

Treasure Coast Swimming Conquistadores

Spring Invitational



March 5-6, 2016

Sanction By: 3593

Florida Swimming of USA Swimming #

"In granting this approval it is understood and agreed that USA-S and FL shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."

Condition of Sanction:

1. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
2. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming OR the competition course has not been certified in accordance with 104.2.2(C).
3. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Hosted By:

Treasure Coast Swimming

Type of Meet:

25 yard short course/ timed finals

Dates & Times:

Session 1 Saturday, March 5th (11 & over)

Warm up: 7:30 Meet Start 8:30 a.m.

Session 2 10 minutes after session 1 (500 free)

Session 3 Saturday, March 5th (10 & under)

Warm up guaranteed ½ hour after conclusion of session 2

Start: One half hour after the conclusion of session #2 , but no earlier than 11 a.m.

Session 4 Sunday, March 6th(11 & over)

Warm up: 7:30 a.m. Meet Start 8:30 a.m.

Session 5 10 minutes after session 4 (400 IM)

Session 6 Sunday, March 6th (10 & under)

Warm up guaranteed ½ hour after conclusion of session 5

Start: One half hour after the conclusion of

session #5 , but no earlier than 11 a.m.

- Location:** North County Aquatic Center
9450 Fellsmere Rd (County Rd.#512)
Sebastian, FL 32958-6402
- Pool Specifications:** Water depth at the starting end is a minimum of 5 feet 8 inches at both ends.
Outdoor 8 Lane 25 yard pool
Non turbulent lane lines
25 yd. Warm up/warm down available
- Timing Equipment:** Colorado Timing System and display scoreboard
- Warm Up:** Session 1, 4 7:30 a.m. (12 & over)
Session 3,5 Warm up: one half hour long immediately following session #2 , Session #5
- Eligibility:** Open to all currently USA swimming registered swimmers
Limited to the first 450 Swimmers
- Entry limit:** Entries will close upon receipt of the team that puts the entries over the four hour time limit per session. Swimmers are limited to 5 events per day plus relays. We reserve the right to eliminate relays if the time line will exceed 4 hours.
- Seeding:** Use 25 yard short course times. Conversions using the formula in the 2016 Florida swimming handbook may be used for entry and seeding purposes.
- Scratches:** No penalty for scratching on the block
- Entries:** Entries must be in USA swimming SDIF or Hy-tek CL2 format submitted on a Hy=tek disk, or sent by email using Hy-tek team manager. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Please list all attending coaches and contact phone numbers in the body of the email.

Confirmation will be sent via email upon receipt

Entries will be accepted via electronic mail attachment to Tcscswim@comcast.net or via mail on a CD. Free text email will not be accepted.

A signed hard copy printout also serves as proof of entry.

The legal name and current USA swimming registration number for each swimmer must be listed on the entry file, including relay only swimmers.

**Deck seeded
Events:**

The 500 freestyle and 400 IM will be deck seeded. A positive check in with the clerk of course will be required by these deadlines in order to seed the event.

500 Free: 9:30 a.m

400 IM: 9:30 a.m.

Deck entries:

Deck entries are to be submitted to meet management no later Than 30 minutes prior to the start of each session. Swimmers will only be allowed to deck enter an event if the event has an open lane, no new heats will be established. Swimmers must meet all other standard requirements of the meet and they may not go over the maximum limit of 5 individual events per session. Swimmers can not scratch an event to deck enter another event. Swimmers must have proof of USA swimming membership.

Entry Fees:

\$10.00 per swimmer meet surcharge
\$4.00 per individual event \$5.00 per relay charge
\$50.00 additional fee if entries are not submitted in the Hy-tek format.
Checks payable to TCSC

Entry Deadline:

Entries must be received by:
Wednesday, February 24th, 2016
No phone or faxed entries accepted.

Mail entries to:

TCSC
517 East Causeway Blvd.
Vero Beach, FL 32963
Email entries to: tcscswim@comcast.net

Heat Sheets:

Heat sheets will be available for purchase at meet

Officials:

Meet Referee: Keith Powell
Starter: Carolyn Ledford
Head stroke & turn: Lori McCloud
Admin Official: Phyllis Powell
Marshal: Chris Hatton

Meet Manager: Scott Barlow

OFFICIALS: Teams entering 15 or more swimmers are asked to bring one USA Swimming Certified Official.

Each Official will be afforded free designated parking, hospitality, and other complimentary items.

Scoring: Individual 9-7-6-5-4-3-2-1, no relay points

Awards: 12& under Individual Events 1-8 Ribbons
12 & under Relays 1st-3rd Ribbons
Mystery Heat winner prizes

Team

Representative: Prior to the start of the meet, the name of one person other than the coach, who will check with the referee about any matter pertaining to the meet, may be given to the referee. For each team, the coach and that person will only be recognized. All swimmers must be represented by a certified USA swimming member coach.

Identification: Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during the swim meet.

Information: Scott Barlow 561-870-5403
email tcscswim@comcast.net

Rules: Current USA swimming rules will govern the meet. Safety rules, as outlined by USA Swimming, and as recommended by the head marshal, will be in effect during all warm ups and in all warm up areas. No recall false start will be used as outlined in 102.14.48.

Camera Zones: Per Florida Swimming Rule 223.12

Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zone include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

Directions: From 1-95 exit 156 Sebastian/Fellsmere (512). Turn east, drive approximately 2 miles and the pool will be on the left hand side of 512.

Hotels: Key West Inn Sebastian(Capt. Hiram) 772-388-8588
Best Western (new) Sebastian 772-388-9300
Hampton Inn Vero Beach 772-770-4299
Holiday Inn Express 772-567-2500
Holiday Inn Vero Beach 772-231-2300
The Driftwood Vero Beach 772-231-0550
Disney Resort (on beach) 772-234-2000
Springhill Suites 772-778-9292

WARM-UP SCHEDULE
No equipment permitted

Swimmers must enter the water feet first with at least one hand in contact with the pool deck except when executing a controlled racing start, supervised by a coach.

General warm up
First ½ hour
Lanes 1-8
Circle swimming only

Controlled warm-up
Last ½ hour

| | | |
|---------|---|----------------------------|
| Lane(s) | 1 | Pace 50's -push off |
| | 2 | Racing starts-one way only |
| | 3 | Circle swimming only |
| | 4 | Circle swimming only |
| | 5 | Circle swimming only |
| | 6 | Racing starts-one way only |
| | 7 | Racing starts-one way only |
| | 8 | Pace 50's-push off |

ORDER OF EVENTS

Saturday, March 5th

Sunday, March 6th

Session I 11 & over**Warm ups @ 7:30 a.m. Meet starts @ 8:30 a.m.**

1-2 Senior 200 Free Relay
 3-4 11-12 200 Free Relay
 5-6 Senior 200 IM
 7-8 13-14 200 IM
 9-10 11-12 200 IM
 11-12 Senior 100 Free
 13-14 13-14 100 Free
 15-16 11-12 100 Free
 17-18 Senior 200 Back
 19-20 13-14 200 Back
 21-22 11-12 50 Back
 23-24 Senior 100 Fly
 25-26 13-14 100 Fly
 27-28 11-12 100 Fly
 29-30 Senior 200 Breast
 31-32 13-14 200 Breast
 33-34 11-12 50 Breast

10 min. break**Session II**

35-36 Senior 500 Free

Saturday, March 5th**Session III 10 & under****Warm up one half hour at the completion of a.m sessions, meet start not before 11 a.m.**

37-38 10&under 50 Free
 39-40 8 & under 50 Free
 41-42 10 & under 100 Back
 43-44 8 & under 25 Back
 45-46 10 & under 200 Free Relay
 47-48 8 & under 100 Free Relay
 49-50 10 & under 50 Fly
 51-52 8 & under 50 Fly
 53-54 10 & under 100 Breast
 55-56 8 & under 25 Breast
 57-58 10 & under 200 IM

Session IV 11 & over

59-60 Senior 200 Med. Relay
 61-62 11-12 200 Med. Relay
 63-64 Senior 200 Free
 65-66 13-14 200 Free
 67-68 11-12 200 Free
 69-70 Senior 100 Back
 71-72 13-14 100 Back
 73-74 11-12 100 Back
 75-76 Senior 200 Fly
 77-78 13-14 200 Fly
 79-80 11-12 50 Fly
 81-82 Senior 100 Breast
 83-84 13-14 100 Breast
 85-86 11-12 100 Breast
 87-88 Senior 50 Free
 89-90 13-14 50 Free
 91-92 11-12 50 Free

10 min. break**Session V**

93-94 Senior 400 IM

Sunday, March 6th**Session VI 10 & under**

95-96 10 & under 100 IM
 97-98 8 & under 100 IM
 99-100 10 & under 100 Free
 101-102 8 & under 25 Free
 103-104 10 & under 50 Back
 105-106 8 & under 50 Back
 107-108 10&und. 200 Med R.
 109-110 8&und. 100 Med. R
 111-112 10 & under 100 Fly
 113-114 8 & under 25 Fly
 115-116 10 & under 50 Breast
 117-118 8 & under 50 Breast
 119-120 10 & under 200 Free

**Treasure Coast Swimming
2016 Spring Invitational
Master entry form**

Team name _____ Call Letters _____

Address _____

Coach _____ Phone _____

Email _____

Swimmers/Coach Registration

I certify that all individuals listed on the attached forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the USA Swimming listed member coaches will be on deck supervising during warm-up and competitive sessions at the meet.

Name of Coach

Team

I certify that all individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-athlete member.

Signature (must be USA swimming member)

Team

Date

Entries must be received by Wednesday, February 24th, 2016

Please mail entries to :

TCSC

517 East Causeway Blvd.

Vero Beach, FL 32963

Email tcscswim@comcast.net

Contact: Scott Barlow 561-870-5403

*******Financial Recap**

Total Swimmers _____ x \$10.00 _____ = _____

Individual Events _____ x \$4.00 _____ = _____

Relays _____ x \$5.00 _____ = _____

No Hy-tek Fee _____ x\$50.00 _____ = _____
TOTAL \$ _____