SPA's Penny Per Yard Sunday Morning Races 11/6/16

This Meet will be Seeded Fastest to Slowest

$2 Heat Sheet Surcharge per Swimmer

Sanctioned by: Florida Swimming of USA Swimming # 3832
"In granting this approval it is understood and agreed the USA-S/ FL shall be free and held harmless from any liabilities or claim from Damages arising by reasons of injuries to anyone during the Conduct of the event."

Deck Changing: **Deck changing IS PROHIBITED AT THE NORTH SHORE POOL.**

Condition of Sanction: Any swimmer entered in the meet, unaccompanied by USA-S member coach, must be certified by a USA-S member coach as Being proficient in performing a racing start or must start each Race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with This requirement. The competition course has been certified In accordance with 104.2.2C(4). The copy of such certification Is on file with USA Swimming.

Sponsored by: St. Petersburg Aquatics, City of St. Petersburg Department of Leisure Services

Type of Meet: Age Group and Senior 25 Yard Short course, Timed Finals

Date and Time: Sunday November 6, 2016, 9:30pm start. Warm-up 8:00am
11 & older 8:00am to 9:00am – 10&U 9:00am to 9:20am

Location: North Shore Pool
901 North Shore Drive NE, St. Petersburg, FL 33701

Pool Spec: Certified 25 Yard, outdoor pool with a max of 20 short course racing lanes having a minimum depth of 4 feet, at both starting ends, and non-turbulent lane lines. Numerous lanes for constant warm down.

Timing Equipment: Colorado Timing System with scoreboard

Eligibility: Open to all USA Swimming registered swimmers. On deck registration will be allowed. The 2017 USA-S form, fee, etc, must be presented to the Referee.

Seeding: 25 Yard times will be used for seeding. No Converting Times. Meet will be seeded fastest to slowest.

Scratches: No penalty for scratching on the block.

Entry Limit: Entries will be limited to keep the meet under the four (4) hours per session. Fly Over Starts may be used to control the length of the meet. Swimmers will be limited to a maximum of three (3) events. Swimmers posting entries over the event limit will be considered as entered in the first three (3) events listed.

Entry Form: Entries must be submitted on Hy-Tek disk. Please enclose hard copy of entries from Hy-Tek along with the disk.

Entry Fee: Individual events: **ONE CENT PER YARD**
ALL 25 YARD EVENTS = 25 CENTS
ALL 50 YARD EVENTS = 50 CENTS
ALL 100 YARD EVENTS = $1.00
ALL 200 YARD EVENTS = $2.00
HEAT SHEET SURCHARGE $2 PER SWIMMER

FACILITY SURCHARGE - $7 PER SWIMMER. ALL ENTRY FEE MUST BE PAID BEFORE THE START OF THE MEET. NO SWIMMERS WILL BE PERMITTED TO COMPETE IN THE MEET, TILL ALL ENTRY FEES ARE PAID. **ALL TEAM MUST PAY WITH A SINGLE CHECKS. TEAMS PAYING WITH MULTIPLE CHECKS, FROM INDIVIDUAL FAMILIES WILL BE CHARGED A $1 PER CHECK PROCESSING FEE.**

Deck Entry: Deck entries will be accepted to fill heats only. No new heats will be created. Each deck entry will cost $10.00. All deck entries must be accepted by the Administrative Referee and assigned a
lane by 8:45 am. A swimmer may not drop an event to deck enter another event, and the entry limit of 4 pre-entered events remains.

Entry Deadline: All entries must be submitted by **Sunday, October 30, 2016 at 1pm.**
Enclose checks and make payable to **St. Petersburg Aquatics.**
Please send **Express Mail Overnight** to:

Mr. Fred Lewis
St. Petersburg Aquatics
North Shore Pool
901 North Shore Drive, NE
St. Petersburg, FL 33701
SWIMSTPETE@AOL.COM

Awards: Age Group events: 1st - 10th Place: Ribbon-No awards for Seniors

Rules: Current USA Swimming Technical rules will govern. Safety Rules, as outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. All coaches must have their current 2016 or 2017 USA Swimming coaching credentials in plain sight, while on the deck of the pool <u>or be able to show current coach membership on Deck Pass</u>.

Team Representative: Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet must be given to the referee. The coach and only that person will be recognized.

Proof of Coach/Official Membership Coaches and Officials shall wear their USA Swimming Registration card in a conspicuous manner on their person at all times, while on the deck during the meet <u>or be able to show current coach membership on Deck Pass</u>.

Coach Supervision: All swimmers must be supervised by a USA Swimming Certified Coach. Any swimmers attending the meet without a certified coach must take responsibility for finding a certified coach, who will be responsible for them during all warm-ups and sessions of the meet. That agreement must be submitted in writing to the referee before the swimmer is allowed in the meet.

Warm-Up Schedule: The first 25 minutes will be general warm-up as listed below. The last 25 minutes will be controlled warm-up as listed below.

Lane 1 Push off 50's pace (circle swimming)	Lane 1 Push off 50's pace (circle swimming)
Lane 2 Swimming and pulling only (push-off no equipment)	Lane 2 Racing start one length only
Lane 3 Swimming and pulling only (push-off no equipment)	Lane 3 Racing start one length only
Lane 4 Swimming and pulling only (push-off no equipment)	Lane 4 Swimming and pulling only
Lane 5 Swimming and pulling only (push-off no equipment)	Lane 5 Swimming and pulling only
Lane 6 Swimming and pulling only (push-off no equipment)	Lane 6 Swimming and pulling only
Lane 7 Swimming and pulling only (push-off no equipment)	Lane 7 Swimming and pulling only
Lane 8 Swimming and pulling only (push-off no equipment)	Lane 8 Racing start one length only
Lane 9 Swimming and pulling only (push-off no equipment)	Lane 9 Racing start one length only
Lane 10 Push off 50's pace (circle swimming)	Lane 10 Rush off 50's pace (circle swimming)

*****Except for racing start, swimmers must enter the pool feet first with one hand touching the deck of the pool***NO EQUIPMENT ALLOWED IN THE POOL AT ANY TIME**

Camera Zones: Per Florida Swimming Rule 223.12, Meet management shall designate and inform the public of CAMERA ZONES at each swim meet where both still and video photography of a race or a competitor may be taken. The entire pool deck at The North Shore Pool is a no camera zone. All locker rooms and bath rooms are a no camera zone. The only permitted camera zone at the North Shore Pool is the North Spectator Bleachers, EXCEPT DURING THE START OF ALL 25 YARD RACES. Any individual failing to abide by the rule could be subject to the Florida Swimming Code of Conduct violation as defined in rule 239.2

Officials: Referee: Kevin Mooren Chief Stroke and Turn: Joe Finke
Admin. Referee: Michelle Walker Head Marshall: Samantha Mooren
Starter: Jeannie Finke and Ken Walker

Meet Manager: Fred Lewis 727 471 8896,

THIS MEET WILL BE SEEDED FASTEST TO SLOWEST

Sunday, November 6, 2016. (Swimmers may enter a maximum of three (3) events
WARM-UP (11 & OLDER-8:00AM TO 9:00AM)(10 & UNDER 9:00AM TO 9:20AM)
MEET STARTS AT 9:30AM

Event Number G - B	Age Group	Event	Event Number G - B	Age Group	Event
1 - 2	Senior	100 Back+	25 - 26	Senior	100 Breast+
3 - 4	Senior	200 Back+	27 - 28	Senior	200 Breast+
5 - 6	11 & 12	50 Back	29 - 30	11 & 12	50 Breast
7 - 8	10 & U	50 Back	31 - 32	10 & U	50 Breast
9 - 10	9 & 10	25 Back	33 - 34	9 & 10	25 Breast
11 – 12	8 & U	25 Back	35 – 36	8 & U	25 Breast
13 - 14	Senior	100 Fly+	37 - 38	Senior	100 Free+
15 - 16	Senior	200 Fly+	39 - 40	Senior	50 Free
17 - 18	11 & 12	50 Fly	41 - 42	11 & 12	50 Free
19 - 20	10 & U	50 Fly	43 - 44	10 & U	50 Free
21 - 22	9 & 10	25 Fly	45 – 46	9 & 10	25 Free
23 - 24	8 & U	25 Fly	47 – 48	8 & U	25 Free
			49 – 50	Senior	200 Free+ 1

+ALL 100 & 200 YARD EVENTS WILL BE COMBINED BY AGE AND GENDER AND SCORED SEPARATELY
1 LIMITED TO THE FASTEST 40 GIRLS & 40 BOYS, CHECK-IN BY 9:30AM, NO REFUNDS FOR OVER ENTRY.