

# PINECREST SWIM CAMP

2 0 1 0 I N F O R M A T I O N



Boys and girls ages 8 to 19 years of age are eligible. Pine Crest Swim Camp has an open policy of admission and does not discriminate against any application because of race or religion.

## WELCOME FROM COACH JAY

Dear Friends,

We've been hard at work getting ready for your time with us, and we can honestly say that this year will be the best camp we've ever offered.

What can you expect from our camp this year? We're assembling a summer staff of proven, experienced coaches to work with you. Pine Crest Swim Camp's number one goal is to impact your swimming and help you achieve a level you could not have reached had you not come to camp. We'll give you the tools you need so that when you go home you can build from the success you attain at camp – knowledge, training background, technique, peer support, and attitude. We're so passionate about our camp that we go a step beyond other camps and welcome overnight campers for full week-long (Sunday through Saturday) stays and day campers for Monday through Friday stays.

When you come to Pine Crest Swim Camp, you are instantly immersed in a swimming environment. Each camper is matched with a college-aged counselor who either has competed or is still competing in our sport. Our staff has included Olympic qualifiers, NCAA All-Americans, Olympic Trial qualifiers, and international-level competitors. Beyond keeping you safe, our counselors often become career-long role models and supporters of your swimming even after your camp experience. Overnight campers room with fellow swimmers their own age who share their love of swimming. These can become friendships that last a lifetime, many times across national borders and wide oceans that you never would have made had you not come to Pine Crest Swim Camp.

I and the rest of my staff are looking forward to working with you this summer. Please review the 2010 camp brochure.

Yours in swimming,  
Jay Fitzgerald Camp Director



## SESSIONS

Campers may attend for any number of weeks during the 7 weeks of camp. We recommend at least a two- to three- week minimum stay. If campers wish to extend their contracted time whilst in camp, the Directors will fill requests on space available.



## SPECIAL EVENTS

- Orlando Theme Parks
- Water Park Trip
- Snorkeling
- Laser Tag
- Bowling
- Mall Trips
- Deep Sea Fishing
- Movies

*\*Special event destinations and dates are yet to be finalized. Event dates may change as late as the week of the event*

# IMPORTANT INFORMATION

## REGISTRATION, FEES & REFUNDS

It is understood that a \$100.00 registration fee will accompany each application and applications will not be accepted without said fee. **This is not part of the camp dues.**

Applications are due by May 1, 2010. Applications received after May 1 are subject to a \$50 late fee. Total registration fee would then be \$150. Final payment is due 10 days prior to session signup.

Campers may not arrive prior to the opening of camp due to a week of staff orientation; the camp will not be prepared to accommodate, feed, or be responsible for the child. There are no deductions for late arrivals or early departures. Due to limited enrollment, campers are expected to attend for their full registered sessions. There are no refunds for campers who depart early due to homesickness, camper or parent wishes. *Refunds are given only in the case of severe accident or prolonged illness.*

Our camp strives to be an environment where people develop their best potential. For this reason, the Directors reserve the right to dismiss, **without refund**, any camper whose behavior is deemed unsuitable and detrimental to the best interest of the camp for misconduct and/or disciplinary reasons. Such acts include smoking of any kind, the use of illegal or non-prescriptive drugs, consumption of alcoholic beverages, or any conduct considered unacceptable to the Camp Directors. Pine Crest Swim Camp discourages the application of any camper who cannot conform to these policies.

Any damage to hotel room or facilities will be divided between responsible parties and charged to camper account.

## DATES FOR 2010

ALL OVERNIGHT CAMP SESSIONS START ON A SUNDAY AND END ON A SATURDAY.

ALL DAY CAMP SESSIONS START ON A MONDAY AND END ON A FRIDAY.

Camp Dates: June 13th to July 31th

	OVERNIGHT CAMP	DAY CAMP
SESSION 1	June 13 to June 19	June 14 to June 18
SESSION 2	June 20 to June 26	June 21 to June 25
SESSION 3	June 27 to July 3	June 28 to July 2
SESSION 4	July 4 to July 10	July 5 to July 9
SESSION 5	July 11 to July 17	July 12 to July 16
SESSION 6	July 18 to July 24	July 19 to July 23
SESSION 7	July 25 to July 31	July 26 to July 30



## RATES

WEEKS	OVERNIGHT CAMP	COMPETITIVE DAY CAMP
1 week	\$675.00	\$475.00
2 weeks	\$1350.00	\$950.00
3 weeks	\$2025.00	\$1425.00
4 week	\$2700.00	\$1900.00
5 weeks	\$3375.00	\$2375.00
6 weeks	\$4050.00	\$2850.00
7 weeks	\$4725.00	\$3325.00

CAMP REGISTRATION NON-REFUNDABLE FEE - \$100, \$150 AFTER MAY 1ST 2010.

## TUITION FEES INCLUDE:

Hotel accommodations, 3 well balanced meals per day, 1 snack, all regular activities and instruction, classroom supplies, all swimming workouts, stroke classes and local airport pickup/ departure. **Pine Crest Swim Camp supervised activities continue the entire 7 days of the week, including the weekends. All fees must be paid in full prior to arrival.**

## EXTRA FEES

These would include special trips to local points of interest, spending money, doctor or hospital bills, and personal items purchased at the Camp Store. Private Video lessons and stroke lessons are also available at additional cost. Disney World, snorkeling, and other optional trips are **at additional fees.**

## CAMP ACCOUNT

Deposits are made by all parents to cover spending money and personal purchases made by a camper while he/she is at camp. This would cover items purchased at the Camp Store, special trips and any other expenses incurred by the camper. The decision on how much money above the required minimum is placed in the camper's bank account is entirely up to the parent. It is required that a letter of approval for special, large purchases, such as clothing and large-cost items, be sent to camp prior to the time of purchase. A reimbursement check for the approximate amount should be mailed by the parent to the Camp Office. Our Camp Store workers are instructed by the administration to watch campers carefully so they will not overspend or duplicate purchases. All campers will receive an accounting of purchases and a cash refund at the end of the camper's stay.





## ARRIVAL/ DEPARTURE INFORMATION

The camp week starts on Sunday and ends on Saturday. Campers must arrive on Sundays and depart on Saturdays. Please make a note on your application to indicate your arrival and departure dates. There will be no exceptions to arrivals or departures. **Every effort should be made to arrange arrival between 9:00 am and 3:00 pm on Sunday, and departures between 9:00 am and 3:00 pm on Saturday.**

## TRAVEL INSTRUCTIONS

Campers arriving by automobile should take I-95 and exit in Fort Lauderdale at Cypress Creek EAST. Pine Crest is 2 miles east of I-95. Campers arriving by plane should try to schedule flights into Fort Lauderdale-Hollywood International, Miami International, or Palm Beach International\* airports before 12 noon on Sunday of their arrival. Our staff will meet your camper at the arrival gate.

Campers should be on the lookout for our staff who will be wearing **PINE CREST SWIM CAMP** staff shirts. If flying and son or daughter is a minor, your airline will require the name of the person collecting them from the airport. Please give the airline the name of our camp director **Jay Fitzgerald**.

\* MIA and PBI will have a \$75 pick-up and drop-off fee.

## MEDICAL CARE

Our staff will be available to care for your child should the need arise. In order for our staff to provide campers with complete care, the medical emergency form must be completed and returned. Should a camper require outside medical services including doctor, hospital services, medicine, etc., small bills will be paid by credit card authorization, hospital bills will be sent to the parents.

No camper will be allowed to attend camp without his/her **EMERGENCY MEDICAL FORM** and credit card with signature authorization form completed.

## CLOTHING/PERSONAL ITEMS

Campers may do their laundry in washers and dryers provided in the hotel for a nominal fee. Counselors will be available to provide assistance. It is essential that all clothes be plainly marked with camper's name.

Lost and found clothing is a problem every year. Therefore, we urge you to stress to your camper the need to keep track of their clothing during their stay at camp. We would like to suggest that parents send old clothes with their child to camp; purchase of new clothes is not necessary. Pine Crest



**WILL NOT** be responsible for any articles lost or misplaced during the campers' stay. **ALL CLOTHES AND ITEMS MUST BE PLAINLY MARKED WITH CAMPER'S NAME**

Thank you.

*Meeting your camper at the airport is very important to us. Please notify us immediately of any changes.*

The Travel Information form must be received at least 2 weeks prior to the camper's arrival.

*Here is the list of countries that were present at Pine Crest Swim Camp.*

ARUBA • AUSTRALIA • AUSTRIA • BAHAMAS • BARBADOS  
BRAZIL • CANADA • CAYMAN ISLANDS • COLOMBIA  
CZECH REPUBLIC • DENMARK • DOMINICAN REPUBLIC  
ENGLAND FRANCE • GERMANY • HONDURAS • HONG KONG  
INDONESIA • IRELAND • ITALY • INDIA • JAPAN  
MEXICO • PANAMA • POLAND • PUERTO RICO • SCOTLAND  
SPAIN • SWITZERLAND • UNITED STATES • VENEZUELA • ZAMBIA

*Come swim in our international waters and develop your olympic dreams.*

# SENIOR - 15 & OVER

## DAILY SCHEDULE:

6:00 am Bus from hotel to pool  
 6:30 – 9:00 am Morning workout  
 9:00 – 9:30 am Breakfast  
 10:20 – 10:45 am Camp meeting and snack  
 11:00 – 12:00 pm Classroom session  
 12:00 – 12:30 pm Lunch  
 12:30 pm Bus leaves for hotel  
 12:45 – 3:30 pm Rest period at the hotel  
 3:30 pm Bus leaves for the pool  
 4:00 – 6:00 pm Afternoon workout  
 6:30 – 7:00 pm Dinner  
 7:00 – 9:00 pm Evening activity  
 9:00 pm Bus leaves for hotel  
 9:15 – 9:30 pm Camper counselor meetings  
 9:30 pm Lights out all rooms

Continued membership in the **Senior Camp** by the recommendation of the Senior Camp Staff.



## 2010 AGE GROUP 14 & UNDER

7:30 am Bus leaves from hotel  
 8:00 – 8:30 am Breakfast  
 8:30 – 10:15 am Morning workout  
 10:20 – 10:45 am Camp meeting and snack  
 11:00 – 12:00 noon Classroom session  
 12:00 – 12:30 pm Lunch  
 12:30 pm Bus leaves for hotel  
 12:45 – 2:30 pm Rest period at the hotel  
 2:30 pm Bus leaves for pool  
 2:45 – 4:30 pm Afternoon practice:  
 Technique emphasis  
 4:30 – 5:30 pm Dry land  
 5:30 – 6:00 pm NIKE Lounge video  
 6:00 – 7:00 pm Dinner  
 7:00 – 9:00 pm Evening activity  
 9 pm Bus leaves for hotel  
 9:15 – 9:30 pm Camper counselor meetings  
 9:30 pm Lights out all rooms

## WHAT TO BRING CHECKLIST

- \_\_\_\_\_ 8 T- shirts
- \_\_\_\_\_ 1 Windbreaker
- \_\_\_\_\_ 2 Large swim towels
- \_\_\_\_\_ 2 Pairs of pants or jeans
- \_\_\_\_\_ 1 Pair of sweatpants
- \_\_\_\_\_ 6 Pairs of shorts
- \_\_\_\_\_ 4 Swim suits & caps
- \_\_\_\_\_ 8 Pairs of underwear
- \_\_\_\_\_ 1 Pair of running shoes
- \_\_\_\_\_ 1 Dress outfit (tie for boys/dress for girls)
- \_\_\_\_\_ Comb & brush, toothbrush
- \_\_\_\_\_ 1 Laundry bag & detergent
- \_\_\_\_\_ 2 Pairs of goggles
- \_\_\_\_\_ 1 Alarm clock
- \_\_\_\_\_ SUNSCREEN
- \_\_\_\_\_ Ear drops
- \_\_\_\_\_ Lip balm
- \_\_\_\_\_ Water Bottle
- \_\_\_\_\_ **A POSITIVE ATTITUDE**