

			9-10			
6-24-83	Heather Switzer	31.78	50 Free	31.23	Conor Sweeney	7-27-03
7-29-83	Heather Switzer	1:08.06	100 Free	1:08.81	Conor Sweeney	7-26-03
7-29-83	Heather Switzer	2:26.86	200 Free	2:23.52	Chris Carlisle	7-31-80
7-23-03	Sarah Peterson	5:26.25	400 Free	5:15.24	Conor Sweeney	7-23-03
7-29-83	Nicole Dreessen	36.70	50 Back	36.15	James Wong	7-21-99
7-4-80	Carolyn Cooper	1:20.20	100 Back	1:17.81	John Wong	7-25-01
7-21-04	Kristina Muller	39.34	50 Breast	40.67	Todd Williams	8-2-79
7-21-04	Kristina Muller	1:26.70	100 Breast	1:32.68	Jason Vu	5-14-99
7-29-83	Heather Switzer	34.09	50 Fly	33.68	Jay Martin	7-25-84
7-29-83	Heather Switzer	1:13.40	100 Fly	1:15.30	Michael Ross	7-31-81
7-29-83	Heather Switzer	2:46.25	200 IM	2:47.88	Tom Stus	7-28-81
6-6-82	Ann Kastetter, Tracey Harper, Tammi Buffington, Heather Switzer	2:13.73	200 Free Relay	2:09.62	Brian Clifton, Todd Krieger, Mike Ross, Carlo Bachynsky	7-31-81
7-29-83	Nicole Dreessen, Heidi Wilmeth, Heather Switzer, Mary K. Zimmerman	2:28.83	200 Medley Relay	2:30.21	Todd Williams, Mike Stus, Harry Souders, P. Marnok	8-2