

# Gulf Swimming Senior Championships



HOSTED BY THE  
Aggie Swim Club

Short Course Yards – Prelims/Finals  
December 4 - 6, 2009  
SANCTION# GUSC 10-029



**LOCATION:** Texas A&M University  
Student Recreation Center Natatorium  
Olsen Boulevard  
College Station, TX 77843

For more information about the TAMU Student Recreation Center Natatorium, visit:

<http://recsports.tamu.edu/>

## LOCAL INFORMATION:

**Airports and directions:** See attachment and map

**Parking:** Rates for the parking garage across from the Rec Center are \$2/hour for the first three hours, then 50¢ for each additional hour. Maximum fee is \$15. Parking is free on the surface lots of the TAMU campus after 5:30 p.m. on Friday (except where noted).

**Sponsoring Hotels:** See attachment and map. Reservations at sponsoring hotels must be made by the cut-off dates. For additional hotel information, contact the Bryan-College Station Convention and Visitors Bureau at (979) 260-9898 or visit their website at <http://visitaggieland.com/>

**COACHES:** **AGS:** Ryan Goodwyn, Stephen Weber

**POOLS:** Two eight lane, 25 yard indoor pools with non-turbulent lane lines will be used for warm-up and competition. A separate eight lane 25 meter diving well will be available for warm-up and warm-down.

**TIME AND DATE:** This is a prelim/finals meet with A, B, C and D finals. Relays, 1000 free & 1650 free will be swum as timed finals events. Timing lane assignments will be designated in the psych sheet and posted on the Gulf web site 3 days prior to the meet. Open warm-up format will be used for all prelim and finals sessions.

Thursday, December 3: Open warm-up: 6:30 – 7:30 p.m.

Friday, December 4: Prelims: 8:05\* – 9:15 a.m. warm-up / 9:30 a.m. start  
Finals: 3:15 – 4:15 p.m. warm-up / 4:30 p.m. start

Saturday, December 5: Prelims: 8:05\* – 9:15 a.m. warm-up / 9:30 a.m. start  
Finals: 3:15 – 4:15 p.m. warm-up / 4:30 p.m. start

Sunday, December 6: Prelims: 8:05\* – 9:15 a.m. warm-up / 9:30 a.m. start  
Finals: 3:15 – 4:15 p.m. warm-up / 4:30 p.m. start

\* **The Rec Center facility and natatorium open at 8:00 a.m.**

**MEET OPERATION:** This meet will be run using the “Flyover Start” procedures during the prelim sessions unless a waiver is received from the Technical Planning Committee Chairman. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

**MEET REFEREE:** Herb Schwab, email: [Herb.Schwab@Shell.com](mailto:Herb.Schwab@Shell.com)

**MEET DIRECTORS:** Henry Clark, (979) 220-2703, email: [clark@comp.tamu.edu](mailto:clark@comp.tamu.edu)  
Matt Wagner, (936)-661-3733, email: [irondad7@hotmail.com](mailto:irondad7@hotmail.com)

**SAFETY MARSHAL:** Hugh Walker

**SAFETY GUIDELINES AND WARM-UP PROCEDURES:** See attachment

**GENERAL MEETING:** All swimmers must be represented at a general meeting to be held Thursday, December 3, 2009 in the natatorium classroom. The meeting will begin at 7:00 p.m. Any changes to the conduct of the meet will be decided at this meeting. It is each swimmer and coach's responsibility to be aware of any changes made during this meeting.

**SEEDING:** The meet will be deck-seeded. Coaches please inform your swimmers of seeding on deck rules. Seeding for all events shall be in the following order: Conforming course entries in time order, followed by non-conforming long course entries in time order, followed by non-conforming short course entries in time order (YLS).

**SCRATCHING:** **Procedures:** Scratches prior to the seeding of heats shall be confirmed by properly filling out a scratch card and depositing in the scratch box. Scratches for Friday's events may also be emailed to [clark@comp.tamu.edu](mailto:clark@comp.tamu.edu) prior to the deadline. After the heats have been seeded, any swimmer who fails to compete in an individual event heat in which they have been entered and have not been scratched will be barred from further individual and relay events that day. No shows will also result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chairman, Henry Clark, for each event in which he/she fails to appear.

**Scratch Deadlines:**

Friday's events: 15 minutes after the general meeting is adjourned on Thursday, Dec 3

Saturday's events: 6:00 p.m. on Friday, Dec 4

Sunday's events: 6:00 p.m. on Saturday, Dec 5

**Location of the Scratch Box:** The scratch box shall be located at the Clerk of Course.

**Relays:** Properly completed relay cards must be turned in to the Clerk of Course by 11:00 a.m. or the entry will be considered scratched.

**FINALS AND SCRATCHING:** The administrative rules for the conduct of Gulf Swimming meets shall follow the Administrative Conduct of USA Swimming Championships, USA Swimming rule 207.12.6D and 207.12.6E, as modified below.

Any finalist who fails to compete in finals or consolation finals, or any other bonus final heat, for which he has qualified and failed to scratch with the Clerk of Course prior to the scratch deadline, shall be banned from further competition in the meet in accordance with the *USA Swimming Rules and Regulations* and will be assessed a fine of \$50.00. A Club, which has not paid the fine, will not be allowed to register for membership in the Gulf LSC until the fine is paid.

In a Prelim/Final meet, the finalists and alternates for finals shall be announced and shall have thirty (30) minutes after the announcement to scratch from finals. Any qualified swimmer in the event (a swimmer is qualified for finals or consolation finals if he has successfully completed the event in Prelims) may be moved into finals due to scratches, therefore all swimmers who will not be present at finals must scratch to avoid a possible suspension from the meet and a fine of \$50.00. Thirty (30) minutes after the announcement, no further scratches shall be accepted, the existing scratches will be tabulated and the finalists and two (2) alternates for the event shall be set. Only the finalists set at this point may be subject to the above fines and banishment from competition, even though any qualified swimmer may be moved into finals. The alternates, after the existing scratches are tabulated, will not be penalized if they are unavailable to compete in finals.

The USA Swimming National Championships Meets "reserve the right to scratch" rule is not applicable to any Gulf Swimming meet. The "intent to scratch" rule is not applicable to any Gulf Swimming meet.

**ON-DECK ENTRIES:** Late entries will be accepted each day up to 30 minutes before the start of the meet. Those swimmers missing the 6:00 p.m. Friday, November 27, 2009 deadline may enter the meet on-deck in the following manner:

**NOTE: Swimmers who on-deck by the “scratch box” deadline, will be seeded into the events according to their entry time. Swimmers who on-deck on the morning of the scheduled events, will be allowed to swim in open lanes in the first heat. No standbys will be allowed for open lanes. A “zero heat” will be added, if necessary.**

1. Swimmers must pay double the entry fee at the time of entry.
2. Swimmers must supply completed entry forms entered at the swimmers' best times. The swimmers entering on the day before the session by the scratch deadline will be seeded into the events according to their best times. Swimmers entering on the same day of the session will be allowed to swim in open lanes in the first heat. A “zero heat” will be added, if necessary.
3. Swimmers must enter all events for the day thirty (30) minutes prior to the start of the day's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers who on-deck to change an entry time in an event already entered must still pay the on-deck entry fees. If entered by the scratch deadline, the new time will be used for seeding.

Any relay that is entered on-deck at a Prelim/Finals meet, where the relays are divided between swimming in the morning/prelim session and the evening/final session, shall be limited to swimming with the morning session, unless there are open lanes in the evening session.

**ENTRY INFORMATION:**

**Entry Times:** Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter times to yard times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested.

**Qualifying Times for 15&Over:** None

**Qualifying Times for 14&Under:** See attachment for times. Swimmers must be qualified to swim the events entered. Events may be qualified for by meeting yards or meters time standards. Lifetime best times are eligible. All 14&Under swimmers must meet the “Senior Gulf Champs Time Standards”, except for bonus entries (see below).

**Number of Events:** Swimmers may compete in a maximum of 3 individual events per day and up to 1 relay event per day.

**Bonus Events:** The Gulf Swimming “Up/Down” rule and “Three Event Rule” are in effect. Under the Up/Down rule, a swimmer with a qualifying time in an event may swim the next shorter and longer distances of that same stroke entered at their best times. Under the Three Event Rule, a swimmer with three (3) qualifying times may swim all other events offered in that division entered at their best time. The exception is that the swimmer must have a 500/400 freestyle qualifying time to swim the 1000 and 1650 freestyle events.

**Eligible Swimmers:** All USA Swimming registered swimmers and foreign or other swimmers as permitted by USA Swimming rules.

**Age:** As of December 4, 2009

**Deadline:** Entries (TM files or paper forms) must be in the hands of the Meet Entry Chairman no later than 6:00 p.m. on Friday, November 27, 2009. No late entries will be accepted. Do not send entries via Federal Express, etc., that require a signature; if you must send your entries by express mail, please indicate that a signature is NOT required. Mail or hand deliver entries to the Meet Entry Chairman at:

Shannon Clark  
9465 Barrow Court  
College Station, TX 77845

Phone: (979) 776-1155

Email: [clark@comp.tamu.edu](mailto:clark@comp.tamu.edu)

**Entries:** All teams entering 10 or more swimmers MUST submit their entries on a diskette or electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software, along with a hard copy printout of the entries. Teams without Hy-Tek should submit their entries on the enclosed Entry Form. A \$25.00 fee must be included with the entry fees for teams that enter 10 or more swimmers using an entry form only (without sending Hy-Tek files). Include relays and relay-only swimmers on your completed entry form, diskette, or electronic submission.

Teams may electronically mail their Meet Manager files. Payments for the electronic entries and a hard copy print-out of the entries must be submitted or postmarked no later than 24 hours after the entry deadline as stated in the Meet Invitation.

**Fees:** \$9.00 per individual event, \$16.50 per relay event and \$5 per swimmer facility surcharge fee. Make checks payable to Aggie Swim Club.

**TOP 8 FINALISTS:** The top 8 finalists of each event (including the 1000 free and 1650 free) will be paraded to the starting blocks from the ready room.

**CONSOLATION, BONUS & RELAY FINALISTS:** Consolation, bonus and relay finalists should report directly to the starting blocks. Names will be announced after the start of each of these heats, except for the 50 freestyle heats. Names will be announced before the start of each 50 freestyle heat.

**AWARDS:**

Individual:	1 <sup>st</sup> - 3 <sup>rd</sup> place, Gulf Swimming custom medals 4 <sup>th</sup> - 8 <sup>th</sup> place, Gulf Swimming custom ribbons
Relay:	1 <sup>st</sup> - 3 <sup>rd</sup> place, Gulf Swimming custom medals
Individual High Point:	1 <sup>st</sup> place and runner up
Combined team:	1 <sup>st</sup> - 3 <sup>rd</sup> place

**SCORING:**

Individual Events:	1 <sup>st</sup> - 8 <sup>th</sup> place: 20-17-16-15-14-13-12-11 9 <sup>th</sup> - 16 <sup>th</sup> place: 9-7-6-5-4-3-2-1
Relay Events:	1 <sup>st</sup> - 8 <sup>th</sup> place: 40-34-32-30-28-26-24-22 9 <sup>th</sup> - 16 <sup>th</sup> place: 18-14-12-10-8-6-4-2

**RELAY EVENTS:** All relays will be swum slowest to fastest and in event order. The fastest 16 relays that do not elect to swim in Prelims will swim in Finals.

**1000/1650/FREE EVENTS:** The 1000 and 1650 freestyle events will be swum as timed finals event. The fastest 8 women and the fastest 8 men who check-in and do not elect to swim in prelims, will swim during Friday's finals. All other heats will be swum, fastest to slowest, as the last events of the prelims sessions. Swimmers must provide their own timers and lap counters during the prelim session heats and lap counters for finals.

**Deadlines:** Entrants in the 1000 free and 1650 free must check in with the Clerk of Course and confirm their intention to compete. The check-in deadlines are:

1000 free: 10:00 a.m., Friday, Dec 4

1650 free: 6:00 p.m., Saturday Dec 5

**RULES AND SANCTIONS:** The 2009-10 USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. No entries can be accepted unless the entrant is either registered or certified by USA Swimming. The Gulf Swimming Up/Down rule and Three Event rule are in effect.

**POOL MEASUREMENT:** The competition course is compliant, but not certified, in accordance with USA Swimming Rule 104.2.2(C). Course measurements will be verified each session in accordance with Gulf Swimming Rules.

**TIMING SYSTEM:** A Daktronics electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet.

**POOL DECK RESTRICTION:** Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Psych Sheets and for admission to the Hospitality Room.

**PROOF OF TIME:** Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, Henry Clark.

**SWIMMERS WITH DISABILITIES:** Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

**CONCESSIONS:** Concessions will be available in the main lobby of the Rec Center at the "Time Out" snack bar from 8:00 a.m. on Friday and 9:00 a.m. on Saturday and Sunday.

**HOSPITALITY:** A hospitality room will be available for coaches, officials and meet personnel.

**MERCHANDISE:** D&J Sports of Houston will be selling swim gear and apparel.

**MEET RESULTS:** Meet results will be posted on the Gulf Swimming webpage at <http://www.gulfswimming.org> within three days after the conclusion of the meet.

"Real Time" results will be posted at <http://www.gulfswimming.org>

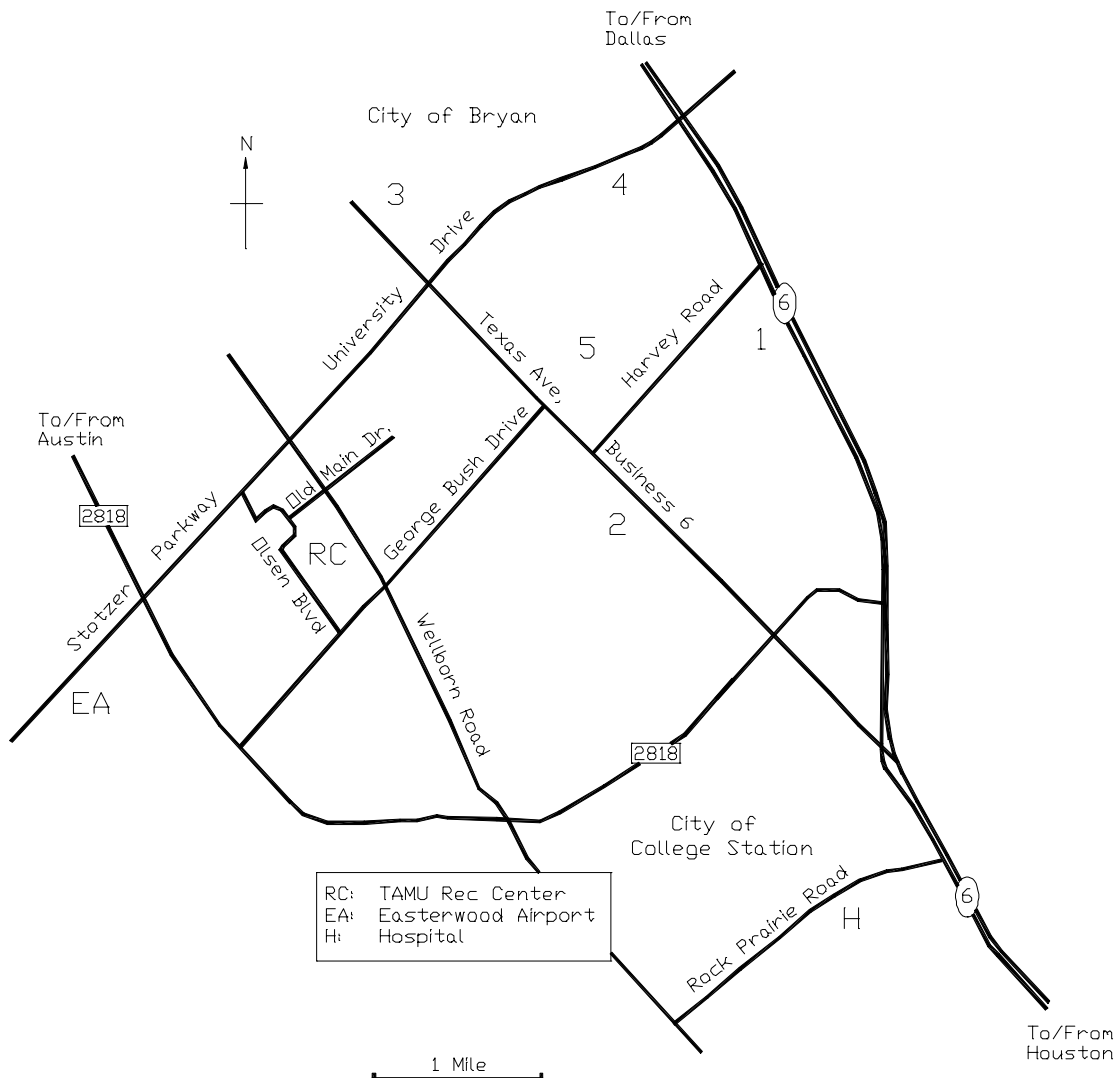
**TEXAS A&M UNIVERSITY STUDENT RECREATION CENTER NATATORIUM RULES:**

- Participants and spectators are not allowed to use other areas of the Student Recreation Center Complex during this event.
- Swimming is allowed only when the area is supervised.
- NO glass containers, tobacco, or alcoholic beverages are allowed within the natatorium area.
- Only participants, coaches, event administrators, and event volunteers are allowed on the pool deck. All spectators and parents must remain in the grandstand.
- Participants are not allowed to climb over the grandstand railings or pass any posted barriers.
- Don't hang on the lane lines.
- There will be **NO SHAVING** within the Student Recreational Complex. All shaving should be completed prior to arrival at the natatorium. Safety marshals will be monitoring the locker rooms and restrooms to enforce this policy.
- Safety rules will be enforced during warm-ups before each event session and in the diving well during the meet. The diving well is a warm-up area. Recreational swimming is prohibited.
- Diving Boards will be closed and off-limits to all competitors and spectators.
- Please be neat. Throw your trash in the trash containers.
- **NO LAWN CHAIRS** are allowed in the facility.
- The Texas A&M Recreational Sports staff has final authority on all safety matters and reserves the right to remove anyone for behavior that is deemed unsafe or inappropriate.
- Blocking or restricting fire lanes or emergency exits, and the use of emergency exits for non-emergencies is prohibited. Team Banners must not exceed 5'X 8' and will be hung by event staff. No handmade signs are allowed in the facility.
- No pets allowed in the Rec Center complex or on the pool deck.

**SPONSORING HOTELS:**

Hotel	Phone Number	Rate/night	on Map	Group name	Cut-off Date
Holiday Inn Hotel & Suites 2500 Earl Rudder Freeway College Station, TX 77840	979-485-8300	\$108	1	Gulf Swimming Championships	Nov 12, 2009
Manor Inn 2504 Texas Avenue South, College Station, TX 77840	979-764-9540	\$59	2	2009 Gulf Swim Champ	Nov 3, 2009
Super 8 Motel 301 Texas Avenue South College Station, TX 77840	979-846-8800	\$78	3	Gulf Swimming	Nov 3, 2009
TownePlace Suites by Marriott 1300 University Drive. East College Station, TX 77840	979-260-8500	\$119-149	4	Gulf Swimming Championships	Nov 16, 2009
Vineyard Court Designer Suites Hotel 1500 George Bush Drive East, College Station, TX 77840	979-693-1220	\$129-199	5	Gulf Swimming Championships	Nov 19, 2009

An entire listing of Bryan/College Station area accommodations can be found at <http://visitaggieland.com/>



SAFETY GUIDELINES AND WARM-UP PROCEDURES  
APPENDIX G

**WARM-UP PROCEDURES**

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
  - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
  - 2. Lanes are **ONE WAY ONLY**.

**SAFETY GUIDELINES**

- A. Swimmers Responsibilities
  - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
  - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
  - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
  - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
  - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
  - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
  - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
  - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
  - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
  - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
  - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
  - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
  - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
  - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
  - 2. Glass containers are prohibited.
  - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.

<b>Entry Rules</b>		
Type of Meet		Prelim/Final A,B,C, D
Max # individual events per day		Three (3)
Swimmers eligible		All USA Swimming
Entry time in		Any - Seeded per National Rules
Qualifying times	15 & Over	None
	14 & Under	Sr Gulf Champs
Cut-off times		None
Enter with no time?		Yes
Gulf "three event" rule applies?		Yes
Gulf "up/down" rule applies?		Yes
Fees		Individual - \$9.00; Relays - \$16.50
Facility Surcharge Fee		\$5 per swimmer

Women #	Prelims - 9:30 am			Friday's Events	Finals - 4:30 pm			Men #
	YARDS	SCM	LCM		YARDS	SCM	LCM	
1	11:30.99	10:01.69	10:05.49	1000 Free*	11:19.49	9:54.59	10:04.59	2
3	1:13.79	1:22.39	1:26.09	100 Breast	1:06.99	1:14.39	1:17.69	4
5	2:03.09	2:15.69	2:17.79	200 Free	1:51.79	2:03.79	2:07.59	6
7	1:02.69	1:08.09	1:11.19	100 Fly	:56.19	1:01.49	1:03.59	8
9	4:53.19	5:23.29	5:37.09	400 I.M.	4:34.59	5:03.99	5:20.29	10
11	---	---	---	400 Free Relay**	---	---	---	12

\* The fastest 8 girls and the fastest 8 boys who check-in for each event, and who do not elect to swim in Prelims, will swim during Finals. All other heats will be swum as the last heats in Prelims, fastest to slowest.

\*\* The fastest 16 relays that do not elect to swim in Prelims will swim in Finals. Relay heats will swim slowest to fastest in event order. There will be a 15 minute break after the last individual event before the start of relays.

Women #	Prelims - 9:30 am			Saturday's Events	Finals - 4:30 pm			Men #
	YARDS	SCM	LCM		YARDS	SCM	LCM	
13	2:21.69	2:29.19	2:40.89	200 Fly	2:04.49	2:16.19	2:27.09	14
15	:26.19	:29.19	:29.59	50 Free	:22.99	:25.49	:25.99	16
17	2:38.99	2:57.79	3:09.99	200 Breast	2:25.59	2:43.29	2:49.09	18
19	1:04.69	1:11.09	1:16.09	100 Back	:57.39	1:03.89	1:09.39	20
21	5:27.09	4:42.39	4:46.29	500 Free	4:56.49	4:16.59	4:32.69	22
23	---	---	---	800 Free Relay**	---	---	---	24

\*\* The fastest 16 relays that do not elect to swim in Prelims will swim in Finals. Relay heats will swim slowest to fastest in event order. There will be a 15 minute break after the last individual event before the start of relays.

Women #	Prelims - 9:30 am			Sunday's Events	Finals - 4:30 pm			Men #
	YARDS	SCM	LCM		YARDS	SCM	LCM	
25	:56.49	1:02.19	1:03.89	100 Free	:50.49	:55.79	:57.89	26
27	19:16.49	19:04.09	20:28.49	1650 Free*	18:57.79	18:36.89	19:22.99	28
29	2:18.89	2:33.99	2:43.09	200 Back	2:09.69	2:24.09	2:32.89	30
31	2:18.79	2:33.19	2:38.39	200 I.M.	2:06.39	2:19.59	2:27.09	32
33	---	---	---	400 Medley Relay**	---	---	---	34

\* The fastest 8 girls and the fastest 8 boys who check-in for each event, and who do not elect to swim in Prelims, will swim during Finals. All other heats will be swum as the last heats in Prelims, fastest to slowest.

\*\* The fastest 16 relays that do not elect to swim in Prelims will swim in Finals. Relay heats will swim slowest to fastest in event order. There will be a 15 minute break after the last individual event before the start of relays.



## Relay Entry Form

Team:		Address:	
Team Initials:		Email:	
Head Coach:			
Phone:			
Event #	Event Description	Relay (A,B,C...)	Entry Time
Swimmer	Last Name	First Name, MI	USA Number
1			
2			
3			
4			
Event #	Event Description	Relay (A,B,C...)	Entry Time
Swimmer	Last Name	First Name, MI	USA Number
1			
2			
3			
4			
Event #	Event Description	Relay (A,B,C...)	Entry Time
Swimmer	Last Name	First Name, MI	USA Number
1			
2			
3			
4			
Event #	Event Description	Relay (A,B,C...)	Entry Time
Swimmer	Last Name	First Name, MI	USA Number
1			
2			
3			
4			
Event #	Event Description	Relay (A,B,C...)	Entry Time
Swimmer	Last Name	First Name, MI	USA Number
1			
2			
3			
4			

**ENTRY VERIFICATION FORM**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

\_\_\_\_\_  
Team Name

\_\_\_\_\_  
Signature

\_\_\_\_\_ Title Date

**COACHES' INFORMATION FORM**

Please list below the information for each attending coach.

\_\_\_\_\_  
Name USA number

\_\_\_\_\_  
Name USA number

\_\_\_\_\_  
Name USA number

\_\_\_\_\_  
Name USA number

\_\_\_\_\_  
Name USA number

\_\_\_\_\_  
Name USA number