

**DYNAMO SWIM CLUB
SENIOR CIRCUIT
LONG COURSE SWIM MEET
JULY 10-12th, 2009**

- SANCTION:** Sanctioned by Georgia Swimming, Inc. Sanction # **GA09-73**
- HOST TEAM:** Dynamo Swim Club
(770) 457-7946
- FACILITY:** Dynamo Community Swim Center
3119 Shallowford Road
Chamblee, GA 30341
- Competition will be held in the Dynamo Swim Center's 8 lane (9 foot wide), 50 meter covered pool. Also available for warm-up/warm-down will be a 10 lane, 25 yard indoor pool. A Colorado Timing System will be used.
- The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming & Georgia Swimming.*
- MEET DIRECTOR:** Amanda Howard 770-457-7946 ext.13 ARHoward82@gmail.com
- MEET REFEREE:** Edward Saltzman
- SAFETY MARSHALL:** Tennent Simpson
- ELIGIBILITY:** Open to all USA Swimming athletes 15 & Over registered with Georgia Swimming.
- RULES:** The current USA Swimming rules will govern the conduct of this meet, unless otherwise stated herein. Swimmers are responsible for swimming in assigned heat and lane. Coaches must register with the Meet Referee upon arriving at the meet and show their current USA Swimming coaches registration card. Coaches must wear their coaches' registration card at all times while on deck and in hospitality.
- WARM_UP:** The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool, and each team will be required to furnish at least one USA Swimming Certified Coach to monitor their swimmers.
- SCRATCH RULE:** The Georgia Scratch rule will be in effect during the conduct of this meet (copy attached).
- FORMAT:** All individual events will be conducted on a Preliminary and Final basis with the exception of the 400 IM, and the 400 and 800 Freestyles, which will be conducted as timed final events.
- The 400 IM and 400 Freestyle will be swum fastest to slowest alternating heats of women and men. The fastest two heats of each event will be swum in the evening session.
- The 800 Freestyle will be swum fastest to slowest alternating heats of women and men. Swimmers will have the option to declare their preference of swimming AM or PM. The fastest 8 women and men declaring the PM option will compete in the finals session on Sunday night. All remaining heats will swim during the Sunday A.M. session. All swimmers must positive check in for the 800 Freestyle by 12:30 PM Saturday.

All relay events will be Timed Final events. All relays (with the exception of the 400 Medley and 800 Freestyle) will be contested in the morning sessions. For the 400 Medley Relay the fastest two heats of women and the fastest two heats of men will be swum in the Finals session on Saturday, with all other heats being swum during the Saturday Prelims. All heats of the 800 Freestyle Relay will be swum at the end of Finals on Friday evening. Teams may enter two women's and two men's relays for all 200 and 400 meter events. The 800 Freestyle Relay will be limited to one men's and one women's relay per team.

Championship and Consolation Heats will be swum in each event, except for the timed final events. The Championship Heat for each event will precede the Consolation Heat.

Those swimmers who are designated First and Second Alternate in each event must stand by the starter's console to be eligible for moving into an empty lane at Finals. Though no swimmers who are "scratched in" will be penalized for being absent from finals, meet management asks all swimmers who will not be returning for the evening session to scratch as a courtesy to other competitors. For more information on the process of check in and scratching, please refer to the current Georgia Scratch Rule included with this meet information.

Dive-over starts may be utilized at the discretion of the meet management and officials.

DISTANCE EVENTS: *Each swimmer in the 800 Free will need to supply a timer and a counter.*

CHECK-IN: In order to be seeded into the deck-seeded events, swimmers and relay teams must check in with the Clerk of Course. Coaches must check in the 200 Freestyle Relay by 8:15 AM on Friday morning. For all other events (with the exception of the 800 Freestyle), the Clerk of Course will close for prelim event check-in at 8:30 AM each day. **Please note that swimmers must check in for the 800 Free no later than 12:30 PM Saturday, July 11th (the day before the event is to be swum).**

ENTRY LIMIT: Swimmers will be limited to competing in three (3) individual events per day plus relays. Each team will be limited to two (2) relay teams per event, with the exception of the 800 Freestyle Relay, in which each team is limited to a single (1) relay each.

ENTRY FORMS: Please submit entries in a **Hytek entry file**. Each entry must include the USA Swimming Club Code; each swimmer's USA Swimming registration number; first and last name, age and seed time for each event entered. Incomplete entries may be refused. Each team must complete the **Meet Entry Summary Sheet**. A printed copy of all entries, fees, and a completed and signed **Liability Release Form** must be submitted by the entry deadline.

E-mail entries, as attached Hytek entry files, can be sent to: es7204@att.com as long as a hard copy, signed entry summary form, signed liability release form, and a check are received by the entry deadline. A word file of your entries must accompany e-mail entries so we can verify proper import.

Use LONG COURSE entry times.

ENTRY FEES: Individual events: four dollars fifty cents (\$4.50) each

All Relays: six dollars (\$6.00) each

Make Checks payable to: **DYNAMO PARENT'S CLUB.**

Entries will not be accepted unless accompanied by the correct fees.

ENTRY DEADLINE: All entries must be received on or before **Tuesday 30, June, 2009 before 5PM.**

Senior Circuit
C/o Dynamo Swim Club
3119 Shallowford Road
Chamblee, GA 30341

Use LONG COURSE entry times.

LATE ENTRIES: On site late entries will be permitted only if open lanes are available and will be seeded with NT. No additional heats will be created in pre-seeded events. Late entry fees will be doubled for individual and relay events. All swimmers entering late **MUST** show their USA registration card to the Clerk of Course to verify their current USA membership.

LIABILITY RELEASE: In granting this Sanction it is understood and agreed that, USA Swimming, Inc., Georgia Swimming, Inc. and the Dynamo Swim Club shall be free and held harmless from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the event. Acceptance of this policy is evidenced by entry into this meet.

MANDATORY COACHES MEETING At least one coach from each team shall attend a short Coaches Meeting at 8:15AM on Friday, 10th July, in the hospitality Room. Signing in will be required. Coaches will need to show a current coach's USA Swimming registration card.

OFFICIALS: The Dynamo Swim Club welcomes and encourages the assistance of Certified Officials (and apprentices when capacity allows) from visiting teams. To volunteer, please notify the Meet Referee one hour before each session. Officials (and apprentices) should be prepared to present their LSC certification card, and their USA Swimming Registration Card to the meet Referee; and wear them at all times, while working on Deck or while in Hospitality. Standard dress for officials is blue pants, shorts or skirt; white polo shirt and white shoes and socks. The meet referee will specify uniform for finals for select members of the deck officiating crew.

Officials wishing to work the meet can contact the Meet Referee:

Edward Saltzman es7204@att.com

HOSPITALITY & CONCESSIONS:

Concessions will be available by Joy Delivered. A hospitality area will be provided for all officials and coaches.

PARKING:

The Dynamo Swim Club has limited parking. Please adhere to the parking directions on the property.

FOR ADDITIONAL INFORMATION:

Amanda Howard 770-457-7946, ext. 13

Senior Circuit

Friday, July 10th

Prelims Warm-Up: 7:00AM

Start:

8:30 AM

Finals Warm-Up: 5:00PM

Start:

6:00PM

Women	Event	Men
1	200 Freestyle Relay	2
3	200 Breaststroke	4
5	50 Butterfly	6
7	200 Freestyle	8
9	100 Butterfly	10
11	200 Medley Relay	12
13	400 IM	14
15	800 Freestyle Relay*	16

** Will be swum during finals at night*

Saturday, July 11th

Prelims Warm-Up: 7:00AM

Start: 8:30AM

Finals Warm-Up: 5:00PM

Start: 6:00PM

Women	Event	Men
17	50 Backstroke	18
19	200 Butterfly	20
21	50 Freestyle	22
23	100 Breaststroke	24
25	100 Backstroke	26
27	400 Medley Relay+	28
29	400 Freestyle	30

+ Two fastest heats will be swum during finals after the 400 Free

Sunday, July 12th

Prelims Warm-Up: 7:00AM

Start: 8:30AM

Finals Warm-Up: 5:00PM

Start: 6:00PM

Women	Event	Men
31	50 Breaststroke	32
33	200 Backstroke	34
35	100 Freestyle	36
37	200 IM	38
39	400 Freestyle Relay	40
41	800 Freestyle@	42

@Fastest heat to swim during the Finals session

- All heats of the 200 Relays will be contested in the morning session
- The fastest two heats of the 400 IM will be contested in the evening session
- All heats of the 800 Free Relay will be contested in the evening session
- The fastest two heats of 400 Free will swim in the evening session
- The fastest two heats of the 400 Medley Relay will swim in the evening session after the 400 Free
- All heats of the 400 Free Relay will be contested in the morning session

The 800 Free will be the last event contested in the morning session, beginning with the fastest eight swimmers not declaring the PM option; at finals, the 800 will correspond to the numerical event order

Dynamo Swim Club Preferred Hotels

Dynamo Swim Club Preferred Hotels



Doubletree Hotel Atlanta NE/Northlake

4156 LaVista Road
Tucker, GA 30084
678-987-1172 or 770-938-1026

\$79.00 per room + 12% tax
(valid only Thursday, Friday and
Saturday)

Full Service Hotel
(Room Service, Fitness Center,
Coin-operated Laundry, WII
Game Area)

About 4 miles from the Dynamo
Swim Club (7 minutes)

Marlos Tavern serving breakfast,
lunch and dinner

For reservations contact:
Tammi Whitehead, Sales
Manager
678-987-1172 or
tammi.whitehead@hilton.com
www.atlantananorthlake.doubletree.com



Holiday Inn-Select Atlanta Perimeter Dunwoody

4386 Chamblee Dunwoody
Road Atlanta, Ga.
30341 (770) 296-6002

or (770) 457-6363

\$72.00 per room + 12% tax
Full service hotel

About 6 miles from Dynamo
Restaurant in hotel

For reservations contact:

Sales Manager@

(770)457-6363 ext.316

www.hiselect.com/atlperimeter



Travel should take you places®

Hilton Atlanta Northeast

5993 Peachtree Industrial
Boulevard Norcross, GA 30092

\$79.00 Standard Room, valid
only Thursday, Friday and
Saturday

\$99.00 Junior Suite, valid only
Thursday, Friday and
Saturday.+13% tax

full service hotel
about 8 miles from Dynamo

For reservations contact:

Jacquelyn Simmons, Sales
Manager

(678)533-3327

www.atlantaneast.hilton.com

**Please make sure when making your reservation that you mention Dynamo Swim Club and use
a Code Number if one is listed to get our special rate!!**

GEORGIA SWIMMING INC.

SCRATCH RULE

The Scratch Rule used in all meets in Georgia where the meet format has preliminary heats, consolation finals, and finals is the same "Scratch Rule" as that found in the current USA Swimming Rules and Regulations. Certain LSC additions listed below apply to all timed final meets as well.

"D. Scratching from finals:

1. Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
2. In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
3. Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the C, B, or A (bonus final, consolation final or) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
4. If the C or B (bonus and consolation) final has already been contested, the companion final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

1. The Referee is notified in the event of illness or injury and accepts the proof thereof.
2. A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer."

LSC ADDITIONS:

1. Swimmers that qualify for any additional heats beyond the above mentioned "C, B and A" final races will also be subject to the above rules concerning scratching from finals.

2. In deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above. **This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for deck-seeded events, unless otherwise stated in the Meet Information.**

3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.

4. **Qualifiers for all finals heats** and first and second alternates are **those as** identified on the original results of the preliminary heat.

5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.

6. On the final day of LSC Championship competition, any swimmer who has checked in for finals and fails to show will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.

7. "Positive check-in", (for deck seeding), designating a swimmer's intent to swim a race, shall be denoted by the swimmer's or coach's initials next to the swimmer's name on the official entry sheet posted at the Clerk of Course.

Adopted by the HOD
September 23, 2006