

Purple and Black Meet
An Intrasquad Meet



Yards – Timed Finals
October 30, 2009
Sanction #GUSC 10-018

LOCATION:

Seven Lakes High School Natatorium
9251 South Fry Road
Katy, TX 77494

COACHES:

Troy Emmons, Head Coach
Jason Devine, Head Age Group Coach
Dana Abbott, Assistant Coach
Justin Doherty, Assistant Coach
Caiti Gardner, Assistant Coach
Erin Robichaux, Assistant Coach
Stacey Van Horn, Assistant Coach
Valerie Martin, Assistant Coach

POOL: Eight-lane, 25 yard indoor pool (3 warm-up-down lanes) with non-turbulent lane lines.

TIME AND DATE: This is a timed-finals meet.
Friday October 30, 2009: warm-ups start at 5:00 p. m.; meet starts at 6:00 p.m.

Split warm-ups will be in effect.

This meet will be run using the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chairman. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

MEET REFEREE: David A. Brown David.A.Brown@conocophillips.com 713-294-8863

MEET DIRECTOR: Robert Arceneaux raceneaux@tdw.com 713-825-8328

SAFETY MARSHAL: Sally Taggart Sally.Taggart@bp.com

SAFETY GUIDELINES AND WARM-UP PROCEDURES: See attached Safety Guidelines and Warm-up Procedures.

SEEDING: The meet will be a deck-seeded meet. Coaches please inform your swimmers of seeding on deck rules.

CHECK-IN: All swimmers must check-in (circle-in) at the Clerk of the Course for all events. Swimmers are required to circle-in at least 45 minutes before their event. After the events are officially closed, no one may check in or scratch.

ON-DECK ENTRIES: Late entries will be accepted up to thirty (30) minutes prior to the start of the day's first event as defined in the meet time line.

1. Swimmers must pay double the entry fee at the time of entry.
2. Swimmers must supply completed entry forms entered at the swimmer's best times. The swimmers will be seeded into the events according to their best times.
3. Swimmers must enter all events for the day thirty (30) minutes prior to the start of the day's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers who on-deck to change an entry time in an event already entered must circle-in on the posted circle-in sheets. The new time will be used for seeding. The on-deck entry fees still apply to these swimmers.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a specific event in a USA Swimming meet before, please note this by entering a NT (No Time) where a seed time is requested.

Qualifying Times: There are no qualifying times.

Cut-off Times: There are no cut-off times.

Age: Open to all ages

Number of Events: Swimmers may compete in up to 2 individual events per day.

Deadline: Entries must be in the hands of the Meet Entry Chairman no later than 5:00 p.m. on Friday, October 30, 2009. No late entries will be accepted. Do not send entries via Federal Express, etc., that require a signature; if you must send your entries by express mail, please indicate that a signature is NOT required. Mail or hand-deliver entries to the Meet Entry Chairman at:

Robert Arceneaux
5006 Big Meadow Lane
Katy, TX 77494
281-395-1287
Email: arceneaux@tdw.com

Eligible Teams: Only members of KATY who are in good standing are eligible to compete

Fees: There are no entry fees for this event

AWARDS:

Awards will not be presented at this event

SCORING:

Individual Events: 9-7-6-5-4-3-2-1

RULES AND SANCTIONS: The 2009/2010 USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. No entries can be accepted unless the entrant is either registered or certified by USA Swimming. Gulf Swimming Up/Down rule and 3 Event rule do not apply.

POOL MEASUREMENT: The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C).

The pool will be measured before the competition begins to ensure that the course length is correct.

TIMING SYSTEM: A Colorado Model System 6 electronic timing system with an electronic scoreboard (minimum one line) will be used. Two watches per lane will be used as a back-up.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Psych Sheets.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS: Concessions will NOT be available.

HOSPITALITY: A hospitality room will NOT be available.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet.

Entry Rules

Type of Meet	Timed Finals
Max # of individual events per day	Two (2)
Swimmers eligible	KATY
Entry times in	SCY/SCM/LCM
Qualifying Times:	None
Cut-off times	None
Gulf "three event" rule applies?	No
Gulf "up/down" rule applies?	No
Enter with no time?	Yes
Fees:	
Individual	\$0.00
Relays	\$0.00



Purple and Black
Intrasquad Meet
Hosted by
KATY Aquatics

Friday, October 30, 2009 – Purple and Black Meet – Hosted by KATY

Girls Event #	Event Description	Boys Event #
1	10 & Under 50 Freestyle	2
3	11 – 12 50 Freestyle	4
5	13 – 14 50 Freestyle	6
7	15 & Over 50 Freestyle	8
9	10 & Under 50 Backstroke	10
11	11 – 12 50 Backstroke	12
13	13 – 14 50 Backstroke	14
15	15 & Over 50 Backstroke	16
17	10 & Under 50 Breaststroke	18
19	11 – 12 50 Breaststroke	20
21	13 – 14 50 Breaststroke	22
23	15 & Over 50 Breaststroke	24
25	10 & Under 50 Butterfly	26
27	11 – 12 50 Butterfly	28
29	13 – 14 50 Butterfly	30
31	15 & Over 50 Butterfly	32

ENTRY VERIFICATION

APPENDIX F

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

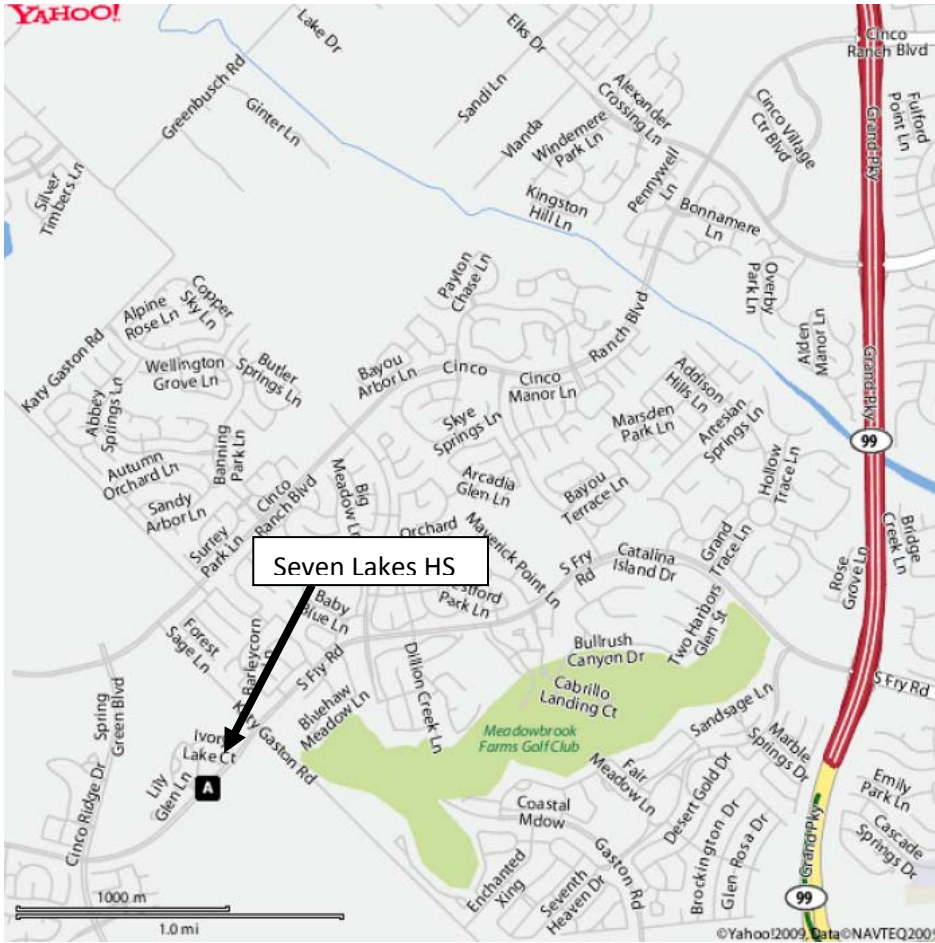
SAFETY GUIDELINES AND WARM-UP PROCEDURES
APPENDIX G

WARM-UP PROCEDURES

- A. General warm-up (Initial portion (1/2) of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion (1/2) of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.



DIRECTIONS: TX-99, Grand Parkway South at I-10.

Travel south on TX-99/Grand Parkway. Take Fry Road exit. At traffic light, turn right onto Fry Road. Travel through 1 traffic light and two stop signs. Seven Lakes High School will be on the left immediately after going through 2nd stop sign (Katy-Gaston Road).

Along the wester side of the school runs a road to the back of the school. Turn left off of Fry Road onto this access road. The natatorium is located at the corner of the building near the portable classrooms.