



The USA Swimming and USAT Carpet Capital Aquatics Club will host the second annual Dalton Youth Tri. The Club has many active triathletes that wanted to bring the love of their sport to more kids in the N Georgia, SE Tennessee and NW Alabama area. There are three divisions to choose from based on distances and age groups. Kids can choose any division, but awards will be given to the top three finishers in each division based on the age groups indicated.

Junior Division (8 - under) 8:00am start
50 meter swim, 1 mile bike, .5 mile run

Intermediate Division (9 - 12) 8:45am start
150 meter swim, 4 mile bike, 1 mile run

Senior Division (13 - 17) 10:00am start
300 meter swim, 8 mile bike, 2 mile run

Dalton Recreation Center

904 Civic Drive
Dalton, GA 30721

Pre-registraion (until 7/28) \$45
www.active.com - search for Dalton Youth Tri

Race day registraion \$55
Registration and transition opens at 7:00am
8:00am Jr, 8:45 Inter, 10:00 Sr start times

USAT membership required and included
Race day refund of \$5 with valid USAT card

www.ccacswimming.org

SATURDAY 8.7.10



Registration Form

Please mail to the address below or give to a CCAC coach with your payment.

Name _____
Address _____
City _____ ST _____ Zip _____
DOB ____/____/____ shirt size _____
Parent/Guardian _____

Select Division:

- Junior Division** (8 - under) 8:00am start
50 meter swim, 1 mile bike, .5 mile run
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150 meter swim, 4 mile bike, 1 mile run
- Senior Division** (13 - 17) 10:00am start
300 meter swim, 8 mile bike, 2 mile run

Pre-registraion (until 7/28) \$45
Race day registration \$55 (opens at 7:00am)

Checks payable:

Carpet Capital Aquatics Club (CCAC)
PO Box 6369
Dalton, GA 30722-6369

I hereby release the sponsors, officials and volunteers of The Dalton Youth Tri, The Carpet Capital Aquatics Club, Dalton Parks and Recreation and The City of Dalton from all claims of injury or damage resulting from participation in the events for which I or my designated minor are entering. I realize this is a strenuous event which requires proper training and good physical condition.

SATURDAY 8.7.10