

STINGRAYS SWIMMING

“Training for Life”

Explanation of Duties for Stingrays Hosted Meets

Thank you Stingray parents for your commitment to our athletes and the Stingrays swimming program. Our program works because of you and your willingness to help. Hosting a meet allows us to compete locally, decreases our travel expenses and gives us all a chance to participate. We need every family to be involved as volunteers at each swim meet. The commitment agreement states that you will volunteer for one session if your child swims in one session and two if your child swims in more than one. If your child is swimming and you have not been specifically excused from volunteering for the meet, you will be fined \$50. We have never turned away a worker who wanted to do more than the required amount; don't be shy. If you sign up to work a session, **plan to sign in at warm-ups and expect to work the entire session** (it is always a pleasant surprise to split the session because of an abundance of volunteers). All volunteer positions provide parents the opportunity to watch their children swim.

Timers: Check in at the volunteer desk at the beginning of the warm up session. Timers are required to be at a timers' meeting approximately 30 minutes prior to the start of the meet. The meet official will brief timers on the specific duties during the race. Timers are expected to work the entire session. A relief timer will be assigned to take care of physiological breaks. Water will be provided periodically by the hospitality volunteers. Timers are critical to an efficiently run meet. Promptness is vital and it helps to have minimal distractions (babies, schedule conflicts, etc.)

Runners: Runners are responsible for taking the event sheets from the timers at the end of each event (not each heat like in summer league). The sheets are brought to the scorer's computer room for review and then brought to the computer room. Sign-in at warm-ups and plan to check-in ready to work 15 minutes prior to the first race. This position is very mobile and is a good fit for parents of young swimmers or those with small children that need to be watched. It is critical, however, that the sheets get picked up in a very timely manner.

Computer Room Runner: The computer room runner is responsible for posting results from the events as soon as they are officially released from the computer room. The computer room runner also runs the results from preliminary heats to the announcer's table for processing with the clerk of course. Sign-in at warm-ups and check-in ready to work 15 minutes prior to the first race.

Heat Sheet Sales: This job requires the worker to be ready to work at the beginning of warm-ups (sooner, if possible). The bulk of the sales take place in the first hour (during warm-ups and at the beginning of the meet) and the last hour of the morning session (as the afternoon session starts showing up for warm-ups). During the main part of the session this volunteer may help with spirit wear sales. Please only sign-up for this if you can commit to being available at the beginning of warm-up.

Concessions: This job requires workers to be on-site and working at the beginning of warm-ups. The concession stand is usually the busiest during the transition times. Warm, friendly personalities are always helpful as you project the Stingray hospitality to all of our guests. Concession workers work the entire session (as stated above) and are always given the opportunity to see their children swim. This is a good job if the noise/chlorine of the pool area is a problem for you.

Hospitality (“feeding the animals”): The hospitality volunteers need to be available at the beginning of warm-ups and are responsible for feeding and watering the coaches, volunteer officials and watering all of our timers. This job requires volunteers to help with set-up and take-down of meals/snacks for the coaches/officials in the hospitality area. This is another job in which warm and friendly personalities are desired, as you are an ambassador to all of the visiting coaches. You are not responsible to prepare or provide food.

Stingrays in the Seats: For all Stingray parents, we are fortunate to be on a team that promotes a “training for life” mentality. We wear our “Parenting for Life” shirts with pride at all of our meets and act as hosts to all of our guests. If you see people in need (deer in the headlights look on their face), help them find their way and let them see for themselves the virtues of “Respect, Honesty, Discipline, Dedication and Loyalty”. Cheer hard and strong for all of the kids and “raise the roof” for the Stingrays!

If you are looking for more opportunities to be involved, there are positions that require special training, such as the computer room operator, running the timing board, clerk of course and all of the referee and judge positions. Please contact the meet director, one of the meet managers (at the volunteer check in table), or speak to someone that you see doing the job you are interested in doing. Many hands make light work and lots of fun!
GO RAYS!