

# Dynamo Swim Club - Weekly Swimmers Ear

26 October 2009

## Upcoming Events:

October 29	Deadline to Sign-up for MAC Travel Trip (SR Meet)
November 3	Deadline for Honeybaked Ham/Scrip orders
November 14-15	MAC - DYNA Dual Meet(s)

## *Global Sport Technology*

This week Dynamo welcomes Dr. Genadijus Sokolovas who is testing some of our athletes. Dr. Sokolovas was previously in charge of sport science for USA Swimming. During his 10 year term at USAS, the scientific information available to coaches increased exponentially. One of the products/services developed was a land-water strength test, that Genadijus has improved upon and is using to test our athletes this week. In addition to being able to calculate force created while swimming, instantaneous velocity can also be measured, and superimposed on a video of your swimming. The picture created shows where in each cycle of swimming your peak velocity is, as well as your lowest velocity. The plan is to test this week, and then set up another time during the season to do more testing and track our improvements.

Dr. Sokolovas has also agreed to give our coaches some talks this week that has already energized the coaches, and we are very excited to bring some new ideas to the club.

Please say hi to Dr. Sokolovas around the deck; feel free to call him 'G'.

## *Scholastic All-Americans*

Congratulations to Dynamo's All-Americans for 2009, just posted by USA Swimming. These athletes are getting it done in the classroom and the pool. This is a program that Dynamo has a rich history in, and we encourage all our athletes to push to achieve All-American status. For information on qualifying click [here](#).

HANNAH E. BURKE  
LESLIE E. HACKLER  
SARA E. MC MAHON  
MEREDITH J. NAKANO  
EVAN A. BROWNING  
JOHN B. (JACK) LANE  
MICHAEL T. REYNOLDS  
DYLAN W. TEMPLETON

## *Facility Drop-off and Pick-up*

Each of facilities has it's own traffic pattern flow, and the beginning of the season is a good time to remind parents about pick-up and drop-off procedures.

## Alpharetta

- You May drop-off in front of the facility, and then it is requested you move on to complete your circle (back parking lot) and then either out or park
- It is recommended you park away from the parking spots immediately in the main entrance.
- Pick-up should be done from a parking spot not near the entrance, please take advantage of the spots nearer the new facility to make your exit easier.

## Chamblee

- You may take advantage of the island in front of the main door for drop-off. Please pull off to the right and drop-off, then move to the back lot to park, or exit.
- Pick-up should not be from the island, or the fire lane where the cones are. Parents are asked to park, and have their children walk out to the back lot for pick-up.
- We have had more than usual issues this year, with a real backup on the island out into the street.
- Please do not park in the island for any amount of time, or block the staff front spaces.

We appreciate your cooperation making the Dynamo facilities safe for all our participants and programs!

## ***Billing and Invoices (Read/Important)***

Invoices through the online/billing website have been posted. The invoices are produced on the 21<sup>st</sup> of each month, and due on the first of the following (i.e. May bill is posted on April 21<sup>st</sup>, and due on May 1).

- ***Bills are late after the 10<sup>th</sup> of the month, and when invoices are generated (automatically through the website) on the 21<sup>st</sup>, those with an outstanding balance will be charged a \$25.00 late fee.***
- Even though we don't bill 9 month members for June, July and August, bills are still produced, as meet fees will continue through the summer.
- Make sure you are checking your accounts to see all payments that are posted, and charges incurred are correct. If you need to have your password re-sent please email [Jason](#).
- With the dissolution of our Meet Entry Account (remaining balance at that time credited to November 2008 bills) we now roll a \$3.00 fee into our meet entries to offset the meet entry administration and costs. This is an industry standard, with many Teams charging \$5.00 per meet entry.

## ***Dynamo Parka Orders***

With the winter months fast approaching don't forget to place your Parka orders. Orders are placed the 1<sup>st</sup> and 15<sup>th</sup> of each month with a four week turn around time...remember to plan ahead for holiday shopping. For your convenience the [order form](#) can be found on Dynamo's website.

## ***Facility Reminders:***

- +Dynamo no longer accepts the American Express card.
- +Dynamo is not responsible for equipment bags or contents left at the facility.
- + When paying for dues with a Credit Card, always write the name of the swimmer account on the receipt. The same is

true for the memo portion of a check that is submitted for dues payment.

+ Please stay alert when driving through the parking lot - look out for Dynamo swimmers participating in dry land activities.

<u>Alpharetta Swim Center</u>	<u>Chamblee Swim Center</u>

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