2018 Speedo Championship Series
Southern Zone South Sectional
Championship
March 8-11, 2018

Sanctioned by: Florida Gold Coast Swimming, Inc. Sanction #FGSR030818SEC-1

Condition of Sanction:

• The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
• In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast, City of Plantation, and Plantation Swim Team and Booster Club shall be held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.
• Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or swimmer’s legal guardian to ensure compliance with this requirement.
• Use of audio or visual recording devices, including cell phones is permitted only in designated areas.
• Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Hosted by: The City of Plantation, Plantation Swim Team, and Booster Club.

Location: Plantation Aquatic Complex
9151 NW 2nd Street
Plantation, Florida 33324

Directions: Plantation Aquatic Complex is located in Central Park. From I-95 go west on 595. Exit north on Pine Island Blvd. to Broward Blvd. On Broward Blvd. head west approximately ¾ of a mile to Central Park Dr. (1st Stop light) On Central Park Dr. make a right. Park entrance is located on the right hand side.

All meet information will be posted on the Sectional Page of the Plantation Swim Team website: www.swimpst.com
Date & Start Times:

<table>
<thead>
<tr>
<th>Days</th>
<th>Prelims Warm-up</th>
<th>Prelims Begin</th>
<th>Finals Warm-up</th>
<th>Finals Begin</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, March 8, 2018</td>
<td></td>
<td></td>
<td>3:30 p.m.</td>
<td>5:00 p.m.</td>
</tr>
<tr>
<td>Friday, March 9, 2018</td>
<td>7:00 a.m.</td>
<td>9:00 a.m.</td>
<td>3:30 p.m.</td>
<td>5:00 p.m.</td>
</tr>
<tr>
<td>Saturday, March 10, 2018</td>
<td>7:00 a.m.</td>
<td>9:00 a.m.</td>
<td>3:30 p.m.</td>
<td>5:00 p.m.</td>
</tr>
<tr>
<td>Sunday, March 11, 2018</td>
<td>7:00 a.m.</td>
<td>9:00 a.m.</td>
<td>3:30 p.m.</td>
<td>5:00 p.m.</td>
</tr>
</tbody>
</table>

General Meeting: Friday, March 9 at 8:00 a.m. in the Hospitality Room at the Plantation Aquatic Complex (Upstairs Room 2). Any changes to the conduct of the meet will be announced at this meeting. It is the responsibility of each swimmer and coach to be aware of any changes during this meet.

Pool Spec & Timing: Competition Course – One eight lane 50 meter course. Continuous warm-up and warm-down area will be available in second 50 meter course (6 lanes). Water depth at the competition starting end is 11’6 and turn end is 4’. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado Timing System with full VIVILED video scoreboard will be utilized.

Eligibility: This meet is open to all swimmers who are 2018 registered members of USA Swimming and foreign athletes with proper travel credentials who have been invited by USA Swimming, who have achieved the published qualifying times between March 8, 2016 and the entry deadline. Entry times must be official times achieved at a USA Swimming sanctioned, approved, or observed meet, or a meet sanctioned by another FINA member federation.

Entries will be capped at 650 swimmers.

In-Section: IMPORTANT PLEASE NOTE: Coaches of Florida Swimming and Florida Gold Coast swimmers must reserve their team’s place in the meet by advising the host of the number of swimmers that they wish to enter in the meet by Friday December 1, 2017 at 12 noon eastern time.

Send your request Terrell Woods email: terrellwpst@aim.com

The following must be included in the email.
Team Name:
Coach Name:
Coach Email & Mobile Number:
Number of Male Athletes:
Number of Female Athletes:
Total Number of Athletes:
Once we have received your team’s request. We will then add your team to OME.

**Out of Section:**
A number of out-of-section and foreign athletes will be accepted into the meet. This number will be equal to the difference between the entry cap and the number of swimmers entered by in-section teams as described above. Out-of-section and foreign athletes will be accepted on first come first served basis starting on Friday, December 8, 2017 at 12 noon eastern time.

Send your request to Terrell Woods email: terrellwpst@aim.com

The following must be included in the email.
Team Name:
Coach Name:
Coach Email & Mobile Number:
Number of Male Athletes:
Number of Female Athletes:
Total Number of Athletes:

Once we have received your team’s request. We will then add your team to OME.

Accepted athletes and teams will be notified beginning Saturday, December 9, 2017.

*You should not make nonrefundable travel arrangements before you know your Team or Athletes are accepted into the meet.*

**Disability Athletes:**
PST is excited about the opportunity to include USA Swimming members with disabilities in our meet and highly encourage their participation. The swimmer’s disability must meet the definition of a disability as outlined in USA Swimming Rules and Regulations: A *permanent physical or mental impairment that substantially limits one or more major life activities.* Swimmers with disabilities may compete, earn awards and score points for their team in the same manner as able bodied swimmers. Such swimmers need not have achieved the included qualifying times for this meet. Entries for swimmers with disabilities should enter on OME and email Terrell Woods (terrellwpst@aim.com) prior to submitting OME entry.

The coach or athletes are responsible for notifying the Referee of any accommodations that are required in accordance with USA-S Rule 105.4.

Any athlete with a disability will be accommodated to the best of Meet Management’s ability. *Please contact the pool office ahead of time (minimum of two-weeks prior to start of event),* to allow for preparation (954)-452-2526 or email Terrell Woods at TerrellWPST@aim.com

**OME Entry Procedures:**

**On-Line Meet Entry (OME) –** Once your team has been accepted into the meet, your team will be added into OME. Entries will be processed using the USA
Swimming On-Line Meet Entry System (OME) only. Access this system from USA Swimming’s website at http://www.usaswimming.org.ome. Any team coach may initialize the entry. The account that initializes the entry will be the only account that has access to that team’s entries for this meet. That account must login and select “Enter Team”. Paper, Fax and Email entries will not be accepted.

OME Opens: 12:01 a.m. EST. Friday, February 2, 2018
OME Closes: 6:00 p.m. EST. Monday, March 5, 2018

OME Help:
Terrell Woods  FG Swimming 954-452-2526 or Terrellwpst@aim.com

Athletes may enter the meet using conforming and non-conforming times in this order: Long Course Meters (LCM), then Short Course Meters (SCM), then Short Course Yards (SCY). Converted times are not permitted.

Individual Entries: Use a time in the national database for entry that is faster than the qualifying time and achieved during the qualifying period. Swimmers may enter using an override time for times that are not in the national database. Override times must include the meet name and date. Override times must be proven to Administrative Referee by the scratch deadline for the event in question in order to be seeded.

OME RELAY ENTRY PROCEDURES; ENSURE “RELAY ONLY” SWIMMERS ARE INCLUDED IN THE TEAM ENTRY ROSTER.

200 Relays: Since there are no time Standards for 200 Free and Medley relay, it is acceptable to use an override time to enter these events. This will require an entry “Meet Location” and “Meet Date” fields. Please put the word “Entry” in the Field and the current date in the Meet Date Field.

Late Entries:
Late entries which otherwise meet all eligibility and entry requirements will be accepted for this meet provided the entry cap has not been reached. Qualifying times must have been achieved by the entry deadline. Swimmers entered in the meet must provide proof of USA Swimming membership. Swimmers must provide proof of submitted time for all late entries. Entry fees for late entries will be double the standard entry fee, relay fee, and athlete surcharge, and must be paid in “CASH ONLY.” As courtesy to meet management, coaches and swimmers are strongly encouraged to process late entries as early as possible in the meet registration process. Late entries will be accepted at any time after OME closing and prior to the scratch deadline by contacting Terrell Woods by email (terrellwpst@aim.com).

Entry Limit:

Individual Events: Swimmers may enter all events which they qualify, however they may only compete in six (6) individual events for the meet and no more than three (3) individual events per day.

Relay Events: Two (2) per team per event (A & B).
**Bonus Swims:**

**Bonus swarms will be available for the Spring Sectional Meet as follows:** Florida Swimming and Florida Gold Coast swimmers, qualified in one or more events may swim up to two (2) bonus event during the course of this meet, subject to entry limits for each day and the meet.

Bonus events do NOT include the 400 Free, 400 IM, 800 Free, 1500 Free

Swimmers from outside Florida Swimming and Florida Gold Coast Swimming may NOT enter Bonus Events.

**Bonus Swims Continued:**

**Entry Fees:**

<table>
<thead>
<tr>
<th>WITHIN SECTION</th>
<th>OUTSIDE SECTION</th>
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</thead>
<tbody>
<tr>
<td>$10.00 per individual event</td>
<td>$20.00 per individual event</td>
</tr>
<tr>
<td>$20.00 per relay team</td>
<td>$40.00 per relay team</td>
</tr>
<tr>
<td>$10.00 per swimmer meet surcharge</td>
<td>$20.00 per swimmer meet surcharge</td>
</tr>
</tbody>
</table>

All entries must be completed through USA-S OME online entry program and finalized/checked out by Monday, March 5, 2018 at 6:00 p.m. All teams will pay via check or cash to “Plantation Swim Team” upon arrival at the meet. Payment will be accepted in the Swim Team Office before picking up the Coaches Packets. All payments must be made before team or athletes first swim.

**Seeding:**

All events will be seeded fastest to slowest in order of LCM, SCM, and then SCY, unless otherwise specified in this meet announcement.

**Flighting:**

In the situation where the number of entries, including bonus swims, drives a preliminary session beyond approximately two hours and forty minutes in duration (using flyover start intervals), at meet referee discretion, and with the approval of both the FGC and Florida Senior Chairs, the session may be flighted in the manner described below:

**“A” Flight**

- 50’s  All Heats
- 100’s  Fastest 10 Heats
- 200’s  Fastest 8 Heats
- 400’s  Fastest 5 Heats

**“B” Flight all remaining heats.**

If session is flighted, swimmers who are “no-show “ for the B-flight will not be penalized.
**Positive Check-in / Scratches:**

**PRELIMS:** Scratches prior to the seeding of the heats shall be confirmed by properly filling out and depositing a scratch card in the scratch box located at The Clerk of Course / Administrative Referee table.

**POSTIVE CHECK-IN & SCRATCH DEADLINE:**

<table>
<thead>
<tr>
<th>Event Date</th>
<th>Event Time</th>
</tr>
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<tbody>
<tr>
<td>Thursday, March 8th</td>
<td>4:15 p.m.</td>
</tr>
<tr>
<td>Friday, March 9th</td>
<td>5:30 p.m.</td>
</tr>
<tr>
<td>Saturday, March 10th</td>
<td>5:30 p.m.</td>
</tr>
<tr>
<td>Sunday, March 11th</td>
<td>5:30 p.m.</td>
</tr>
</tbody>
</table>

Positive check-in is required to be seeded in Women’s and Men’s 800 Free, Women’s and Men’s 1500 Free. Positive check-in will be available at the Clerk of Course / Administrative Referee table.

Positive check-in for Thursday, March 8, events **ONLY** will be accepted by the deadline in person and/or by emailing: Terrell Woods - terrellwpst@aim.com.

**Note:** **Email CHECK-IN deadline must be received by 4:00 p.m.**

Any swimmer who fails to swim in a preliminary event who has not properly scratched from the event as described above will be fined $10.00 cash only. There is no event penalty. Upon payment of the fine, the swimmer will be eligible to continue competing in the meet. Swimmers must then declare his/her intent to swim with the Administrative Referee for all their subsequent events prior to closing of the scratch box for that day’s events.

**FINALS:** Any swimmer who competes and as one of the fastest thirty two (32) swimmers in prelims must swim A-Finals, B-Finals, C-Finals or D-Finals (18 & Under Finals), or declare his/her possible intention to scratch to the Clerk of Course / Administrative Referee within thirty (30) minutes of the announcement or posting of the preliminary results of that event and further declare their intentions within 30 minutes of their last individual preliminary event. “Failure to Swim” will result in the swimmer being fined $25.00 Cash. Upon payment of the fine, the swimmer will be eligible to continue competing in the meet. In the case of missing a Sunday night final, payment of $25.00 must be made in order to compete in in future Speedo Championship Series meet.

A swimmer not in the originally announced or posted in the fastest thirty two (32) swimmers, who is seeded in a final due to the scratch of another swimmer, will not be penalized for failing to swim in that final.

**D-Final:** Will be for 18 & under athletes **ONLY**.

**Note 1:** Alternates wishing to swim in an open lane in finals must be at the starting area prepared to step on the block for the swim when the swimmers are called to the blocks. The Referee will instruct the Announcer to call for the alternate.

**Note 2:** Scratches must be done individually; “team” scratches are not acceptable.
800 & 1500 Free: Thursday’s women’s 1500 and men’s 800 free – Positive Check-in is required to be seeded. These events will be swum fastest to slowest, alternating women and men, until the first heat scheduled to finish after 7:00 p.m. Any remaining heats will be swum, alternating women and men, after the relays.

Sunday’s women’s 800 and men’s 1500 Free – Positive check-in is required in order to be seeded. Swimmers may indicate their preference to swim in the preliminary session. The top eight swimmers who state no preference shall be seeded to compete in the finals. The swimmers or coach should CLEARLY write “AM” next to their name when they check-in if they desire to swim in preliminaries. The remaining heats will swim fastest to slowest, alternating women and men after the Relays and the B flight.

400 IM / 400 Free

Event 17 & 18, Women’s & Men’s 400 IM
Event 31 & 32, Women’s & Men’s 400 Free

Will be swum as follows:
1. Fastest 5 heats of women
2. Fastest 5 heats of men
3. All remaining heats, alternating women and men, fastest to slowest, in the “B” Flight.

Relay Events: Thursday night’s relays will all be pre-seeded.

Event # 19-20, the Women’s & Men’s 800 Free Relay
Event # 33-34, the Women’s & Men’s 400 Medley Relay
Event # 43-44, the Women’s & Men’s 400 Free Relay

All heats will be swum at the end of finals on Friday, Saturday and Sunday in the following order:
1. 2nd fastest women’s heat, fastest women’s heat.
2. 2nd fastest men’s heat, fastest men’s heat.
3. All remaining heats, alternating women and men fastest to slowest.
4. For Sunday’s 400 Free Relay, teams may declare their preference to swim in either the prelims or finals session to the Administrative Referee by the Scratch deadline on Saturday. If no preference is declared, the team will be seeded to swim in finals. The relay events during the prelims session will be swum all women, all men, fastest to slowest, at the end of the “A” flight before the “B” flight and the individual distance events.

Finals: Finals events will be swum in the following order: A-Final, B-Final, C-Final, D-Finals (18 & Under).

A-Finalist will be paraded.
B-Finalist will be announced behind the blocks.
C-Finalist will be announced in the water.
D-Finalist (18 & Under) will be announced in the water.
Breaks: There will be a 5 minute break before relays in each session and between events 4 and 5, events 6 and 7, and events 7 and 8.

Scoring: The top 24 places in each event will be scored.

**Individual:**
- 1-8 Place: 32, 28, 27, 26, 25, 24, 23, 22,
- 9-16 Place: 20, 17, 16, 15, 14, 13, 12, 11,
- 17-24 Place: 9, 7, 6, 5, 4, 3, 2, 1

**Relays:**
- 1-8 Place: 64, 56, 54, 52, 50, 48, 46, 44,
- 9-16 Place: 40, 34, 32, 30, 28, 26, 24, 22,
- 17-24 Place: 18, 14, 12, 10, 8, 6, 4, 2

No points will be awarded when qualifying times are not achieved, but qualifying times may be achieved during prelims or finals.

Awards:
- Individual Events: 1st – 8th
- Relays: 1st – 3rd
- Team High Point Awards:
  - Combined: 1st–5th
  - Women: 1st – 3rd
  - Men: 1st – 3rd

Rules: Current USA Swimming rules will apply.

Officials:
- Meet Referee: Adam Zeichner
- National Evaluator: Bill Rose
- Computer Scoring: TBA
- Meet Director: Terrell Woods email: terrellwpst@aim.com

This meet will be designated as an Officials Qualifying Meet for N2 and N3 Officials Certification. Officials wishing to be evaluated must apply to the Meet Referee. “Application to Officiate” forms for this meet can be found on the Southern Zone Website: [https://www.teamunify.com/Home.jsp?team=szls](https://www.teamunify.com/Home.jsp?team=szls) click on the application tab. Follow the directions on the form for submitting your application.

Officials briefing will be held one hour prior to each session.

Identification: Coaches and officials shall wear their credentials in a conspicuous location at all times during the meet.

Deck Restrictions: USA Swimming Insurance Safety Regulations require the swimming pool deck, during the operation of the Florida Gold Coast Swimming, Inc. sanctioned meets, be closed to all persons except swimmers, coaches, marshals, officials and meet personnel. Credential tags must be presented to enter the pool deck area.
Changing In/Out Of Swimsuits: Except where venue facilities require otherwise, changing into, or out of swimsuits, other than locker room or other designated areas is not appropriate, and is prohibited.

Camera Free: The Florida Gold Coast Swimming CAMERA FREE ZONE policy is effect at this meet. No person may use a camera or other device capable of recording still or video images in the area behind the starting blocks, in locker rooms, changing area, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and / or may be barred from the facility during the sanctioned event.

Information: FG Senior Chairman: Sid Cassidy – coachsid@gmail.com
Florida Gold Coast Swimming Office: Dick Cavanah - npbcoach4@aol.com
Facility: Terrell Woods – terrellwpst@aim.com

Warm-up Schedule
Pool Opens Prelims 7:00 a.m. / Finals 3:30 p.m.

Pool 1. Competition Course
LANES – 7:00 a.m. to 8:00 a.m. (General Warm-up) 8:00 a.m. to 8:50 a.m. (Controlled Warm-up)
1. Push off 50's or 100 pace (circle swimming)
2. 8:15 a.m. Racing start. One way only. Diving Well End.
3. Swimming and pulling (push off)
4. Swimming and pulling (push off)
5. Swimming and pulling (push off)
6. Swimming and pulling (push off)
7. 8:15 a.m. Racing start. One way only. Diving Well End.
8. Push off 50's or 100 pace (circle swimming)

Pool 2. 50 Meters ABSOLUTELY NO DIVING
1. PACE - Push off 50's or 100 pace (circle swimming)
2. Swimming and pulling (push off)
3. Swimming and pulling (push off)
4. Swimming and pulling (push off)
5. Swimming and pulling (push off)
6. Swimming and pulling (push off)
7. Public Lap Swim
8. Public Lap Swim

*No equipment allowed during warm-up in competition pool.
*No racing starts in warm-up or warm-down lanes during the meet.
*Enter the water feet first with one hand on the deck when entering the pool at all times during warm-up.
### Speedo Championship Series – Spring Meet

#### Thursday, March 8, 2018

<table>
<thead>
<tr>
<th>Event #</th>
<th>Event</th>
<th>Conforming Times</th>
<th>Non-Conforming Times</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Long Course Meters</td>
<td>Short Course Meters</td>
</tr>
<tr>
<td>1</td>
<td>1500 Free Women*</td>
<td>18:57.79</td>
<td>X</td>
</tr>
<tr>
<td>2</td>
<td>800 Free Men*</td>
<td>X 9:15.19</td>
<td>X</td>
</tr>
<tr>
<td>3-4</td>
<td>200 Medley Relay*</td>
<td>NT NT</td>
<td>NT NT</td>
</tr>
<tr>
<td>5-6</td>
<td>200 Free Relay*</td>
<td>NT NT</td>
<td>NT NT</td>
</tr>
<tr>
<td>7</td>
<td>200 Mix Med Relay*</td>
<td>NT NT</td>
<td>NT NT</td>
</tr>
<tr>
<td>8</td>
<td>200 Mix Free Relay*</td>
<td>NT NT</td>
<td>NT NT</td>
</tr>
</tbody>
</table>

*Events 1-2 will be deck seeded. Positive check-in by 4:15 p.m. is required to be seeded in events 1 & 2. Events 1 & 2 will be swum fastest to slowest, alternating one heat of event 1 and one heat of event 2 until the first heat that runs past 7:00 p.m. After a 5 minute break, events 3 thru 8, the relays will be swum. There will be a 5 minute break between events 4 and 5, events 6 and 7, and events 7 and 8. After event 8, all remaining heats of 1 and 2 will be swum.

#### Friday, March 9, 2018

<table>
<thead>
<tr>
<th>Event #</th>
<th>Event</th>
<th>Conforming Times</th>
<th>Non-Conforming Times</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Long Course Meters</td>
<td>Short Course Meters</td>
</tr>
<tr>
<td>9-10</td>
<td>200 Freestyle</td>
<td>2:17.19</td>
<td>2:13.19</td>
</tr>
<tr>
<td>11-12</td>
<td>100 Breast</td>
<td>1:24.59</td>
<td>1:22.59</td>
</tr>
<tr>
<td>13-14</td>
<td>50 Back</td>
<td>34.69</td>
<td>33.69</td>
</tr>
<tr>
<td>15-16</td>
<td>100 Butterfly</td>
<td>1:10.19</td>
<td>1:08.19</td>
</tr>
<tr>
<td>19-20</td>
<td>800 Free Relay**</td>
<td>9:31.19</td>
<td>9:15.19</td>
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</tbody>
</table>

**See Relay Note in body of Meet Announcement: All relays will be swum at the conclusion of finals.
### Saturday, March 10, 2018

<table>
<thead>
<tr>
<th>Event #</th>
<th>Event</th>
<th>Women (Long)</th>
<th>Men (Long)</th>
<th>Women (Short)</th>
<th>Men (Short)</th>
<th>Women (Short Yards)</th>
<th>Men (Short Yards)</th>
</tr>
</thead>
<tbody>
<tr>
<td>21-22</td>
<td>100 Backstroke</td>
<td>1:14.29</td>
<td>1:07.89</td>
<td>1:12.29</td>
<td>1:05.89</td>
<td>1:05.09</td>
<td>58.69</td>
</tr>
<tr>
<td>23-24</td>
<td>50 Breaststroke</td>
<td>39.79</td>
<td>35.59</td>
<td>38.79</td>
<td>34.59</td>
<td>34.49</td>
<td>30.69</td>
</tr>
<tr>
<td>25-26</td>
<td>50 Butterfly</td>
<td>32.59</td>
<td>29.19</td>
<td>34.09</td>
<td>28.19</td>
<td>28.89</td>
<td>25.59</td>
</tr>
<tr>
<td>29-30</td>
<td>50 Freestyle</td>
<td>29.39</td>
<td>26.59</td>
<td>28.39</td>
<td>25.59</td>
<td>25.89</td>
<td>23.09</td>
</tr>
<tr>
<td>33-34</td>
<td>400 Md. Relay**</td>
<td>4:54.29</td>
<td>4:25.49</td>
<td>4:46.29</td>
<td>4:17.49</td>
<td>4:18.89</td>
<td>3:53.89</td>
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</tbody>
</table>

**See Relay Note in body of Meet Announcement. All relays will be swum at the conclusion of finals.

### Sunday, March 11, 2018

<table>
<thead>
<tr>
<th>Event #</th>
<th>Event</th>
<th>Women (Long)</th>
<th>Men (Long)</th>
<th>Women (Short)</th>
<th>Men (Short)</th>
<th>Women (Short Yards)</th>
<th>Men (Short Yards)</th>
</tr>
</thead>
<tbody>
<tr>
<td>37-38</td>
<td>100 Freestyle</td>
<td>1:03.59</td>
<td>57.49</td>
<td>1:01.59</td>
<td>55.49</td>
<td>56.09</td>
<td>50.39</td>
</tr>
<tr>
<td>39-40</td>
<td>200 Breaststroke</td>
<td>3:02.49</td>
<td>2:45.29</td>
<td>2:58.49</td>
<td>2:41.29</td>
<td>2:40.79</td>
<td>2:24.79</td>
</tr>
<tr>
<td>43-44</td>
<td>400 Free Relay #</td>
<td>4:24.89</td>
<td>4:00.69</td>
<td>4:16.89</td>
<td>3:52.69</td>
<td>3:54.69</td>
<td>3:30.69</td>
</tr>
<tr>
<td>45</td>
<td>800 Women Free##</td>
<td>9:54.39</td>
<td>X</td>
<td>9:38.39</td>
<td>X</td>
<td>11:03.99</td>
<td>X</td>
</tr>
<tr>
<td>46</td>
<td>1500 Men Free##</td>
<td>X</td>
<td>17:44.99</td>
<td>X</td>
<td>17:14.99</td>
<td>X</td>
<td>17:21.69</td>
</tr>
</tbody>
</table>

### SUNDAY FINALS ORDER OF EVENTS

- 45 Women’s 800 M Freestyle
- 35-36 200 M Butterfly
- 37-38 100 M Freestyle
- 46 Men’s 1500 M Freestyle
- 39-40 200 M Breaststroke
- 41-42 200 M Backstroke
- 43-44 400 M Free Relay
MARCH 8-11, 2018

SANCTIONED BY: Florida Gold Coast Swimming, Inc., Sanction # SZZS030818 - TT1

HOSTED BY: The City of Plantation, Plantation Swim Team, and PST Booster Club

LOCATION: The City of Plantation, Plantation Swim Team, and PST Booster Club

TIME: Approximately 15 minutes after the conclusion of the final preliminary heats on Thursday, Friday, Saturday & Sunday

NOTE: Sunday Time Trial availability is subject to change as time permits due to the operation of the regular meet.

POOL: Competition Course – One eight lane 50 meter course. Continuous warm-up and warm-down area will be available in second 50 meter course (6 lanes). Water depth at the competition starting end is 4’ and turn end is 11’6”. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado Timing System with full VIVILED video scoreboard will be utilized.

ELIGIBILITY: Open to all swimmers already properly entered in the Southern Zone South Sectional meet.

ENTRY LIMIT: Three (3) individual events per day, including events swum in the Sectional meet. The order of events will be swum only one time each day.

ENTRY FEE: $20.00 per event. CASH ONLY will be accepted.

ENTRIES: Will be accepted in the swim team office until 11:00 a.m. each day.

SCRATCHES: No penalty for scratching at the block.

RULES: USA Swimming rules will apply.

MEET REFEREE: Adam Zeichner
## EVENTS:

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<th>Thursday</th>
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<td>203-204</td>
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<td>209-210</td>
<td>400 IM</td>
<td>309-310</td>
<td>50 Free</td>
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<td>211-212</td>
<td>100 Back</td>
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<td>200 Breast</td>
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2018 USA Speedo Sectionals (Mar. 8-11, 2018)

Courtyard by Marriott Fort Lauderdale Plantation
7780 SW 6th Street
Plantation, FL 33324

http://www.marriott.com/meeting-event-hotels/group-corporate-travel/groupCorp.mi?
resLinkData=PLANTATION%20SWIM%20TEAM%5EFL%5ESSWIM%5EPLANTATION%60PSTPSTA%60161.00%60USD%60f
alse%601%603/8/18%603/11/18%602/8/18&app=resvlink&stop_mobi=yes

Rates: (Include comp. internet, & comp. parking)

Double/Double Room $161/night
*These rates are valid if you book on or before: 2/8/18

Hampton Inn Plantation
7801 SW 6th St.
Plantation, FL 33324

To make a reservation call (800)426-7866, give the hotel, the dates, and ask for the “USA Speedo
Sectionals” group rate or click on the link below: (press 1 and give hotel name)

WT.mc_id=POG

Rates: (Include comp. internet, comp. breakfast, & comp. parking)

Queen/Queen Room $188/night
King Room $188/night
*These rates are valid if you book on or before: 2/8/18

Holiday Inn Express Plantation
1701 N University Drive
Plantation, FL. 33322

To make a reservation call the hotel directly at 954-472-5600 or toll free 1-866-285-0961. Please give
dates and refer to group code PST or group name 2018 PST Booster Club at time of reservation.

Rates: (Include comp. internet, comp. breakfast, & comp. parking)

Double (Queen/Queen) $164/night
*These rates are valid if you book on or before: 2/9/18

***If you are having problems with any reservations please feel free to contact Craig Rehak at
(708)288-1673 for assistance***