



TAMALPAIS AQUATIC MASTERS

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2009 TAM Postal 1650

Team Results

Large Teams

Team Name	Abbr.	Team Size	# Entries	% Participation
1 Red River Masters	RRM	88	42	47.7
2 Santa Rosa Masters	SRM	86	39	45.3
3 Tamalpais Aquatic Masters	TAM	86	33	38.4
4 Mountain View Masters	MVM	172	52	30.2
5 Tsunami Aquatic Masters	TSUN	120	25	20.8
6 Santa Cruz Masters	CRUZ	210	19	9.0

Medium Teams

Team Name	Abbr.	Team Size	# Entries	% Participation
1 Asheville Swim Club	AMS	28	18	64.3
2 Durham Area Masters Aquatics	DAMA	66	34	51.5
3 Duneland Masters	DLMA	35	18	51.4
4 Stingray Masters	SAM	20	10	50.0
5 Sawtooth Masters	SAWS	40	10	25.0

Small Teams

Team Name	Abbr.	Team Size	# Entries	% Participation
1 Petaluma Valley Masters	PVMA	12	12	100.0
2 Team KMAN	KMAN	16	13	81.3
3 Moriah Masters	MOMA	19	11	57.9
4 Carmel Swim Club	CSC	13	5	38.5
5 Stafford Piranhas	SPST	16	2	12.5

Note: "Team Size" is determined by USMS reported numbers of registered swimmers on March 23, 2009.

Individual Results

Number of Participants: 514

[Participant Breakdown](#)

Women**Women 18-24** *Stephanie Miller, 22, 2005, CRUZ, 18:35.70*

1	Dalila Center	24	DLMA	22:36.34
2	Joy A Batemon	23	PVMA	23:22.66
3	Lauren Van Hoy	24	DAMA	23:55.14
4	Lindsay Shoemaker	23	WMST	24:27.03
5	Stephanie Strider	20	DAMA	25:09.50
6	Lindsay Jones	24	TSUN	25:45.31
7	Stephanie Del Tufo	23	UNAT	26:25.14
8	Bethany Tuggle	20	DAMA	26:42.02
9	Christina M Fenske	23	SAWS	28:09.50
10	Rae Lynn Adcock	24	RRM	29:18.50
11	Holly M Oden	24	RRM	35:56.50

Women 25-29 *Laurin Weisenthal, 25, 2009, MVM, 17:57.07 **New Record***

1	Laurin Weisenthal	25	MVM	17:57.07
2	Samantha Grant Riegels	29	RINC	20:05.24
3	Adrienne Belliveau	25	USF	20:19.72
4	Kara Holzwarth	26	TAM	21:49.50
5	Jenifer Bronson	27	SCAQ	22:01.78
6	Maura Haynes	28	MVN	22:21.84
7	Amie Krasnozon	28	DAMA	22:28.10
8	Allison Athens	27	CRUZ	22:47.51
9	Sara Jane Delcambre	25	AMS	22:53.36
10	Jessica Proud	27	DAMA	23:47.29
11	Michele Robinson	29	TAM	24:01.11
12	Jessica Walitt	28	TSUN	24:51.81
13	Christine Giannecchini	28	SRM	25:03.25
14	Emily H Roe	26	RRM	26:43.50
15	Sarah Todd	28	DAMA	26:59.50
16	Kelly Vagi	27	MVN	27:18.04
17	Jennifer Mcdonald	26	PVMA	28:12.80
18	Marissa Falco	29	MOMA	31:05.45
19	Lillian Hallock	27	CRUZ	31:54.68
20	Kristiane G Baker	27	RRM	41:26.10
21	Elva Y Romero	26	RRM	49:08.50

Women 30-34 *Nadine Day, 33, 2004, IM, 18:22.43*

1	Laura Koch Davis	32	WMST	19:18.06
2	Kristi Lee	33	SAWS	19:19.83
3	Karen Fritchie	31	DAMA	20:45.47
4	Jessica Helliwell	33	MVN	21:47.16
5	Sandra L Brindamour	33	RRM	22:06.50
6	Iris Dunkle	34	SRM	22:17.31
7	Sara Bothwell	33	MVM	22:32.50
8	Rachel Rivera	30	DLMA	22:33.65
9	Catherine Herrold	31	DAMA	22:38.88
10	Karen Frindell	32	SRM	24:45.50
11	Jennifer Lucky	31	TSUN	25:38.44

12 Michele Lin	34 MVM	26:31.14
13 Melissa Loayza	33 MVM	26:54.50
14 Melanie C Lovrin	31 SRM	26:58.05
15 Christina R Hoggatt	30 RRM	27:53.50
16 Gretchen Wagner	33 MOMA	28:01.65
17 Diane M Schlak	34 RRM	30:57.10
18 Jenna J Turner	30 RRM	33:24.30
19 Roxanne Liles	31 RRM	33:45.00
20 Lekisha T Cason	31 RRM	38:16.10
21 Tina Ambrogi	31 MVM	38:21.98

Women 35-39 *Suzanne Heim, 38, 1997, TERA, 18:14.66*

1 Heidi Williams	39 DAMA	19:53.06
2 Amy Whitesides	36 CRUZ	19:56.14
3 Shannon Wolford	36 TAM	20:12.29
4 Heather Lugassy	38 TAM	20:53.80
5 Deb Mcferron	39 TAM	21:08.87
6 Misa Sugiura	39 MVM	21:41.96
7 Cindy Hertzner	39 CRUZ	21:43.84
8 Amy Swanson	35 TAM	22:59.83
9 Adina Kletter	35 MVM	23:15.33
10 Nancy Crecelius	39 WMST	23:16.72
11 Flora Nelson	35 MVM	23:50.88
12 Kelly York	39 WAC	24:08.50
13 Lisa Cloitre	36 MOMA	24:30.90
14 Karla Rees	36 MVM	24:36.84
15 Sara Jacobs	37 TSUN	24:56.53
16 Jill Quinn	36 DLMA	25:16.45
17 Dawn Franklin	39 DAMA	25:24.20
18 Jennifer Tuck	36 DLMA	25:27.50
19 Kristin D Crandall	37 MVN	25:28.65
20 Shannon Singer	39 PNA	26:25.72
21 Tana Jackson	38 MVM	26:43.53
22 Lucie Mays-Sulewski	38 CSC	28:12.01
23 Sonia Grego	39 DAMA	28:45.50
24 Pam Garfield	35 MVM	29:00.09
25 Lisanne Eng	39 MVM	29:21.87
26 Denise Cook	38 RRM	30:21.20
27 Andrea Stephens	35 DAMA	30:30.50
28 Janet Wang	35 MVM	30:47.94
29 Hery Kamimura	39 CRUZ	30:52.91
30 Lisa Harris	37 RRM	31:56.20
31 Judy Porter	37 CSC	32:50.10
32 Amanda E Sansano	36 RRM	33:05.50
33 Christin Fitzsimmons	39 DAMA	33:47.50
34 Cindy Haley	39 RRM	33:51.50
35 Brenda Speer	38 VSMS	34:53.50

Women 40-44 *Marguerite Meyer, 44, 2004, TOC, 19:21.23*

1 Anne Alston	40 AMS	19:55.51
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2	Marcia Cleveland	44	IM	21:35.55
3	Lori Leadbetter	43	SPM	21:57.34
4	Marta Bechhoefer	41	CRUZ	22:30.07
5	Melissa Henry	43	MVN	23:38.34
6	Liz Nilsen	40	CRUZ	23:42.29
7	Shelley Bear	41	SAM	23:43.96
8	Jennifer Batcheller	40	MVN	23:44.71
9	Lisa Kabot	44	WACM	23:54.16
10	Laura Schuster	43	MVM	24:03.39
11	Michele Guthrie	41	TCAM	24:12.21
12	Katherine Kardok	44	NEM	24:12.37
13	Jami Andrews-Min	40	MVM	24:43.38
14	Yinka Bogdan	42	MVM	24:54.50
15	Laura Beal	43	SRM	24:58.15
16	Adrienne Kramer	43	AMS	25:14.50
17	Mary Sylla	41	TAM	25:17.50
18	Charlotte C. Plummer	43	JAM	25:25.55
19	Shelly Keough	42	NCMS	26:06.50
20	Ruth Williams	40	TAM	26:38.37
21	Maureen Flynn	44	MOMA	26:58.04
22	Julie Wright	40	DLMA	27:34.50
23	Linda Kees	42	SAWS	28:28.40
24	Regina B Dubriske	40	RRM	28:54.50
25	Lucia Panini	40	ECYM	29:15.78
26	Lorena Arellano	42	LORE	29:36.82
27	Flavia Zappa	41	SPM	30:18.28
28	Karen L Soileau	42	RRM	30:35.50
29	Tanya Houghton	40	SAM	30:46.89
30	Kathy H Hellard	42	SAM	31:10.87
31	Pamela Shepard	44	1776	33:35.50
32	Lea Evelyn Tatich	42	SAM	33:56.55
33	Maaike Visser	40	CRUZ	35:28.88
34	Lilliana House	44	SRM	37:31.50
35	Roberta Varela-Hein	44	MOST	38:21.14
36	Janet Sussman	44	TIM	39:09.91
37	Lauren Hornstra	42	NEM	39:16.08
38	Barbara Winrich	43	NEM	41:43.39
39	Mary Mcswain	43	RAYS	42:25.08
40	Teresa M Goel	42	RRM	50:25.50
41	Nancy Miller	41	SAM	57:16.19

Women 45-49 *Suzanne Heim-Bowen, 45, 2004, WCM, 18:06.78*

1	Andrea Block	47	IM	19:17.54
2	Marguerite Meyer	49	TOC	19:28.11
3	Juliana Nievergelt	48	AACM	19:51.45
4	Catheryne Diprete	45	TAM	20:32.58
5	Hilary Hafner	48	SRM	21:09.05
6	Betsy Hanson	47	SBM	21:30.67
7	Joan Mccallum	45	CRUZ	22:52.81
8	Martha Branch	49	MVM	23:19.36

9	Jean Moranda-Torres	45	ECYM	23:33.46
10	Peggy Schindler	47	AMS	23:34.29
11	Nancy Prier	49	KMAN	23:45.94
12	Sandy Mitchel	49	LPCC	23:49.28
13	Dana Brewer	49	TAM	23:58.06
14	Susan Nowack	48	SRM	24:00.50
15	Karen Waska	49	KMAN	24:03.49
16	Kelley Ryan-Warner	45	TAM	24:05.08
17	Mary Ann Stich	47	TAM	24:13.91
18	Cindy Fulmer	48	MVM	24:40.79
19	Karene Millar	46	MVM	24:57.09
20	Mali Apple	45	SRM	25:14.02
21	Ellen Beraud	45	KMAN	25:25.39
22	Marit Dirado	45	SRM	25:29.50
23	Cassandra Coffee	47	SRM	25:51.51
24	Sandra Mckinnon	47	DAMA	26:09.10
25	Margaret Allen	49	WMST	26:49.76
26	Cynthia Zak	49	MTRC	27:04.46
27	Cheryl Clancy	49	SRM	27:09.24
28	Carrie Butler	49	GRIN	27:09.74
29	Shari Heymann	47	IM	27:14.94
30	Patti Vollmer	47	CSC	27:45.50
31	Teresa McCormick	48	MMM	27:59.78
32	Michelle Pogue	45	VSMS	28:07.74
33	Lisa G Wellborn	46	RRM	28:10.50
34	Lisa Morehead	49	SAM	28:46.80
35	Carol Reeb	49	UNAT	29:21.50
36	Laura Nanda	47	RRM	29:44.50
37	Tracy Shoemaker	48	WMST	29:57.28
38	Lydia Corser	45	CRUZ	30:04.56
39	Lori Bickel	48	KMAN	31:01.76
40	Renee Umstead	45	RRM	31:53.50
41	Linda Irwin Reed	49	SRM	32:12.50
42	Nancy Lorimer	46	MVM	33:51.85
43	Anne Kozak	49	WMST	34:31.16
44	Dedee Blake	48	SAM	41:42.86
45	Sheen Scott	48	MOB	44:13.53

Women 50-54 *Laura Val, 53, 2005, TAM, 19:01.00*

1	Barb Wheeler	51	TAM	21:40.80
2	Sharon Salzman - Steinmann	50	SPM	21:53.64
3	Maria Klein	50	MVM	22:08.25
4	Merry Finch	54	YCMS	22:36.38
5	Hermine Terhorst	50	SRM	22:41.36
6	Kathy Boyer	54	MOST	22:55.25
7	Robin M Smith	53	MVN	23:40.00
8	Hannah Drousseau	54	SRM	24:10.07
9	Jessica Jakobi	50	TAM	24:39.50
10	Paty Hermosillo-Perkins	52	PVMA	24:57.46
11	Patricia Saint Aubin	50	NEM	25:07.05

12	Cindy Ennis	52	VSMS	25:39.90
13	Paula Moores	51	SAWS	25:50.44
14	Jennifer Glenesk	51	KMAN	26:15.11
15	Lisa Grant	50	SRM	26:59.23
16	Sherie Michaile	53	PVMA	27:21.40
17	Catherine Lee	53	OMM	27:42.70
18	Valerie R Marder	51	SRM	28:07.50
19	Lisa Westerman	50	VSMS	28:08.07
20	Patricia Burke	51	SRM	28:27.06
21	Lisa White	50	WMST	29:08.76
22	Susan Goodlerner	54	MMM	30:32.06
23	Karen Deist	52	MTRC	31:50.30
24	Peggy Delaney	53	CRUZ	33:50.01
25	Susan A Hiemstra	52	TCAM	34:54.30
26	Sandy Speedy	50	PNA	35:39.49
27	Jane A Gerlowski	50	WMST	38:40.47
28	Ellen Hildebrandt	52	RRM	39:28.20
29	Heidi Kistner	50	SRM	39:48.50
30	Elizabeth Willis	54	RRM	45:03.50
31	Katherine Firmin	51	RRM	45:08.50

Women 55-59 *Laura Val, 55, 2007, TAM, 19:19.30*

1	Debbie R. Wilson	55	AMS	22:17.21
2	Judy Eisenman	55	TAM	22:22.90
3	Regina Brittingham	57	WCM	22:23.02
4	Ann Sims	57	AMS	23:14.29
5	Deborah Swain	58	SRM	24:49.05
6	Jennie Rogers	56	AMS	25:23.50
7	Cookie Degennaro	57	TCAM	26:39.34
8	Kate Latham	56	MVM	27:14.69
9	Jill Wright	58	SAWS	27:27.17
10	Janet Taylor	55	WMST	27:57.72
11	Chris Foote	55	TAM	28:20.40
12	Virginia Porter	56	SRM	29:21.59
13	Carol Blair	58	MOMA	29:53.09
14	Jean-Marie Lacobee	55	RRM	29:56.50
15	Gillian Doxzon	55	MVN	30:00.50
16	Peggy Zappas	57	KMAN	30:08.50
17	Tish Borden	57	MTRC	30:09.46
18	Barbara Mailloux	56	TCAM	32:09.59
19	Jennifer T Shipp	55	SRM	33:46.50
20	Karen Moonman	57	DAMA	36:33.02
21	Jane Munger	57	TCAM	37:39.18
22	Maureen Marymee	58	TCAM	40:53.85
23	Barbara Zimmerman	57	PNA	41:43.70

Women 60-64 *Ellen Rockholm, 60, 2009, KMAN, 22:47.44 **New Record***

1	Ellen Rockholm	60	KMAN	22:47.44
2	Bev Montrella	62	MVN	25:13.68
3	Sheryl Parola	60	TCAM	29:28.05

4	Connie Birdsall	63	TCAM	31:35.49
5	Tracy Russell	63	TCAM	32:24.65
6	Carol Colonnese	62	MVN	32:34.92
7	Judy B Wagner	64	MOB	33:25.42
8	Diane Renshaw	63	MVM	34:06.06
9	Margaret Walter	60	PVMA	34:06.50
10	Susan Paris	62	SKY	34:39.97
11	Alida Canale	63	CRUZ	34:46.50
12	Joyce Hodgkinson	64	SRM	36:30.21
13	Patricia Kestelyn	62	WMST	36:33.75
14	Lynn Francis	64	MOST	38:01.25
15	Jane Cobos	63	MOB	38:14.23
16	Paula Craig	61	RRM	40:15.20

Women 65-69 *Susan Munn, 65, 2004, DAM, 25:20.90*

1	Nancy Ridout	67	TAM	25:26.29
2	Pat Fruin	65	MMM	27:05.12
3	Jane Birkhead	66	MOST	27:09.69
4	Glenda Carroll	65	TAM	28:57.83
5	Ann Erickson	66	WMST	29:13.48
6	Mary Anna Hovey	65	DAMA	32:30.59
7	Malinda Case	67	ARIZ	32:59.47
8	Deette Sauer	67	MOST	33:39.34
9	Mary Ann Case	68	ARIZ	34:38.03
10	Carol J. Harris	69	TCAM	34:48.85
11	Meredith Pechoultres	65	TAM	35:57.50
12	Kathleen Barcos	65	MELO	37:17.50
13	Claire Gregg	67	MOST	38:16.90
14	Lolly Owens	69	TCAM	40:01.53
15	Kathleen Lawrence	65	ARIZ	44:05.38

Women 70-74 *Jane Oberg, 70, 2008, CMS, 26:52.83*

1	Susan Munn	70	DAM	27:05.75
2	Ronnie Kamphausen	74	MESC	27:39.52
3	Helen Geoffrion	70	UCLA	29:53.50
4	Nana Whalen	71	LMC	33:44.75
5	Kate Curry	72	MVM	38:24.41
6	Sharon Billeter	71	ARIZ	42:15.73

Women 75-79 *Margery Meyer, 75, 1998, TOC, 28:03.79*

1	Barbara Eisele	78	LCM	38:41.14
2	Marilyn A Mutzner	79	TCAM	38:56.37
3	Murray, Dj	79	LCM	39:26.81

Women 80-84 *Margery Meyer, 82, 2005, TOC, 31:09.25*

1	Marianna Hagan	80	1776	46:18.50
2	Gloria Stupfel	82	SMMM	1:05:59.05

Women 85-89 *Margery Meyer, 86, 2009, TOC, 31:50.98 **New Record***

1	Margery Meyer	86	TOC	31:50.98
2	Maurine E Kornfeld	87	MVN	43:03.10

Men**Men 18-24** *Ryan Woodruff, 20, 2001, GSC, 17:52.67*

1	Matt Vlasach	24	MMM	25:44.60
2	Brian M	22	UCLA	44:44.44
3	Brian M	22	UCLA	44:44.44

Men 25-29 *Pieter Dehart, 28, 2007, NEM, 18:42.40*

1	Scott Blasingame	25	UNAT	20:01.50
2	Matthew Henry	28	WACM	20:14.10
3	Karl C Telleen	28	WACM	20:23.78
4	Niklas Schenck	27	TSUN	20:38.43
5	Joseph Caruth	27	DAMA	23:11.95
6	Christopher Miller	27	DAMA	23:15.40
7	Brian Klein	29	TAM	24:34.46
8	Joshua Eudailey	26	DAMA	25:22.74
9	Joshua Adcock	28	RRM	26:14.50
10	Justin J Maxwell	26	RRM	26:23.10
11	Andrew Gersh	29	CRUZ	29:00.51
12	Martin Scovacricchi-Rodriguez	25	MOMA	31:23.50
13	John-Todd McDaniel	26	RRM	34:07.30
14	Shawn Morel	25	TSUN	35:24.78
15	Jerry D Warren	26	RRM	47:17.30

Men 30-34 *Blake Porch, 30, 2002, AAM, 17:24.35*

1	T. Brendan Herlihy	32	MVN	18:47.78
2	Marc Weeks	34	TSUN	19:18.43
3	Bryan Alexander Mueller	31	SAWS	21:06.60
4	Flo Haik	32	MVM	21:16.93
5	Derek Parr	34	DAMA	21:44.08
6	Thomas Schmall	31	PVMA	21:52.37
7	Daniel Sadosky	34	DAMA	21:55.36
8	Christopher R. Hinds	33	MVN	22:44.50
9	David Kim	33	TSUN	24:52.58
10	Hernan Nino-Acosta	32	SAMS	25:03.50
11	Eli Hamlin	32	SRM	26:33.28
12	Craig Clayton	33	CSC	27:15.01
13	Kaveh Maghsoudi	33	MOMA	27:23.99
14	Linc Jepson	34	MVM	27:33.36
15	Jason Mask	33	DAMA	28:30.34
16	Brian Meehan	32	MOMA	29:00.50
17	Jeff Torborg	34	MVM	29:10.29
18	Luis A Ortiz	33	ARIZ	35:26.50
19	Shelby Taylor	34	RRM	39:30.50

Men 35-39 *Andrew Scheiner, 38, 2007, STAN, 17:01.40*

1	Steve Martel	38	TSUN	20:12.55
2	Randy Gray	37	KMAN	20:47.26
3	Casey Cheung	35	TSUN	21:08.24
4	Jeremy Hough	37	TSUN	21:25.94

5	Jonas Monast	36	DAMA	22:05.50
6	Mathew Davis	36	DAMA	22:39.49
7	Richard Maher	39	MVM	22:47.03
8	Jeff Walton	35	TSUN	22:50.02
9	Carlton Craig	37	AMS	23:38.04
10	Stosh Klevickas	39	DLMA	24:07.62
11	Shannon Schwartz	38	MVM	24:35.47
12	Chad White	37	SFTS	24:52.52
13	Kevin Warner	36	SAWS	24:55.68
14	Charles Wu	39	MVM	25:22.70
15	Ian Mcalexander	39	MVM	25:37.17
16	Jeremy Fietz	35	SRM	25:39.12
17	Scott Belnap	38	NADA	25:48.18
18	Lars Andersen	37	SRM	25:50.99
19	Kieron Leslie	37	TSUN	26:07.72
20	Ken Mcaloon	39	DLMA	26:40.73
21	Khalid El-Awady	38	MVM	26:49.12
22	Jason Prodoehl	37	TSUN	26:52.94
23	Sean George	37	DAMA	27:01.02
24	Derek Minihane	39	MVM	27:09.65
25	Paul Foronda	37	MVM	27:26.49
26	Dave Finlay	38	MVM	27:28.59
27	Michael S. Sutter	37	DLMA	27:59.01
28	Rusty Russell	35	RRM	29:21.50
29	Whitney Campbell	35	WMST	31:01.50
30	Scott Terada	39	SAM	31:22.89
31	Chuck Winrich	39	NEM	36:06.59
32	Bradley Sherrill	38	TSUN	38:16.29

Men 40-44 *Jim Stewart, 40, 1997, MINN, 17:43.62*

1	Yan Cardineau	40	SRM	18:35.22
2	Ross Davis	41	WMST	18:39.71
3	Frank Kriegler	43	AMS	19:23.84
4	Thomas Sherry	41	AMS	19:32.06
5	William S Cleveland	43	RRM	19:51.30
6	Adam Engelskirchen	40	TAM	20:08.09
7	Jon Haveman	44	TAM	20:13.96
8	Charles Hurst	43	DLMA	20:27.41
9	Daniel Muth	42	MMM	21:00.21
10	Scott Lanterman	43	MVM	21:14.45
11	Stan Keller	41	DLMA	21:25.02
12	Christophe Crombez	41	TSUN	21:50.74
13	Robert Schlossman	41	MVM	21:55.39
14	Sherwick Min	42	MVM	22:11.70
15	Rajat Dutta	41	TSUN	22:25.40
16	Steve Miller	44	CRUZ	22:26.15
17	Robert Clayton	41	SAWS	22:34.21
18	Paul Klemish	41	MVM	22:43.28
19	Michael Yerby	43	SAC	22:47.15
20	Jose M. Buenrostro	41	SRM	22:50.50

21	Mark Savoldi	42	DAMA	23:11.42
22	Carlos Calderon	43	WMST	23:16.88
23	Ned Gardiner	40	AMS	23:25.91
24	Thomas Blake	40	SAM	23:29.19
25	Rex Frobenius	42	MVM	23:29.49
26	Donald C Ainslie	42	TSUN	23:34.55
27	Leroy Campbell	42	DLMA	23:39.57
28	Ricardo Pacheco	43	TSUN	23:59.72
29	Tad Hofmeister	42	MVM	24:43.81
30	Mike Behler	44	SRM	25:14.42
31	Rob Beeler	43	CSC	25:22.50
32	Everett E. Phillips Iii	40	TSUN	26:55.82
33	Eric Crecelius	44	WMST	27:43.55
34	Gary K Kostbade	43	DLMA	29:42.98
35	Mark Roberson	44	DAMA	29:53.21
36	Greg B Watkins	43	RRM	30:19.50
37	James H Cherry	42	RRM	31:07.00
38	Robert K Umstead	40	RRM	31:37.30
39	Stephen Tannish	43	DLMA	31:53.42
40	Pat Powers	43	CRUZ	32:26.07
41	Jeffrey Getz	43	SAM	34:11.10
42	Ravindra H Goel	43	RRM	43:59.50

Men 45-49 *Dave Sebastian, 46, 2008, IM, 18:55.04*

1	Joe Delaney	47	TAM	19:25.45
2	Cameron Rose	48	SAWS	19:52.80
3	David Spitzler	45	WACM	19:58.50
4	Larry S. Hartley	49	AMS	20:08.83
5	Mark White	46	TSUN	20:37.87
6	Tom Mcguill	45	NEMS	20:44.03
7	Keith B Schmidt	47	KMAN	20:47.26
8	Peter Turner	49	SPCO	20:58.50
9	Wayne Deloney	48	MVN	21:10.15
10	Guilherme Eppinghaus	48	WMST	21:13.05
11	Bob Stenz	47	MVM	21:18.56
12	Keith Myers	47	TSUN	21:20.07
13	Jim McNichols	48	AMS	21:23.70
14	Thomas Dale Jackson	48	MVM	21:25.05
15	Chris Campbell	47	MVM	21:29.22
16	Ramond Borzone	49	MVN	21:34.37
17	Eric Wolff	48	MVM	21:43.30
18	David Bacon	45	DAMA	21:45.50
19	Mark Bongi	46	MVM	21:48.96
20	Steve White	48	WMST	22:00.22
21	Clyde Mann	47	MVM	22:01.43
22	Dave Sebastian	47	IM	22:10.48
23	Jeff Weller	49	AMS	22:46.83
24	Thomas Montan	46	SRM	23:03.21
25	Michael Bickel	48	KMAN	23:18.77
26	Walter Bowser	48	AMS	24:38.80

27	David Bower	47	KMAN	24:56.23
28	Brian Burke	45	SRM	25:28.18
29	Andrew Cline	45	PNA	26:00.21
30	Rick Bota	48	VSMS	26:13.14
31	Wai-Sze Tam	46	MVM	26:20.04
32	John Swibes	48	DLMA	26:59.50
33	Patrick W Samland	45	NAST	30:10.28
34	Douglas Gotberg	45	RRM	31:03.50
35	Jim Winslow	48	TSUN	31:05.96
36	Patrick Shawn Faherty	45	SPST	33:00.50
37	Robert Love	46	DAMA	33:00.50
38	Jonathan Douglas	46	SPST	33:00.50
39	Ray Decker	46	PVMA	33:59.58
40	Edward Wiles Iii	49	RGSC	45:14.50

Men 50-54 *Sandy Macdonald, 51, 2007, SMST, 17:34.30*

1	Sandy Macdonald	53	SMST	17:45.69
2	Joe Dunn	50	SRM	18:27.30
3	Patrick K Doyle	54	MMM	20:38.70
4	Mark Glenesk	52	KMAN	21:23.93
5	James Hinton	54	AMS	21:51.81
6	Griff Freeman	50	MVM	22:07.62
7	Nick Reid	50	SRM	22:13.06
8	Tom Katsouleas	50	DAMA	22:33.50
9	Anthony Blake	50	PVMA	22:39.63
10	Bob Mckee	50	MVM	22:46.10
11	Mark Stone	51	CRUZ	22:56.53
12	Marshall G Morgan	54	MOMA	23:00.45
13	Bruce Morey	51	MICH	23:00.81
14	Andy Mascheroni	51	TAM	23:14.09
15	Micheal Geller	50	UNAT	23:17.39
16	Steve Erickson	51	MI	24:08.16
17	Michael Quinn	53	PVMA	24:18.70
18	Kenet Adamson	50	AMS	24:56.19
19	Jeff Stevens	50	SAWS	25:27.50
20	Donald Edgar	50	SRM	25:39.12
21	Peter Lee	50	OMM	26:40.61
22	Ed Suarez	54	DAMA	27:00.03
23	Frank Tuteur	50	SRM	27:20.50
24	Charles Campbell	50	DAMA	28:10.50
25	Maurice J. Thompson	54	DLMA	28:32.03
26	Leonard E Gerlowski	51	WMST	29:07.37
27	David Akers	53	RRM	29:16.50
28	Steve Murray	54	TSUN	29:21.68
29	Mike Dalton	54	DAMA	31:16.20
30	Bob Gilliam	50	RRM	40:31.30

Men 55-59 *Jim Clemmons, 57, 2008, MAM, 18:18.29*

1	Kim Ridinger	57	WACM	20:23.88
2	Peter Dewitt	57	DLMA	20:43.05

3	Philip Jonckheer	56	TAM	20:58.41
4	Lawrence Reed	55	PVMA	21:27.76
5	Jim Tull	55	TAM	22:12.50
6	Kent C McDonald	56	MOVY	22:27.09
7	Walter R Patton	56	RRM	23:15.32
8	Paul Lockwood	55	MVM	23:17.50
9	Erik Sterne	56	UN	23:18.40
10	Greg Mitchell	57	PVMA	23:19.24
11	Howard B. Craddock	55	VMST	24:25.26
12	Norman Lapera	56	TCAM	24:58.25
13	Alan Parker	56	MOVY	25:32.12
14	Jack Hubbard	57	TSUN	25:34.65
15	James Cooney	55	SRM	26:10.50
16	Dale Evarts	56	DAMA	26:44.47
17	John Robbins	55	DLMA	27:15.34
18	Jim Cahillane	56	DLMA	28:40.64
19	Larry Russo	57	RRM	29:10.50
20	David A Schwartz	58	STAR	30:23.20
21	Anthony Santangelo	55	MOMA	32:12.08
22	John Pfeifer	57	TOWS	32:15.84
23	Joel D. Brown	58	SRM	40:52.13

Men 60-64 *Joel Wilson, 60, 2009, CRUZ, 19:49.97 **New Record***

1	Joel Wilson	60	CRUZ	19:49.97
2	Kenneth Frost, Jr.	64	TAM	22:00.00
3	Daniel J. Rogacki	61	NEM	22:20.90
4	Chuck Milam	63	MMM	22:28.35
5	Gary Parlapiano	62	TAM	22:30.34
6	Neil Salkind	61	MOVY	23:46.71
7	Rick Meyerhoff	62	TAM	23:59.89
8	Robert Alspaugh	61	TOC	25:15.22
9	Michael A Colonnese	64	MVN	25:32.01
10	James Stambolis	61	TAM	26:17.86
11	Fred Stein	62	ECYM	26:28.85
12	Michael Aiello	61	KMAN	26:37.56
13	Fred David	60	SRM	28:13.88
14	James Hallett	61	MMM	29:20.19
15	Tom Canale	62	CRUZ	30:36.88
16	Phillip Dibner	60	MVM	30:40.50
17	Jim O'donnell	64	MOMA	37:51.65

Men 65-69 *Richard Burns, 65, 2009, TAM, 20:24.78 **New Record***

1	Richard Burns	65	TAM	20:24.78
2	David Vail	65	MESC	21:57.63
3	Henry Half	65	MOST	24:46.00
4	Dean Moser	66	UNAT	28:18.97
5	Roland Crotts	66	TAM	28:57.70
6	Robert Russell	65	MVN	29:40.24
7	John Agnew	65	SRM	31:59.03
8	Lloyd Kearns	68	PVMA	37:39.51

Men 70-74 *Ed Kerswill, 70, 1997, MVM, 24:55.44*

1 Barry Fasbender	71 STAN	25:47.50
2 Robert J Bracken	73 ARIZ	31:55.73
3 Jon Nelson	70 CRUZ	32:50.50
4 David Gladfelter	72 1776	34:01.99
5 Hank Russell	71 TCAM	34:02.22

Men 75-79 *Ray Taft, 76, 1996, SMMM, 24:48.87*

1 Robert Cook	76 TAM	29:52.80
2 Charles Schlegel	78 FMM	30:13.90
3 Paul N Anderson	75 RINC	32:10.14
4 Robert W. Rolph	77 MVN	32:17.65
5 William Grohe	75 USF	33:29.17
6 Robert Fischl	76 BCCM	39:22.61

Men 80-84 *Bud Jackson, 82, 2002, ARKM, 33:09.75*

1 Baker Shannon	83 WMST	54:37.24
2 Keith Burbridge	80 FMM	55:42.55

Participant Distribution by State



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