



# Shark Attack

The Bolles Sharks Newsletter



Volume 6

"Anyone who has never made a mistake has never tried anything new." Albert Einstein



## Age of Aquatics...

Helping Your Team At Meets  
By Martin Zubero

The first question might be, "Why should you help your swim team at meets?" The simplest reason is also the most powerful. You should help because your child benefits greatly from the program. The second reason is that meets cannot function without substantial volunteer help.



Every Bit Counts!

Look at the finances of swimming for a moment. Nobody likes to pay bills. Now count up the hours that are available for your child to participate in the program. Divide your monthly fee by those hours, and you will come

out with substantially less than you pay your babysitter. On top of that, the coaches provide a service to your child that develops values, education, social skills and physical exercise.

*Continued on page 2*



## A Day in the Life

By Christian Bahr

The summer season is here and the Sprint Explosion is upon us! Anyone hoping the long course pool might magically make the transition again to short course need only to look at its lack of short course backstroke flags to find their answer: It is time for big pool swimming!

And that's a good thing! Coming off of an incredibly successful short course season, one that also saw Bolles swimmers perform very well long course, the entire team from the Makos to our Olympic Trials qualifiers ought to be excited about the way the season is shaping up. In light of all the success, we want to be sure to keep everyone informed of some of the big successes we've had since the last newsletter.

Spring Southern Zone Southern Sectional Championships – Try saying that three times fast! Sure, it's a mouthful of words, but it's also one of the premier club level meets in Florida each year and offers a chance for Bolles to measure itself against the best swimmers our region has to offer. We didn't just measure up, Bolles set the bar!

*Continued on page 2*

Page 3 News And Notes:

- Swimmers of the month
- Summer Camp

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

*April birthdays on page 4*



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## Age of Aquatics...

Continued from page 1

Volunteering your time and effort at swimming meets is the best way to give back to your club. People have strange attitudes toward working with organizations. In most, a few people do a tremendous amount of work that helps everyone. This is a bad deal for everyone as that person sooner or later burns out, leaving a huge hole to fill. The club needs a little bit of time from everyone. The simple goal is to devise a plan where the coaches are left free to do what they do best....to coach.

Meets do not run themselves. Even with electronic timing and computers, it takes 30-45 people a day to run an efficient meet. There is a vast array of jobs that include officiating, timing, concessions, awards, and hospitality for officials, coaches, and timers. Your help is vital and this is the one time that money will not substitute for your physical presence.

A successfully run meet benefits the club but, more importantly, your child. The visiting teams your children are racing against will want to come back to future meets since we are providing an invaluable service. With several meets around the corner, this is your opportunity to support your program. So please sign up and volunteer. Thank you!



Thanks for the help!



## A Day in the Life

Continued from page 1

The Bolles School Sharks took home the overall team championship after a third place finish for the women and a resounding first place finish for the men. It was a very competitive meet, often taking a Junior National, U.S. Open or Olympic Trials qualifying time to score. The meet also featured likely Olympians Dara Torres and Ryan Lochte, but the long shadow these swimmers cast didn't intimidate our team. 22 Bolles swimmers scored in the top eight; 28 more in the top sixteen; an additional 28 in the top twenty-four. Bolles also won five of the relays, placed second in two others, and third in one more.

A number of Bolles swimmers also represented our team at the Junior Nationals in Orlando. Ask Coach Jon and he'll tell you two things about this meet: Very fast and very, very long. Very long. Long. Oh, and FAST!!! We rose to the challenge, with many of the swimmers posting best times and several scoring in the top 16, including Megan Fonteno, Aubrey Peacock, and Tori Richmond. Bolles placed third in the women's 200 free relay, ninth in the women's 400 free relay and fifteenth in the women's 800 free relay.

The Bolles School Sharks are making a splash on the international scene. Several of our swimmers represented their home countries at the XXIII Carifta Swimming Championships in Aruba.

Continued on page 3



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## *A Day in the Life*

page 2

Continued from

Danielle Beaubrun placed first in the 50 breast, second in the 100 breast, and third in the 200 breast; Anna Vanderpool-Wallace placed first in the 100 fly, first in the 200 free, first in the 50 fly, first in the 100 free, first in the 200 fly, and first in the 400 free; Rodion Davelaar placed first in the 50 free and third in the 100 free; Brian Forte placed eighth in the 200 free. Vanderpool-Wallace has also posted times qualifying her to represent her native Bahamas at the 2008 Summer Olympics, in Beijing.

Nimrod Shapira Bar-Or represented his native Israel while competing at the 2008 European Championships in Eindhoven, Netherlands, where Bar-Or posted some of his best times. He improved when joining several more Bolles swimmers at the Toyota Grand Prix meet in Ohio. Shapira Bar-Or went up against living

swimming legend Michael Phelps in the 200 free, placing fourth in the event in a very tight field of former and potential Olympians. Chris Hagedorn also raced Phelps, but in the 100 fly, where Hagedorn qualified for Olympic Trials and finished in fifth place. Anna Vanderpool-Wallace finished fifth in the 50 free and third in the 100 free, where she raced Olympian Katie Hoff. Bolles finished second in the men's 400 free relay, sixth in the men's 400 medley relay, and fifth in the men's 800 free relay.

While many of these accomplishments have been achieved by those at the senior end of the Bolles School Sharks, they should serve as inspiration to swimmers at all levels of our program. Above all, Bolles is a team, and when one person on our team achieves success all of us should be proud to have been a part of it, in one way or another.

Let's look forward to an exciting long course season!

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## *News and Notes*

### *Swimmers of the Month:*

The swimmers of the month do not appear in this issue because of the move-ups that took place after spring break. We wanted to give all swimmers in each group time to earn the title, something that could not have been fairly done on such a short schedule. The swimmers of the month will return in May.

### *Swim Camp*

With summer fast approaching we want to invite anyone interested to join our one-week camps in the Bolles dormitory. Bolles swimmers will be given a discounted rate of \$575. Please go online to [www.bollesswimming.org](http://www.bollesswimming.org) for more information and registration.



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## April's Birthdays

Emily Gilreath-3rd  
 Lowry Harper-7th  
 Hailey Grubbs-9th  
 Zach Lowe-9th  
 Leah Solomon-9th  
 Chip Anderson-10th  
 Chelsea Reeves-11th  
 Kylee Talwar-15th  
 Brian Schaefer-17th  
 Jordyn Costa-19th  
 Austin Siemaska-20th  
 Blake Hakimian-22nd  
 Charles Totten-24th  
 Nimrod Shapira Bar-Or-25th  
 Catie Delaney-28th

"Age is a high price to pay for maturity."  
 Tom Stoppard

April 2008						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
		1	2	3 	4	5
6	7 	8	9 	10 	11 	12
13	14	15 	16	17 	18	19 
20 	21	22 	23	24 	25 	26
27	28 	29	30			

April may be best known for April Fool's Day on the first. Here are a couple of famous gags:

In 1957 a BBC program showed the Swiss harvesting spaghetti from trees, claiming that the spaghetti weevil had been eradicated. Lots of people called in asking how to harvest their own spaghetti trees.

In 1998, Burger King claimed to have made a left-handed burger where the condiments dripped out of the right side only. Customers ordered the new burgers, some even asking for the old "right-handed" burgers.

- All material taken from Wikipedia.