

**Official Entry Form for Relay Events  
2008 South Central Zone  
Long Course Championships  
The Woodlands Athletic Club  
The Woodlands, Texas  
July 26-27, 2008**

Sanctioned by Gulf LMSC Sanction #258-004
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<b>Club Name</b> _____	<b>Club Abbreviation</b> _____
<b>Name of Relay Representative</b> _____	<b>Telephone</b> (____) _____
<b>Address</b> _____	<b>City</b> _____ <b>State</b> _____ <b>Zip</b> _____

**Instructions:** Please enter the age group, A/B/C designation, and an achieved time or a reasonable aggregate time for your relay teams under the correct event column. **IF YOU ENTER "NO TIME" YOUR ENTRY WILL BE REJECTED.**

**Entry Deadline:** Relays must be entered in accordance with the Meet Information – see the Relay Desk for questions regarding the entry deadlines. Each relay costs \$10. Relay entries may be submitted prior to the meet or at the relay desk in the registration area. **All relay swimmers must have entered the meet by July 17, 2008. Swimmers entering relays only and no individual events must complete the individual entry form, pay the surcharge, and sign the liability release.**

**Relay Eligibility:** Each swimmer must be a registered Masters swimmer. Each of the four members of any relay team must be properly registered with the same Masters club. **Unattached swimmers may not swim on relay teams.** Relay entry is in addition to individual events. A swimmer may swim each relay event only once (limit of 4 relay events per swimmer).

**Age Groups:** The aggregate age of the four relay team members shall determine the age group. Relay age groups are: 72-99, 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, and 360-399. Ages are determined in whole years as of Dec. 31, 2008. Designate A, B, C, etc. if you have more than one relay in the same age group.

**Relay Scoring:** Men, Women, Mixed – double the individual scoring. Points from Mixed relays shall count under combined score only.

**Relays for Saturday, July 26, 2008 – page 1**

<b>Age Group</b>	<b>A/B/C</b>	<b>Women's Medley Event #17 400 Meters</b>	<b>Men's Medley Event #18 400 Meters</b>	

<b>Make Checks Payable to: WMST</b>
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Number of Relays Entered \_\_\_\_\_ x \$10 = \_\_\_\_\_ Total

**RELAY ONLY SWIMMERS: PLEASE SUBMIT INDIVIDUAL ENTRY FORM**

Legible copies of this form are acceptable. Refer to Relay Procedure for more information.

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**Relays for Saturday, July 26, 2008 – page 2**

Age Group	A/B/C	Women's Free Event #19 400 Meters	Men's Free Event #20 400 Meters	Mixed Medley Events #21/22 200 Meters

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