

Here are the equipment requirements for each group. We are a Speedo sponsored team, so please buy Speedo gear whenever possible from Augusta Swim Supply.

If you have any questions contact [Adam](#).

**Senior/Senior National** - Water Bottle, Kickboard, Pull Buoy, Band, Strokemaker Paddles (ask Adam for size), Fins, Mesh Bag, Snorkel, old Tennis shoes (for kicking)

**Pre-Senior/Black** - Water Bottle, Kickboard (Augusta/Riverwood only), Pull Buoy, Strokemaker Paddles (Green), Fins, Mesh Bag

**High School/Blue** - Water Bottle, Kickboard (Augusta/Riverwood only), Pull Buoy, Fins, Mesh Bag

**Red/White** - Water Bottle, Kickboard, Fins (Augusta/Riverwood only)

**Swimsuit and Cap Policy:** Swimmers should have a solid navy blue Speedo Endurance suit for meets (preferably with ASL logo but not required). If swimmers choose to wear a cap, it should be an ASL cap (no plain or other logo caps). High tech body suits (FS2, FSPro, LZR) are not appropriate for Age Group Swimmers. Such suits can only be worn by the Senior group at specific meets designated by the coaching staff.