



Jump into the high school season with FCST's High School Clinic

August 20-24th
At FCCA
Aquatic Center

Monday—Friday
5:30-6:45 PM

Cost - \$100

*includes a \$25 non-refundable registration fee



Please send inquiries to clinics@swimfcst.com

Registration can be sent to:
FCST - Clinics
4501 Cartwright #406
Missouri City, Tx 77459

*Checks made payable to FCST



High School Swimmers are invited to come and work with some of the area's best age group and senior coaches to learn new drills, techniques and training strategies gearing up to kick off the high school swim season.

FCST is the premier club in the southwest Houston area and one of the top clubs nationally. FCST swimmers have boasted 2 national age group records, numerous national and 8 2012 Olympic trial qualifiers, GULF LSC. and Texas state record holders, and numerous top 10 national age group rankings. Come and find out what makes our swimmers so great!

First Colony Swim Team
High School Prep Clinic

Name: _____ School: _____

Age/Year: _____

Parents: _____ Email: _____

Address: _____

Phone: _____

*Please make checks payable to FCST

