



FLA International Invitational
Fort Lauderdale Aquatic Complex, Florida
June 23-26, 2011

Sanctioned By: Florida Gold Coast LSC of United States Swimming, Inc. **Sanction # 062311-FG1**

Sponsored By: FLA, the City of Fort Lauderdale and SPEEDO

Time:

	WARM UP	PRELIMS	WARM UP	FINALS
June 23 - Thursday			2:30PM	4:00PM
June 24 - Friday	7:00AM	8:30AM	4:00PM	5:30PM
June 25 - Saturday	7:00AM	8:30AM	4:00PM	5:30PM
June 26 - Sunday	7:00AM	8:30AM	4:00PM	5:30PM

NOTE: Prelim start times may be adjusted to fit timelines.

NOTE: All Finals will be Championship Final Only – Top Ten.

Facility: Two – Ten lane, 50 meter pools. Each pool has Colorado timing and separate scoreboard. Trials will be run in 9 lanes with 1 lane of continuous warm-up available. Additional warm-up may be available in the dive well. Water depth at the starting end of the east pool varies from 4ft to 12' 6 inches and water depth at the starting end of the west pool varies from 4ft to 4'6 inches. ***“The competition course has been certified in accordance with Section 104.2.2C(4) of the USA Swim Rule Book, and a copy of such certification is on file with USA Swimming.”***

Eligibility: Open to all 2011 registered USA Swimming swimmers & foreign athletes that have been invited by USA Swimming, who achieve the time standard. All swimmers must be in good standing with USA Swimming. Registration must be completed and confirmed prior to race day. ***All USA swimmers entered in the meet must be certified by a USA Swimming coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement – USA Swimming Rule 202.3.3.*** FLA is excited about the opportunity to include USA Swimming members with disabilities in our meet and highly encourage their participation. Swimmer’s disability must satisfy the definition of a disability as outlined in USA Swimming Rules and Regulations: ***A permanent physical or mental impairment that substantially limits one or more major life activities.*** Swimmers with disabilities may compete, earn awards, and score points for their team in the same manner as able bodied swimmers. Such swimmers need not have achieved the including qualifying time for this meet. ***Entries for swimmers with disabilities should be submitted with the team’s entry file. The coach or athlete are responsible for notifying the Referee of any accommodations that are required in accordance with the USA-S Rule 105.4.***

Meet Entry Limit: **ENTRY LIMIT** – The team whose entry reservation causes the swimmer count to exceed 850 will be accepted in its entirety. At that point the host club, FLA and eligible Camp FLA swimmers entries will be accepted. Swimmers not accepted in the meet may enter on the day of the meet utilizing the FGC Deck Entry Policy.

Referee: Jay Thomas

Officials: Teams entering 20 or more swimmers are asked to bring one USA Swimming Certified Official. Each Official will be afforded free parking, hospitality, meet polo shirt and other complimentary items. Uniform for officials will be white shirt and KHAKI shorts, slack or skirt (as appropriate). The host has applied to have this meet serve as a Qualifying Meet under the new officials certification program. The following evaluations will be available: N2 – S/T, CJ, Starter, Referee. N3 – S/T, CJ. N3I – Starter, Referee. Officials desiring final evaluations for N3 Starter or Referee should contact Jay Thomas at jayfthomas@comcast.net.

Rules: Current USA Swimming Rules and Florida Gold Coast rules will govern this meet. Safety rules are outlined by USA Swimming and as recommended by the referee, will be in effect.

Spectator Admission:

Per Session	\$6.00 (includes heat sheet)
2-Day Pass	\$20.00 (includes heat sheet)
All Session Pass	\$35.00 (includes heat sheet)

Seeding: **Conforming and Non-Conforming Times** – Enter in LONG COURSE METERS, then SHORT COURSE METERS, then SHORT COURSE YARDS times only. No converted times permitted.

For the 400, 800 and 1500 Free and 400 IM enter the swimmers at their best LCM, SCM or SCY time. These times will be verified using the USA Swimming SWIMS Database. After the entries are processed the SCM and SCY times will be converted by Meet Manager to LCM times. The fastest of these verified times will be selected to swim as described below. Entry times that cannot be verified will not be permitted for entry. Times achieved at foreign meets must be submitted with written proof of time by fax to 954 468 5595 or by email to lmcluckie@FLAswim.com no later than Wednesday June 15th.

- **All relays are timed finals and will swim in the evening sessions.**
After the fastest heat of 800 FR Relay for each age group, the remaining teams may be combined with other age groups to swim but will be scored within their own age group.
- The women's 800 FR and the men's 1500 FR are timed final events that are swum fastest to slowest. All ages are swum together, age groups scored separately.
Women's 800 FR – only top 120 will swim, Men's 1500 FR – only top 60 will swim.
- The 400 IM is a timed final event to be swum fastest to slowest by age group.
Only top 40 will swim.
- The 400 Freestyle events will be timed finals swum by age group. The fastest 10 seeded swimmers will swim in the finals session. Next 30 seeded swimmers will swim in the prelims.
All age groups will alternate Girls/Women and Boys/Men. Age Groups 11-12, 13-14 and 15-16 will swim slowest to fastest. OPEN age groups will swim fastest to slowest. Only top 40 will swim.
- Positive check-in for the 400, 800 and 1500 Freestyle events and for the 400 IM is required 60 minutes prior to the event. These events will be swum in 10 lanes.
- All other events will be swum in prelims and finals. Prelims will be swum in 9 lanes. There will only be one Championship Final swum in 10 lanes.

Entry: THE FGC DECK SEED POLICY WILL BE IN EFFECT
The policy can be seen at www.fgcswim.org

Electronic Entries – Entries will be accepted via electronic attachment by Lisa McLuckie at lmcluckie@FLAswim.com. Entries must be in a Hy-Tek entry file. *Free text entries will not be accepted.*
RELAY ONLY swimmers must be pre-loaded into relays or be annotated as relay only in the body of the email. List swimmer, sex, age and USS #. Event # not required. List all attending coaches and contact phone numbers in the body of the email. Corrupted, unreadable or incorrectly formatted files must be corrected within 24 hours or entry deadline. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent within 48 hours after receipt of file. All entry fees must be paid before the start of the first event. **NOTE: Swimmers without registration numbers or birth dates will not be entered.**

Entry Limit: **Limit 3 Individual events per day plus relays.** Swimmers in distance events that may not make the event limit cutoff may over-enter additional events but may only compete in the maximum number above.
THERE WILL BE NO REFUNDS.

Entry Fees: \$7.50 Per Swimmer Surcharge, \$4 Per Individual Event and \$8 Per Relay Event

NOTE: Make checks payable to FLA – Only one check per team

Please send deposit payments & forms to:

**Fort Lauderdale Aquatics,
501 Seabreeze Blvd,
Fort Lauderdale, FL 33316 and/or:
Fax to (954) 468-5595**

Final payment differences based on actual entries will be settled upon arrival at the meet. Payment can be made by Credit Card.

Deadline: All entries must be received by **Wednesday, June 15th, 2011**
Email entries to: lmcluckie@FLAswim.com *** NO FAX ENTRIES***

Scoring/Awards: 11-9-8-7-6-5-4-3-2-1 (ALL RELAYS SCORE DOUBLE)
Individual Medals: 1-3, Ribbons: 4-10 Relay Ribbons: 1-3
Individual: High Point Awards in each Age group
Team: Top 5 USA Teams – **FLA Cup USA** / Top 5 International Teams – **FLA Cup International**

Social Events: **Friday: Parade of Flags (please be sure to tell us what country you are from on your entry reservation form!)**
Sunday: Swimmer Party in Hall of Fame - pizza and music after finals to celebrate!

More information on both Social Events to follow soon.

Lodging: For all Hotel Information please go to www.FLAswim.com

Information: For additional information email the Meet Director at lmcluckie@FLAswim.com or call the FLA office at 954-468-5590.

Meet Management reserves the right to adjust logistics, with the approval of the FGC Age Group Chairman in order to run an efficient meet.



Entry Process

The FLA International Invitational has established itself as one of the most popular age group invitational meets in the United States. The meet has become so popular that it fills to capacity well before the entry deadline.

In order to ensure fairness to the entry process the following procedure will be in effect regarding entries to the meet:

1. Entries or entry reservations will not be accepted until March 21st, 2011.
2. An entry reservation will only be accepted upon receipt of a **NON-REFUNDABLE** deposit of \$40.00 per athlete. Payment date establishes the order of entry reservation. Payment may be in the form of a team Check, Money Order and Cashier's Check, Bank Wire Transfer, Visa, Mastercard, Discover or American Express through the FLA office.
 - a. **Example** – Starfish Swim Club notifies the host via email on March 21st that they intend to bring 20 swimmers to the meet. Starfish Swim Club mails a check for \$800.00 to the host that arrives March 26th. Effective March 26th – Starfish Swim Club is guaranteed 20 swimmers participating in the meet provided entry limit has not been exceeded. Starfish has established no priority.
 - b. **Example** – SwimHard Swim Club emails intent to bring 10 swimmers on March 23rd. SwimHard does not mail a check for \$300.00 until June 1st. On May 2nd the meet entry limit was reached. SwimHard is not accepted into the meet due to late payment.
3. Confirmation of acceptance in the meet will be confirmed by email.
4. Any differential in payment made and actual entry fees due will be settled upon arrival at the meet.
5. **IMPORTANT** – Once an initial entry reservation has been made and accepted, it is only necessary to send a single entry file PRIOR to the deadline – June 16th. Please do not send multiple updated files. A single file is sufficient.

ENTRY LIMIT – The team whose entry reservation causes the swimmer count to exceed 850 will be accepted in its entirety. At that point the host club, FLA and eligible Camp FLA swimmers entries will be accepted. Swimmers not accepted in the meet may enter on the day of the meet utilizing the FGC Deck Entry Policy.

TEAM NAME: _____

COUNTRY NAME: _____ *For Parade of Flags on Friday 24th!!*

Authorization/Release Statement: By submitting this application, applicant hereby affirms that it is expressly understood and agreed that Hosts (FLA and the City of Fort Lauderdale) extend no guarantees or warranties regarding the entry process. Applicant hereby waives any claim or action against Hosts stemming from the application process. Applicant agrees to assume all risks related to the application process, and certifies that they have read this document in its entirety and completely understand and agree with its contents.

Name

Position

Signature

Date

Email



2011 METHOD OF PAYMENT FORM

For your convenience, we gladly accept the following forms of payment:
Team Check, Money Order, and Cashier's Check, Bank Wire Transfer, Visa, MasterCard, Discover or American Express.

Please complete the necessary information below and circle one of the payment options.

TEAM NAME: _____

_____	X \$40.00/swimmer	=	_____	_____
# of swimmers			Total Due	Today's Date

- I have enclosed a **Team Check, cashier's check or money order** payable to **FLA** in the amount of:
\$ _____.
- I have **wired funds** from my bank to your bank in the amount of \$ _____.

Bank Transfer Information:

- Transfer funds to: Bank of America
- Address: 100 W. 33rd Street, New York, NY, 10001
- ABA #02600953 (Domestic) or Swift Code: BOFAUS3N (International)
- For Credit to: Team Elite Athletic Management International, Inc. d/b/a Fort Lauderdale Aquatics
- Account # 2290 1595 1501
- Please add the \$25.00 Bank of America charge to your total amount due.
- After you have made the transfer, please call (954) 468-5590 or email lmcluckie@FLAswim.com to inform us of the bank confirmation.

- I would like to **charge my credit card** the total amount due \$ _____

VISA _____ MasterCard _____ Discover _____ American Express _____

Card # _____

Expiration Date: _____

Name on card (Please Print) _____

Signature _____

ORDER OF EVENTS

WEST POOL – Thur June 23 – 4:00pm

Ev #	Age	Event	Girls	Boys
1	Open	400 IM	Top 40	
3	15-16	400 IM	Top 40	
5	13-14	400 IM	Top 40	
7	Open	800 Free Relay	---	
9	15-16	800 Free Relay	---	
11	13-14	800 Free Relay	---	
*** 10 Minute Break ***				
13	Open	800 Freestyle	Top 120	

EAST POOL – Thur June 23 – 4:00pm

Ev #	Age	Event	Girls	Boys
2	Open	400 IM		Top 40
4	15-16	400 IM		Top 40
6	13-14	400 IM		Top 40
8	Open	800 Free Relay		---
10	15-16	800 Free Relay		---
12	13-14	800 Free Relay		---
*** 10 Minute Break ***				
14	Open	1500 Freestyle		Top 60

WEST POOL – Fri June 24 – 8:30am

Ev #	Age	Event	Girls LCM	Girls SCM	Girls SCY	Boys LCM	Boys SCM	Boys SCY
15-16	10 & U	200 Free	3:01.89	2:57.89	2:38.39	3:03.19	2:59.19	2:41.39
17-18	11-12	200 Free	2:41.69	2:37.69	2:22.19	2:42.79	2:38.79	2:22.59
19-20	13-14	200 Free	2:31.79	2:27.79	2:13.79	2:24.99	2:19.99	2:06.69
25-26	13-14	50 Fly	36.79	35.79	32.19	34.29	33.39	29.99
31-32	10 & U	100 Back	1:37.29	1:35.29	1:26.49	1:39.89	1:37.89	1:27.09
33-34	11-12	100 Back	1:28.29	1:26.29	1:15.29	1:26.19	1:24.19	1:15.29
35-36	13-14	100 Back	1:20.59	1:17.09	1:09.79	1:15.59	1:11.69	1:04.89
41-42	13-14	200 Breast	3:11.99	3:07.99	2:47.99	3:02.39	2:58.39	2:36.29
47-48	10 & U	50 Free	37.49	36.49	33.39	38.29	37.29	33.79
49-50	11-12	50 Free	34.69	33.69	30.89	34.49	33.49	29.89
51-52	13-14	50 Free	32.49	31.49	28.69	30.69	29.69	26.59
57-58	10 & U	200 Free Relay	---	---	---	---	---	---
59-60	11-12	200 Free Relay	---	---	---	---	---	---
61-62	13-14	200 Free Relay	---	---	---	---	---	---

EAST POOL – Fri June 24 – 8:30am

Ev #	Age	Event	Girls LCM	Girls SCM	Girls SCY	Boys LCM	Boys SCM	Boys SCY
21-22	15-16	200 Free	2:27.19	2:23.99	2:10.39	2:17.19	2:12.69	2:00.09
23-24	Open	200 Free	2:26.69	2:23.09	2:09.49	2:14.79	2:10.49	1:58.09
27-28	15-16	50 Fly	35.39	34.39	31.39	31.69	30.69	28.29
29-30	Open	50 Fly	35.39	34.39	31.39	31.69	30.69	28.29
37-38	15-16	100 Back	1:19.49	1:17.49	1:09.89	1:11.29	1:09.29	1:01.79
39-40	Open	100 Back	1:19.49	1:17.49	1:09.89	1:11.29	1:09.29	1:01.79
43-44	15-16	200 Breast	3:13.39	3:09.39	2:49.69	2:57.79	2:53.79	2:35.09
45-46	Open	200 Breast	3:13.39	3:09.39	2:49.69	2:57.79	2:53.79	2:35.09
53-54	15-16	50 Free	31.89	30.89	28.39	28.79	27.99	25.29
55-56	Open	50 Free	31.89	30.89	28.39	28.79	27.69	25.29
63-64	15-16	200 Free Relay	---	---	---	---	---	---
65-66	Open	200 Free Relay	---	---	---	---	---	---

WEST POOL – Sat June 25 – 8:30am

Ev #	Age	Event	Girls LCM	Girls SCM	Girls SCY	Boys LCM	Boys SCM	Boys SCY
67-68	10 & U	200 IM	3:29.89	3:25.89	3:04.69	3:31.89	3:27.89	3:06.69
69-70	11-12	200 IM	3:02.19	2:58.19	2:37.59	3:03.29	2:59.29	2:38.69
71-72	13-14	200 IM	2:51.49	2:47.49	2:30.49	2:44.59	2:40.59	2:22.49
77-78	10 & U	50 Back	44.69	43.69	39.19	44.89	43.89	39.59
79-80	11-12	50 Back	40.19	39.19	34.79	39.99	38.99	34.59
81-82	13-14	50 Back	38.50	37.50	34.00	37.50	36.50	33.00
87-88	10 & U	100 Breast	1:49.49	1:47.49	1:35.39	1:52.89	1:50.89	1:38.89
89-90	11-12	100 Breast	1:37.39	1:35.39	1:24.19	1:38.09	1:36.09	1:24.29
91-92	13-14	100 Breast	1:29.09	1:27.09	1:17.99	1:23.59	1:21.59	1:12.29
97-98	10 & U	100 Fly	1:44.69	1:42.69	1:33.29	1:45.99	1:43.59	1:33.19
99-100	11-12	100 Fly	1:26.09	1:24.09	1:16.09	1:26.69	1:24.69	1:16.09
101-102	13-14	100 Fly	1:17.59	1:15.59	1:08.39	1:12.69	1:10.69	1:04.09
107-108	10 & U	200 Medley Relay	---	---	---	---	---	---
109-110	11-12	200 Medley Relay	---	---	---	---	---	---
111-112	13-14	400 Free	TOP 40			TOP 40		
117-118	13-14	200 Medley Relay	---	---	---	---	---	---

EAST POOL – Sat June 25 – 8:30am

Ev #	Age	Event	Girls LCM	Girls SCM	Girls SCY	Boys LCM	Boys SCM	Boys SCY
73-74	15-16	200 IM	2:47.29	2:42.49	2:26.99	2:35.89	2:29.29	2:15.09
75-76	Open	200 IM	2:45.89	2:40.59	2:25.29	2:31.29	2:26.19	2:12.79
83-84	15-16	50 Back	37.69	36.69	32.89	33.59	32.59	28.79
85-86	Open	50 Back	37.69	36.69	32.89	33.59	32.59	28.79
93-94	15-16	100 Breast	1:30.79	1:28.79	1:18.89	1:20.49	1:18.49	1:11.09
95-96	Open	100 Breast	1:30.79	1:28.79	1:18.89	1:20.49	1:18.49	1:11.09
103-104	15-16	100 Fly	1:14.89	1:13.29	1:06.59	1:07.69	1:06.39	1:00.59
105-106	Open	100 Fly	1:14.89	1:12.89	1:06.59	1:07.39	1:05.39	1:00.59
113-114	15-16	400 Free	TOP 40			TOP 40		
115-116	Open	400 Free	TOP 40			TOP 40		
119-120	15-16	200 Medley Relay	---	---	---	---	---	---
121-122	Open	200 Medley Relay	---	---	---	---	---	---

WEST POOL – Sun June 26 – 8:30am

Ev #	Age	Event	Girls LCM	Girls SCM	Girls SCY	Boys LCM	Boys SCM	Boys SCY
123-124	11-12	400 Free	TOP 40			TOP 40		
125-126	13-14	200 Back	2:51.99	2:47.99	2:29.69	2:41.59	2:37.59	2:19.49
131-132	10 & U	50 Breast	49.29	48.29	43.49	51.79	50.79	45.39
133-134	11-12	50 Breast	44.89	43.89	38.99	45.29	44.29	39.39
135-136	13-14	50 Breast	42.00	41.00	38.00	41.00	40.00	37.00
141-142	10 & U	50 Fly	43.09	42.09	37.99	43.99	42.99	39.39
143-144	11-12	50 Fly	37.79	36.79	32.69	40.59	39.59	33.99
145-146	13-14	200 Fly	2:49.59	2:45.59	2:28.59	2:41.59	2:37.59	2:22.99
151-152	10 & U	100 Free	1:23.89	1:21.89	1:14.39	1:25.89	1:23.89	1:15.39
153-154	11-12	100 Free	1:16.19	1:14.19	1:07.19	1:14.59	1:12.59	1:05.59
155-156	13-14	100 Free	1:10.39	1:08.39	1:02.19	1:06.59	1:04.59	58.09

EAST POOL – Sun June 26 – 8:30am

Ev #	Age	Event	Girls LCM	Girls SCM	Girls SCY	Boys LCM	Boys SCM	Boys SCY
127-128	15-16	200 Back	2:48.19	2:44.19	2:29.19	2:32.99	2:28.99	2:15.59
129-130	Open	200 Back	2:48.19	2:44.19	2:29.19	2:32.99	2:28.99	2:15.59
137-138	15-16	50 Breast	43.39	42.39	37.39	38.19	37.19	33.49
139-140	Open	50 Breast	43.39	42.39	37.39	38.19	37.19	33.49
147-148	15-16	200 Fly	2:42.69	2:39.59	2:25.49	2:31.99	2:27.99	2:13.59
149-150	Open	200 Fly	2:42.39	2:38.39	2:25.49	2:31.99	2:27.99	2:13.59
157-158	15-16	100 Free	1:08.59	1:07.09	1:00.79	1:03.09	1:00.99	55.19
159-160	Open	100 Free	1:08.39	1:06.19	1:00.79	1:01.99	59.99	54.79