

Corvallis Aquatic Team
2016 CAT Spring Invite

March 12-13, 2016

Held under the sanction of USA Swimming, Inc.

- Sanction #:** 16-046
In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- Host:** Corvallis Aquatic Team
- Host Facility:** Osborn Aquatic Center, 1940 NW Highland Dr., Corvallis OR 97333
- Invited Teams:** Corvallis Aquatic Team, Tualatin Hills Swim Club, Hillsboro Swim Team, Bend Swim Club, Multnomah Athletic Club, Sweet Home Swim Club
- Eligibility:** Swimmers must currently be registered with USA Swimming. Swimmers must be within entered age brackets as of March 12, 2016. Only swimmers from invited teams are eligible.
- Entry Deadline:** Entries must be received no later than noon on Friday, March 4, 2016. No late entries or on-deck registration will be permitted.
- Entry Limit:** Swimmers may enter a maximum of four events per day on Saturday and three events per day on Sunday. Swimmers with "A" times should be entered in those events as exhibition swimmers. Exhibition swims will count toward the entry limit.
- Meet Format:** All events will be swum mixed gender as timed finals..
- Meet Specifics:** The Saturday morning session will be limited to two hours. The Saturday afternoon and Sunday sessions will be limited to four hours.

The Saturday morning session (200 IM and 500 free) will be deck seeded. Coaches are responsible for providing a positive check-in of swimmers by 7:45 am on Saturday.
- Entry Fees:** \$8.00 per swimmer (\$3 OSI surcharge, \$5 facility use fee)
\$3.00 Individual entry per event

Entry fees must be paid before the start of the meet. Please make checks payable to Corvallis Aquatic Team and send to: CAT Spring Invite Meet Entries, c/o Rhonda Soule', 2035 NW 23rd Street, Corvallis OR 97330
- Entries:** Please submit a Hytek entry file to catmeetdirector@gmail.com. Submit yard times only. With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.
- Facility:** Competition Pool—8 lanes, 7-ft, 25-yd lanes, 30-in tilted blocks. Depth: 6ft to13 ft. Warm-up Pool—Shallow end east of bulkhead, 3 1/2 ft to 6 ft. The competition course has not been certified in accordance with 104.2.2 C(4).

Seating: Air-conditioned, sound insulated, balcony seating for 270. Seating on deck in bleachers and chairs in marked areas only. Only those parents who are timing are allowed in the marked competition area.

Timing: Daktronics timing system, horn start, and finish touch pads. Results via electronic scoreboard. Names will appear as received in meet entries.

Pool Hours: The facility will be open to meet participants and spectators from 7:00 am until the conclusion of the morning session on Saturday. **No meet participants or spectators are allowed in the facility between sessions on Saturday, except in the balcony and lobby areas.** The facility will reopen to meet participants and spectators from 1:00 pm until the conclusion of the meet on Saturday and from 7:00 a.m. until the conclusion of the meet on Sunday.

<u>Times:</u>	<u>Warm-ups</u>	<u>Competition</u>
Saturday am	7:30 am	8:30 am
Saturday pm	1:30 p.m.	2:30 p.m.
Sunday	7:30 a.m.	8:30 a.m.

Rules: Current USA Swimming and Oregon Swimming, Inc. rules will govern this competition.

Safety: Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Restrictions: No glass containers, tobacco products, or alcoholic beverages are allowed in the pool facility.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Photography is not allowed behind the blocks during the start of a race or relay exchange.

No parents or non-competing children are allowed in the competition area (swimmers, timers, officials and coaches only.)

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Bullpen: A bullpen will be provided for the 8 & Under events. All other swimmers shall report directly to their assigned lanes.

Awards: Prizes will be awarded to the top finisher in each heat. 1st-16th place ribbons will be awarded in each event by age group and gender.

Meetings: Officials meeting will be held approximately 60 minutes prior to the start of the meet. Coaches meeting will be 15 minutes prior to the start of the meet.

Meet Referee: Jacki Allender jacki.allender@gmail.com (541) 753-5681

Meet Director: Rhonda Soule' catmeetdirector@gmail.com (541) 602-2683

Officials: **Teams shall notify the meet director or the meet referee of the availability of officials from their team to work the meet.** A hospitality room will be provided. The uniform for officials will be white over blue, with white shoes. Officials and Coaches shall display USA Swimming credentials with current certification when on deck.

Timers: Each team will be given lane-timing assignments. Sign-ups will be behind the blocks in the competition area.

Camping: No OVERNIGHT CAMPING - multiple parking lots, shared with adjacent school, are available for RVs for day use only. There are no outside toilet facilities. Camping is available at Benton County Fairgrounds, (541) 757-1521, and KOA Campground off Hwy. 34, (541) 967-8521.

Concessions: Concessions will be available throughout the meet.

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March 12 – 13, 2016

Order of Events

Saturday, March 12 – Session 1

<u>Event #</u>	<u>Event Description</u>
1	10-12, 13 & Over 500 Free
2	10 & Under, 11-12, 13 & Over 200 IM

Saturday, March 12 – Session 2

<u>Event #</u>	<u>Event Description</u>
3	8 & Under, 9-10, 11-12 100 IM
4	8 & Under 25 Back
5	10 & Under, 11-12, 13 & Over 100 Back
6	8 & Under, 9-10, 11-12 50 Fly
7	12 & Under, 13 & Over 200 Fly
8	8 & Under 25 Free
9	8 & Under, 9-10, 11-12, 13 & Over 100 Free
10	8 & Under, 9-10, 11-12 50 Breast
11	12 & Under, 13 & Over 200 Breast

Sunday, March 13 – Session 3

<u>Event #</u>	<u>Event Description</u>
12	10 & Under, 11-12, 13 & Over 200 Free
13	8 & Under, 9-10, 11-12, 13 & Over 50 Free
14	8 & Under 25 Breast
15	10 & Under, 11-12, 13 & Over 100 Breast
16	8 & Under, 9-10, 11-12 50 Back
17	12 & Under, 13 & Over 200 Back
18	8 & Under 25 Fly
19	10 & Under, 11-12, 13 & Over 100 Fly