \$10.00 administration fee. No refunds for cancellations after classes have started. To maintain the integrity of our classes as to both content and size, we do not offer make-ups.

✓ **Step Three:** Sign Liability Waiver. Complete total and mail payment with completed form. **Checks only – no cash please.**

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| RELEASE OF LIABILITY WAIVER We the undersigned participant or as the legal guardian of a participant with the Fullerton Aquatic Sports Team Inc. (F.A.S.T.) and Swim America, intending to be legally bound, do hereby for ourselves, our heirs, executors and administrators, hold harmless, waive and release and forever discharge any and all rights and claims for damages or injury which we or either of us may hereafter have against the City of Fullerton, The Fullerton Aquatic Sports Team Inc. (F.A.S.T.), and it's employees, agents, officers, representatives, coaches and volunteers. | TOTALS Pre-Competitive \$ _____ TOTAL \$ _____ |
| | Make Checks payable to FAST |
| Name (print) _____ Signature _____ Date _____ | |

MAIL FORM WITH PAYMENT TO: FAST FALL 2009, P.O. BOX 5468, FULLERTON, CA 92838

Credit Cards In Person Only!

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|-----------------------------------------------------|---------------------------------|--------------------------------|-------------------------------------------------------|
| CONFIRMATION PREFERENCE: <i>(Check one or more)</i> | <input type="checkbox"/> e-mail | <input type="checkbox"/> phone | <input type="checkbox"/> your stamped return envelope |
|-----------------------------------------------------|---------------------------------|--------------------------------|-------------------------------------------------------|