

**Metro Divisionals Championships**  
**March 18-20, 2011**

**SANCTION:** Held under the sanction of USA Swimming and Georgia Swimming, Inc.  
Sanction # **GA11-24**

**HOST TEAM:** Dynamo Swim Club  
3119 Shallowford Road  
Chamblee, GA 30341  
(770) 457-7946

**FACILITY:** This is a 10-lane 25-yard competition pool that is 6 ½ feet deep on both start and turn ends. In addition there is a 5 lane and an 18 lane warm up/warm down pools. A Colorado timing system and scoreboard will be used.

Bleacher seating is provided. No chairs will be allowed on deck by order of the DeKalb County Fire Marshall. Concessions will be available.

***The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming & Georgia Swimming.***

**MEET DIRECTOR:** Amanda Howard

**MEET REFEREE:** Phil Hurd

**SAFETY MARSHALL:** Tennent Simpson

**ELIGIBILITY:** Open to all Swimmers Registered with U. S. A. Swimming and Georgia Swimming that represent Swim Atlanta, Stingrays Swimming and the Dynamo Swim Club. Dynamo will accept USA registrations at the meet. You must have a check for \$59.00 made out to "Georgia Swimming" to register, plus \$25 penalty if you are a late renewing swimmer. All teams must sign the waiver on the Summary Sheet stating that all swimmers and coaches participating in this meet are currently registered with U.S.A. Swimming.

**RULES:** All Swimmers, Coaches and Officials must be currently registered with USA Swimming. **ALL OFFICIALS and COACHES** must wear their current USA Swimming registration card and current LSC certification while on deck and in hospitality. All swimmers are responsible for swimming in their assigned heats and lanes. Current USA Swimming rules will govern the conduct of the meet unless otherwise noted. Dive-over starts may be utilized at the discretion of the meet management and meet referee.

**"Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."**

**SCRATCH RULE:** The current Georgia Swimming Scratch Rule (04-18-10) will be in effect.

**WARM-UP:** The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool, and each team will be required to furnish at least one USA Swimming Certified Coach to monitor their swimmers.

**FORMAT:** The 400 IM & 500 Free will be swum as a Timed Finals event. During the check-in period, swimmers will be offered an AM or PM option. The fastest ten swimmers choosing the PM option, in the 11/12, 13-14 and Senior (15-Over) groups for both the men and women (up to six total heats) will swim during the Finals session. The rest of the 11/12, 13-14 and Senior (15-Over) swimmers will be **Senior seeded**, and swum fastest to slowest, alternating women and men, in the prelim session. Their times will then be divided back out by age group, for results and awards.

The 1000 Free will be swum as a Timed Finals event. The event will be **Senior seeded** and divided back out by the three age groups for results and awards.

All other events for the 11-12, 13-14 and Senior (15-Over) age groups will be swum on a Preliminary and Final basis.

The Meet Director and Meet Referee reserve the right to limit the 400 IM, 500 Free and 1000 Free. This decision will be made according to time line estimates.

Dynamo reserves the right to run multiple courses if the timeline warrants it.

**FINALS/CONSOLS:** The Senior (15-Over) group will swim the top 30 qualifiers from prelims. During the finals, the championship final will be first, followed by the consolation final, followed by the bonus final. The 13-14 group will swim the top 20 qualifiers from prelims. During the finals, the championship final will be first, followed by the consolation final. The 11-12 age groups will swim the top 10 qualifiers from prelims.

**DISTANCE EVENTS:** **Each swimmer in the 500 Free, and 1000 Free must supply a counter. The time standard in the 400 IM, 500 Free and 1000 Free events must have been achieved prior to the meet.**

**CHECK-IN:** In order to be seeded into the deck seeded events, swimmers must positively check in with the Clerk of Course according to the following schedule for the 500 free, 1000 free, and 400 IM:

Friday:	7:45 AM
Saturday:	7:45 AM
Sunday:	7:45 AM

**ENTRY LIMIT:** 11 & over swimmers may enter three (3) individual events per day.

**ENTRY FORMS:** All entries MUST include the USA Swimming Club Code and each swimmer's USA Swimming registration number, first and last name, age and seedtime for each event entered. Each team must complete the Meet Entry Summary Sheet. A printed copy of all entries, fees and a completed and signed liability release form must accompany your entries. Meet set-up is available for all HYTEK-Team Managers for Windows users at the Dynamo Swim Club Web Page: <http://dynamoswimclub.com>. Entries should be emailed, provided your entry hard copy, fees and liability release form are received by the entry deadline. E-mail entries must be accompanied by a word file of the entries so we can verify proper import of your swimmers. You will receive an E-mail verification that your entries have been received within 8 hours of submission.  
E-mail entries may be sent to: [Amanda@dynamoswimclub.com](mailto:Amanda@dynamoswimclub.com)

**ENTRY DEADLINE:** All entries must be received on or before Monday, February 28, 2011. **FAX or phone entries cannot be accepted:**

Metro Divisionals  
c/o Dynamo Swim Club  
3119 Shallowford Road  
Chamblee, GA 30341

**ENTRY FEES:** Four dollars and fifty cents (\$4.50) per event. Make checks payable to: **DYNAMO PARENTS' CLUB**. Entries will not be accepted unless accompanied by the correct fees.

**LATE ENTRIES:** Late entries from swimmers already accepted into the meet will be permitted only if open lanes exist. Late entries will be seeded as NT. Late entry fees are double (\$9.00) the standard entry fee, and are payable immediately. No late entries will be accepted that require additional heats to be created.

**AWARDS:** Medals will be awarded to the top 3 finishers and ribbons will be awarded to the next 7 finishers in each individual event.

**LIABILITY  
RELEASE:**

In granting this Sanction it is understood and agreed that, USA Swimming, Inc., Georgia Swimming, Inc and the Dynamo Swim Club shall be free and held harmless from any and all liabilities or claims for damages arising by reason of injury to anyone during the conduct of the event. Acceptance of this policy is evidenced by entry into this meet.

**MANDATORY**

**COACHES MEETING:**

Coaches must sign in and show their current U.S.A. Swimming Registration Card. Coaches must wear their current Registration Card at all times while at the meet. **Any coaches not having a current certification will be barred from the pool deck.**

Coaches are reminded to closely supervise their swimmers at all times. At least one Coach from each team must attend a Coaches Meeting at 7:00AM on Friday, March 18<sup>th</sup>, in the Hospitality Room.

**OFFICIALS:**

The Dynamo Swim Club welcomes and encourages the assistance of certified officials and apprentices from visiting teams. To volunteer, please notify the Meet Referee one hour before each session. Officials (and apprentices) should be prepared to present their current USA Swimming registration card and LSC certification card and to wear them at all times, while working on Deck or in Hospitality. Standard dress for officials is blue pants, shorts or skirt; white polo shirt and white shoes and socks.

**HOSPITALITY  
& CONCESSIONS:**

Basic concessions will be provided. A hospitality area will be provided for all officials and coaches.

**PARKING:**

The Dynamo Swim Club has limited parking. Please adhere to the parking directions on the property.

**FOR ADDITIONAL  
INFORMATION:**

Amanda Howard (770) 457-7946, ext: 13

Officials wishing to work the meet can contact the Meet Referee: Phil Hurd  
[pwhurd@bellsouth.net](mailto:pwhurd@bellsouth.net)

## SCHEDULE OF EVENTS

### FRIDAY AFTERNOON, March 18, 2011

Warm-up: 7:00 – 8:20 AM  
 Prelims Start: 8:30 AM

Warm-up: 4:30 – 5:30 PM  
 Finals Start: 5:30 PM

<b>Women</b>			<b>Men</b>		
Event #	Time Standard	EVENT	Time Standard	Event #	
1		11-12 200 IM		2	
3		13-14 200 IM		4	
5		15-Over 200 IM		6	
7		11-12 50 Free		8	
9		13-14 50 Free		10	
11		15-Over 50 Free		12	
13		11-12 50 Breast		14	
15		13-14 200 Breast		16	
17		15-Over 200 Breast		18	
19		11-12 100 Back		20	
21		13-14 100 Back		22	
23		15-Over 100 Back		24	
<b>5-10 min break</b>					
25	13:13.99	15-Over *1000 Free	12:24.99	26	
27	13:26.99	13-14 *1000 Free	12:57.99	28	
29	14:16.99	11-12 *1000 Free	14:13.99	30	

\*The 1000 Frees will be swum as Timed Finals. The 11-14's and the Senior's will all swim fastest to slowest, alternating by gender as a Senior seeded event; unless a second course is used and then there will be no alternating.

### SATURDAY MORNING, March 19, 2011

Warm-up: 7:00 – 8:20 AM  
 Prelims Start: 8:30 AM

Warm-up: 4:30 – 5:30 PM  
 Finals Start: 5:30 PM

<b>Women</b>			<b>Men</b>		
Event #	Time Standard	EVENT	Time Standard	Event #	
31		11-12 200 Free		32	
33		13-14 200 Free		34	
35		15-Over 200 Free		36	
37		11-12 100 Breast		38	
39		13-14 100 Breast		40	
41		15-Over 100 Breast		42	
43		11-12 100 Fly		44	
45		13-14 100 Fly		46	
47		15-Over 100 Fly		48	
<b>5-10 min break</b>					
49	5:48.99	15-Over *400 IM	5:21.99	50	
51	5:54.99	13-14 *400 IM	5:34.99	52	
53	6:14.99	11-12 *400 IM	6:07.99	54	

\*The 400 IM will be swum as Timed Finals. The 11-14's and the Senior's will all swim fastest to slowest, alternating by gender as a Senior seeded event; unless a second course is used and then there will be no alternating.

**SUNDAY MORNING, March 20, 2011**

Warm-up: 7:00 – 8:20 AM  
Prelims Start: 8:30 AM

Warm-up: 4:30 – 5:30 PM  
Finals Start: 5:30 PM

**Women**

**Men**

<i>Event #</i>	<i>Time Standard</i>	<i>EVENT</i>	<i>Time Standard</i>	<i>Event #</i>
55		11-12 50 Back		56
57		13-14 200 Back		58
59		15-Over 200 Back		60
61		11-12 100 Free		62
63		13-14 100 Free		64
65		15-Over 100 Free		66
67		11-12 50 Fly		68
69		13-14 200 Fly		70
71		15-Over 200 Fly		72
<b>5-10 min break</b>				
73	6:26.99	15-Over *500 Free	6:00.99	74
75	6:31.99	13-14 *500 Free	6:18.99	76
77	6:49.99	11-12 *500 Free	6:44.99	78

\*The 500 Frees will be swum as Timed Finals. The 11-14's and the Senior's will all swim fastest to slowest, alternating by gender as a Senior seeded event; unless a second course is used and then there will be no alternating.

**DYNAMO SWIM CLUB**  
**Metro Divisionals Championships**  
 March 18-20, 2011

ENTRY SUMMARY SHEET

TEAM \_\_\_\_\_ OFFICIAL ABBREVIATION \_\_\_\_\_  
 COACH \_\_\_\_\_  
 OFFICIAL TEAM ADDRESS \_\_\_\_\_  
 CITY, STATE, ZIP \_\_\_\_\_  
 HOME PHONE # \_\_\_\_\_ OFFICE PHONE # \_\_\_\_\_

	Number of Swimmers	Individual Events
11-12 Girls	_____	_____
11-12 Boys	_____	_____
13-14 Girls	_____	_____
13-14 Boys	_____	_____
Senior Girls	_____	_____
Senior Boys	_____	_____
TOTAL:	_____	_____

TOTAL ENTRIES: \_\_\_\_\_ x \$4.50=\$\_\_\_\_\_.

Make checks payable to: Dynamo Parents Club, Inc.  
 Entry Deadline: **Monday, February 28, 2011**  
 Mail or Deliver Entries to: Metro Divisionals Championships  
 c/o Dynamo Swim Club  
 3119 Shallowford Road  
 Atlanta, GA 30341

WAIVER, ACKNOWLEDGEMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative verify that all of the swimmers and coaches listed on the enclosed entry forms are registered with United States Swimming.

I acknowledge that I am familiar with the safety rules of U.S. Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers and those rules during this meet.

Georgia Swimming, Inc., U.S.A. Swimming and Dynamo Swim Club, its agents, employees and coaches shall be free from any liability or claim for damages rising by reason of injury to anyone during the conduct of the meet.

\_\_\_\_\_  
 Signature/Title\*

\_\_\_\_\_  
 Date

\*Please include a list of all USA coaches who will be attending this meet. (Please use an additional sheet to list all coaches who may attend.

\_\_\_\_\_  
 \_\_\_\_\_

**GEORGIA SWIMMING INC.  
SCRATCH RULE**

The Scratch Rule used in all meets in Georgia where the meet format includes preliminary heats, consolation finals, and finals, is the same "Scratch Rule" as found in Section 207.12 Administrative Conduct of USA Swimming Championships, of the 2010 USA Swimming Rules and Regulations. Certain Georgia LSC additions listed below apply to all timed final meets as well.

“207.12.6.D. Scratching from finals:

- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.
- (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.”

Georgia LSC Additions:

***Unless otherwise stated in the final sanctioned Meet Information:***

1. Swimmers that qualify for any additional heats beyond the above mentioned “C, B and A” final heats as announced in the Meet Information will also be subject to the above rules concerning scratching from finals.
2. In all deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above. This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for deck-seeded events.
3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.
4. Qualifiers for all finals heats and the first and second alternates are those as identified on the original results of the preliminary heat. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results have been posted shall not be subject to penalty.
5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
6. On the final day of LSC Championship competitions, any swimmer who has checked in for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
7. A “Positive check-in procedure” shall be used for deck seeded events. A swimmer’s intent to swim a race shall be denoted by the swimmer’s or swimmer’s coach’s initials entered next to the swimmers name on the official entry sheet posted at the Clerk of Course.

Adopted by the HOD  
April 18, 2010