

Attached please find the invitation, Warm-up & Timing Assignments & Timeline for the NOCH 9 – 14 Junior Meet November 6 -8, 2009. Please plan to arrive at the meet at least 20 minutes before Warm-ups to secure your spot and be ready to swim at your specified warm-up time. Also, don't forget to wear your Terrapins attire so that we can easily spot each other and sit together. We should have an indoor set up so bring your chairs. However, just in case bring your tents as well.

LOCATION:

Galena Park ISD Natatorium
15027 Wallisville Rd
Houston, TX 77015

Directions: The pool is located just one mile West of Beltway 8 on the East side of town. Click on the link to view a map (Google Maps) showing Fry and Hwy 290 to the address listed above.

http://maps.google.com/maps?f=d&source=s_d&saddr=Hwy+290W+Cypress,+TX&daddr=15027+Wallisville+Rd+Houston,+TX+77015&hl=en&geocode=&mra=ls&sl=37.0625,-95.677068&sspn=33.29802,56.337891&safe=on&ie=UTF8&z=10

WARM UPS:

Saturday, November 7, 2009-warm-ups at 7:45-8:15 am in Lane 6, 7, and 8
Meet starts at 9:00am
Sunday, November 8, 2009-warm-ups at 7:45-8:15 am in Lane 6, 7, and 8
Meet starts 9:00 a.m.

After each warm up, make sure to hang out with the Coach for last minute words of Wisdom and our Team Cheer!

TIMERS:

We will need to man Lane 7 and half of Lane 8 for the entire meet. This means we will need two people per time slot in Lane 7 and one person per time slot in Lane 8 listed below. Please see the list below so that you can meet up with Nicole Meyers to sign up for a shift. If we all work together it will go by much faster and will not be a big deal for anyone. Plus you get the BEST seat in the house: Also please check in with Nicole at the meet to “circle in” for your sign up time. **Nicole and I do appreciate parents willingly coming forward to participate. Please remember we have swimmers participating in the meet as well and like to enjoy our time with them and the other swim families as well.**

Saturday Lane 7 (2 people per time slot):

9:00 - 10:00
10:00 - 11:00
11:00 - 12:00
1200 – 1:00
1:00 – 2:00

Saturday Lane 8 (1 person)

9:00 - 10:00
10:00 - 11:00
11:00 - 12:00
1200 – 1:00
1:00 – 2:00

Sunday Lane 7 (2 people per time slot):

9:00 - 10:00
10:00 - 11:00
11:00 - 12:00
1200 – 1:00
1:00 – 2:00

Sunday Lane 8 (1 person)

9:00 - 10:00
10:00 - 11:00
11:00 - 12:00
1200 – 1:00
1:00 – 2:00

We do have relays at this meet so please let the Coaches know if you will be available or not for these events. Also, remember we have several wonderful families that are old hats attending these meets that are more than happy to help out as well. For example when you arrive look for the TTST group to set up so we can all sit together. Our first priority is to make sure the kids are ready for warm-up and they all get circled in. We can help walk you through the process and it is not as scary as it may seem. An important note to remember is DO NOT circle in if you do not KNOW that your swimmer will participate in that event. Those who circle in and do not swim are charged \$5.00 per event by the league.

Let me know if you have any questions. Best of luck to all of you!

Jo Crowder

Secretary/Team Coordinator

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