

Carpet Capital Aquatics Club

2009 Saturday @ the RACES!

May 23th, 2009 (Saturday only)

Adairsville HS Pool

SANCTION: This is **NOT** a USA-Swimming sanctioned event

HOST: Carpet Capital Aquatic Club (CCAC) in Adairsville

FACILITY: Adairsville High School Natatorium (map to the facility is attached)

The pool is a 8-lane, 25-yard competition pool with a 4-foot minimum depth, nonturbulent lane lines, and fully automatic daktronics electronic timing system and scoreboard with a lane/time/place display. Bleacher seats provide ample seating for spectators. Ample parking is available in the back parking lot of the high school.

MEET DIRECTOR: The Meet Director is Todd Jones;
(706) 483-5011 toddjones@optilink.us

**Swim Clinic
(Optional)**

**\$10.00 extra to be added to
meet fee`s**

All swimmers and coaches are invited to attend a "STROKE and TURN" Clinic prior to the Saturday at the races swim meet. The cost is **\$10.00** per child for a two hour clinic. This is separate from the cost of the swim meet. You may write one check for a total of \$20.00 for both events.

- Prizes will be awarded throughout the clinic.
- The clinic will start at 9am to 11am. Registration for the clinic will be held at 8:45am.
- Area coaches are invited to assist the USA-Swimming coaches with this clinic.

SAFETY MARSHALL: The Safety Marshall for this meet will be Julie Tharpe.

COACHES: There will be a mandatory Coaches' Meeting at 8:55AM on
Saturday, May 23rd, 2009

ELIGIBILITY: Athletes from Dalton, Calhoun, Adairsville and Cartersville summer league programs.

TIME STANDARDS: As noted in the order of events for this meet.

RULES: The current USA-S Rules and Regulations will govern the conduct of the meet, unless noted otherwise herein. All coaches and officials must wear current year USA BADGES on deck at all times. **A swimmer's age on the first day of the meet will determine his or her age for the entire meet.** Swimmers are responsible for swimming in assigned heats and lanes. Dive-over starts may be utilized at the discretion of the meet referee and meet management.

AWARDS/SCORING: Everyone will receive an award.
No points will be scored.

WARM UP:

Georgia Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm up prior to the session.

**STARTING TIMES:
Saturday AM (May. 23)**

Clinic-	Warm-up	Competition
8:45 am registration	11:00 am warm-up	11:30am
9:00am stroke and Turn Clinic		

ENTRIES:

Teams who have HYTEK'S Meet/Team Manager should submit their entries on a 3- 1/2" disk (please send in COMMLink file format or WIN-MM format). E-mailed HYTEK entries will be accepted. Entry forms must be completely filled out including the swimmers' best times for yards. Please provide a written copy of entries for verification purposes. Disks with results will be returned at the end of the meet.

DISABILITIES:

Swimmers with disabilities are welcome and must complete the attached Information Form for Disabled Swimmers and return it with the entries.

DEADLINE:

Entry disks and/or printouts, summary/release sheets, and entry fees, including surcharges, must be received by the Meet DIRECTOR on or before Thursday, May 21st, 2009. Late entries will be accepted for empty lanes only; new heats will not be created.

Completed entries must be mailed to: Todd Jones

2213 Rocky Face Circle
Dalton, GA 30720
(706) 483-5011
toddjones@optilink.us

Flat fee of \$10.00**FEES:**

iNCLUDES: 5 EVENTS AND 1 RELAY Please make checks payable to: Carpet Capital Aquatics Club. All entry fees are non-refundable.

LIMITS:

Swimmers are limited to 5 individual events per day, exclusive of relays.

MEET FORMAT:

This is a timed finals meet. All events will be pre-seeded and swum according to the order of events in the meet information sheet.

OFFICIALS:

The Meet Referee will be Judy Rehberg; (706) 278-5241
jmrehberg@hotmail.com

The Starter will be The Carpet Capital Aquatic Club welcomes and encourages the assistance of certified officials and apprentices from the visiting teams. Please contact the Meet Referee in advance or when you arrive, if you are interested in officiating. Please arrive at least 60 minutes before the start of the session. All officials must present their current

Georgia Officials certification and USA Swimming membership card; and wear them on the deck at all times while working the meet.

In USA swimming— girls events are always odd; boys are always evened numbered events.
Please sign up for 5 events only. The CCAC coaching staff will create the relay(s) on the day of the meet.

Girls	Event #	Boys
1	11 & Over 100 Freestyle	2
3	9-10 50 Freestyle	4
5	8 & Under 50 Freestyle	6
7	11 & Over 50 Breaststroke	8
9	9-10 50 Breaststroke	10
11	8 & Under 25 Breaststroke	12
13	11 & Over 50 Backstroke	14
15	9-10 50 Backstroke	16
17	8 & Under 25 Backstroke	18
19	11 & Over 50 Butterfly	20
21	9-10 50 Butterfly	22
23	8 & Under 25 Butterfly	24
25	11 & Over 100 IM	26
27	9-10 100 IM	28
29	8 & Under 100 IM	30
31	11 & Over 50 Freestyle	32
33	9-10 25 Freestyle	34
35	8 & Under 25 Freestyle	36
37	11 & Over 200 Freestyle Relay	38
39	9-10 200 Freestyle Relay	40
41	8 & Under 100 Freestyle Relay	42

Attention CCAC Team members and parents: We will need assistance in setting-up, taking down, and running this meet. Please sign up to volunteer your time and “energy” to make this a successful swim meet.

Thanks,

CCAC Coaching Staff

Carpet Capital Aquatics Club Meet Entry Form
Entries And Fees Due to Your Coach by Tuesday, May 19th,2009.

