

2009-2010 Short Course Masters Practice Times

Beginning in September we will be offering a new Masters Schedule for your swimming pleasure.

Please keep in mind the following:

- All practices are at the Fleet Aquatic Center 14654 Spring Cypress Road, Cypress, TX 77429
- The Morning and Lunch time practices that are offered will be run by a Masters Coach
- The Evening practice time will not have a coach but will have a practice written up and will be swimming at the same time as some of our age group practice groups
- Swimmers signed up with our Masters group will have the choice of coming to any or all of the offered practice times, both with a coach and without
- Please check the FAC calendar, choosing the Masters calendar option, often for any calendar updates

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
No practice	Lunchtime w Coach: 11:30 AM to 1 PM Evening solo @ FAC: 6:30 PM – 8 PM	Morning w Coach: 6:30 AM to 8 AM Lunchtime w Coach: 11:30 AM to 1 PM Evening solo @ FAC: 6:30 PM – 8 PM	Lunchtime w Coach: 11:30 AM to 1 PM Evening solo @ FAC: 6:30 PM – 8 PM	Morning w Coach: 6:30 AM to 8 AM Evening solo @ FAC: 6:30 PM – 8 PM	Morning w Coach: 6:30 AM to 8 AM	No Practice