



Palatine Swim Team
 42nd Annual Winter Splash
 January 15th-16th, 2022



Sanctioned by USA Swimming, Inc. and Illinois Swimming, Inc.
 USA Swimming, Inc.--Sanction Number ILS0151-22

Meet Director

Dustin Thompson
 847.202.3240
 PPDmeetentries@gmail.com

Entry Chairperson

Dustin Thompson
 Palatine Park District
 Swim Team
 250 E. Wood St.
 Palatine, IL 60067

PPDmeetentries@gmail.com
 847.202.3240

Meet Referee

Doug Hill
 doug.hill@cdw.com
*Officials please email if you plan
 to attend this meet*

**Safety Chair/IDPH
 Compliance Officer**

Tony Gallagher
 847-202-3240
 amgallagher@ymail.com

Format Open Short Course Yards
This is a positive Check-in meet.

Session	Day	Type	Athlete	Warm-ups	Meet Start
1	Saturday	Prelim/Timed Finals	10&U, 12&U	7:00 AM	8:00 AM
2	Saturday	Timed Finals	8&U, 13 & Over	12:00 PM	1:00 PM
3	Saturday	Finals	10&U, 12&U	4:30 PM	5:30 PM
4	Sunday	Prelim/Timed Finals	10&U, 12&U	7:00 AM	8:00 AM
5	Sunday	Timed Finals	8&U, 13 & Over	12:00 PM	1:00 PM
6	Sunday	Finals	10&U, 12&U	4:30 PM	5:30 PM

Location Elk Grove High School
 500 W Elk Grove Blvd
 Elk Grove Village, IL 60007

Facility The Elk Grove High School pool is an eight lane, 25-yard indoor pool with starting blocks at the deep end. The start end depth is 13 ft 11 in. Turn end depth is 4 ft 0 in. The pool has non-turbulent competition lane lines and a fully automated Colorado Timing System with read-out board. Masks are required, and Covid protocols are subject to change.

Ingress/Egress Entrance and exit will be through Door 8.

Rules and Safety All current USA Swimming and ISI Rules and Regulations apply. ISI and USA swimming safety rules will be strictly enforced. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When

unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

All coaches are responsible for the conduct of their swimmers and will see that their club always has proper supervision. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Illinois Swimming and the meet host under the conditions authored by Illinois and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Illinois Swimming competition to promote such competitions.

Covid Disclaimer

We have taken enhanced health and safety measures- for your team and guests. You must follow all posted instructions of this facility under guidelines from the Illinois Department of Health while attending this event. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating and attending this event, you voluntarily assume all risks related in exposure to COVID-19.

An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individual with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ILLINOIS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Eligibility	All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to entry deadlines. Entries listed as "Registration applied for" will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 1400 E. Touhy Ave., Suite 410, Des Plaines, IL 60018; Phone: 847-824-1596, Fax: 847-824-1726. A swimmer's age as of January 15, 2022, will determine their age for the meet.
MAAPP	All applicable adults participating or associated with the respective meet to which this information applies, acknowledges that they are an applicable adult, subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. All athletes 18 years of age and older must have completed Athlete Protection Training prior to the entry deadline.
USA Swimming, Inc. Membership	Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches, and officials who are not current members of USA Swimming may not participate in the meet or be on deck.
Coaches	All coaches must be currently registered with USA Swimming and must provide proof of current registration at all sessions of the meet.
Entry Deadline	Email or Overnight mail carrier delivery only. No hand delivered, telephone, or fax entries will be accepted. Entries must be received by the Palatine Park District Swim Team, 250 E. Wood St., Palatine, IL 60067 (847) 202-3240 no earlier than Wednesday, December 22, 2021, at 12:00p.m. (noon). Email entries may be sent to PPDmeetentries@gmail.com Entries will be accepted in the order received until the time limit per session is met. Thereafter, entries shall be returned promptly to the swimmer or team. An attempt will be made to achieve balance between age group classes. Entries shall not be considered received until all hard copies, waivers, and payments have been delivered to the Palatine Park District at the address shown above. Teams entering via email have 72 hours to submit hard copies, waivers, and payment or their entry is subject to non-acceptance. Any entry received earlier than 12:00 p.m. on December 22, 2021, will be placed at the end of the total entries received for that day, eliminating any need to re-submit. The entry deadline is January 5, 2022. There will be upgrade of time allowed until this date. All changes must be submitted before the entry deadline. We will accommodate where possible.
Entries	<p>This is a Hy-Tek software (Windows version) managed meet. Any club using Team Manager is strongly encouraged to use that package to submit the entry via e-mail. The entry must be accompanied by the software generated printed form including full name, ISI number, event numbers and seed time. These must be returned together with the entry forms and your check. Failure to do so shall be sufficient grounds for refusal of the entry.</p> <p>A signed Summary Fee / Release form provided in this packet and payment in full must accompany all entries. Checks are to be made payable to: Palatine Swim Team.</p>
Entry Fees	<p>\$5.00 per Individual Event \$12.00 per Relay Event \$25.00 Surcharge per swimmer broken down as follows: \$2.00 ISI, \$10.00 Admissions, \$13.00 Facility surcharge</p>

Entry Limitations

Deck entries will not be permitted.

Prelim/Finals 12 & Under swimmers may swim a maximum of three (3) individual events and one (1) relay.

Timed Finals Swimmers may swim a maximum of four (4) events and one (1) relay.

Relay swimmers must be entered in at least one individual event. Mixed relays must be 2 boys/2 girls.

The 500 Freestyle and 400 IM events may also have the additional limitation that only the top three girls and boy's heats may be swum. The host team reserves the right to swim additional heats of any PPD swimmers if time allows. NO TIME entries will be accepted on a first come, first served basis. Affected swimmers or their coaches will be informed of limitations after the closing date and our timeline is established. Refunds will be given if requested. The host team reserves the right to limit other events as it deems necessary.

Entry Verification

If you desire verification of entries received, include a stamped, self-addressed postal card with your entries. Emailed entries will receive an email confirmation of receipt of entry, but not necessarily acceptance into the meet.

Events

The Meet Referee reserves the right to impose "fly-over" starting procedures.

In accordance with USA Swimming Rules, Articles 105 and 202.2.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

Positive Check-In

There will be a positive check-in at the entrance. Check-in will be closed 20 minutes after the start of that session's warm-up period. Each swimmer must highlight their event numbers to be seeded properly. Heat and lane assignments will be prominently placed. Swimmers missing check-in will only be placed where any openings may occur regardless of original seed time. Swimmers failing to report to the blocks after having indicated an intention to swim will be charged with deliberate delay, failure to report (DQ), not a scratch, per USA regulations 101.1.5 B. There will be a bullpen for 8 & U. There may be a secondary positive check-in (1/2 to 3/4 hours) prior to distance events of 400 yards or longer.

Scoring

Scoring will be 20-18-17-16-15-14-13-11-9-7-6-5-4-3-2-1 for individual events. Relay events will be scored 40-36-34-32-30-28-26-22-18-14-12-10-8-6-4-2. 12 & U events will be scored separately as 10 & U and 11-12. 13 & over events will be scored separately as 13-14 and 15 & Over.

Seeding

Timed Final events will be seeded and swum slowest to fastest. **Prelim/Final** events will be seeded and swum slowest to fastest, except for the last three heats, which will be circle seeded. If a swimmer enters more events than allowed, the Entry Chairperson will enter that swimmer to a maximum number allowed in that age group and will disregard any other entries for that swimmer for that day.

Relay Events

Preprinted relay sheets will be available at the beginning of each session. Coaches are to list the swimmers' names in the order of swimming. All relay sheets must be

returned to the Administrative Judge/Clerk of Course no later than the start of that session.

Awards Awards will be given to first through sixteenth place in each age group, excluding 13 & Over events, with relay awards given to first through third place, excluding 13 & Over Events. High point awards will be awarded for each age group 1st to 3rd in the following age groups: 8 & U, 10 & U, 11-12, 13-14 and 15 & Over.

**Admissions
Heat Sheets &
Timers** No admissions will be charged at Elk Grove HS. Admissions are included in the \$25.00 per swimmer surcharge charge. Heat sheets will be sold for \$2.00 each session. Participating teams may be required to supply two (2) timers each session.

At the time of publication, spectators will be allowed to attend. The host team reserves the right to change the spectator policy in accordance with District 214 policies at the time of the meet.

Concessions Food and beverages may be available. However, pool rules do not allow food outside the concession area. No glass containers of any kind will be allowed inside the pool complex or the adjoining building. No smoking or consumption of alcoholic beverages is allowed anywhere on the school grounds. **These rules will be strictly enforced. Any violation could result in the expulsion of a swimmer and/or team from the meet.**

Vendor A vendor may be available.

Meet Results Will be available in electronic form on our team website at www.ppdswim.org.

Palatine Swim Team
 42nd Annual Winter Splash
 January 15-16, 2022
 USA Swimming, Inc.--Sanction No. ILS0151-22

**Complete this form and mail with your check
 payable to: PALATINE SWIM TEAM**

Mail to: Palatine Swim Team
 Palatine Park District Swim Team
 250 E. Wood St.
 Palatine, IL 60067

Email entry to: PPDmeetentries@gmail.com

<u>Age Group</u>	<u>SUMMARY OF FEES</u>	<u>Number of Entries</u>	<u>Cost per entry</u>	<u>Total</u>
8 & Under		_____	@ \$5.00 each	_____
10 & Under		_____	@ \$5.00 each	_____
11 & 12		_____	@ \$5.00 each	_____
13 & Over		_____	@ \$5.00 each	_____
Relays		_____	@ \$12.00 each	_____
Total # of swimmers (ISI/Facility/Admissions Surcharge)		_____	@ \$25.00 each	_____
TOTAL FEES				_____

Name of Club: _____ Club Code: _____

Email Address: _____ LSC: _____

Mailing Address: _____

Phone (entry person): (Day) _____ (Eve) _____

Coach(es) Attending _____

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and participants in the meet from my club, hereby consign, waive, and release any and all rights and claims for damages which may occur against USA Swimming, Illinois Swimming Inc., Elk Grove High School, High School District 214, Palatine Tiger Shark Swim Team, Palatine Park District, their representatives, directors, officers, employees, or successors for any and all injuries suffered by me or any contestant or representative in said meet, as representatives of my club. I attest that all athletes included in this entry and participating in this sanctioned/approved event are duly registered as current athlete members of USA Swimming.

Signature: _____

Title: _____ Date _____
 (Coach, Club Representative, or Parent)

This signed release and your check for the full and correct amount must accompany entry or entry will not be accepted. Entries must be received **NO EARLIER THAN Wednesday, DECEMBER 22, 2021 at 12:00 P.M.**

Sat. AM – Prelims

Session 1

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	10 & U 100 Fly	2
3	11-12 100 Fly	4
5	10 & U 50 Free	6
7	11-12 50 Free	8
9	10 & U 100 IM	10
11	11-12 100 IM	12
13	10 & U 100 Back	14
15	11-12 100 Back	16
17	10 & U 100 Breast	18
19	11-12 100 Breast	20

Timed Finals Events

21	Mixed Gender 10 & U 200 Medley Relay	21
22	Mixed Gender 11-12 200 Medley Relay	22
23	Mixed Gender 12 & U 1000 Free	23

Sat. PM - Timed Finals

Session 2

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
25	13 & Over 200 Free	26
27	8 & U 50 Free	28
29	13 & Over 100 Breast	30
31	8 & U 25 Breast	32
33	13 & Over 100 Back	34
35	8 & U 50 Fly	36
37	13 & Over 200 Fly	38
39	8 & U 25 Back	40
41	13 & Over 50 Free	42
43	Mixed 8 & U 100 Medley Relay	43
44	Mixed 13 & Over 100 Medley Relay	44
45	13 & Over 400 IM*	46
47	Open 1650 Freestyle	*

(1650 Free may be limited to the fastest 2 heats.)

Session 3

Top 16 swimmers from events 1-20
will compete.

Sun. AM – Prelims

Please note the 200s of stroke and relays are timed final events.

Session 4

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
49	10 & U 50 Fly	50
51	12 & U 200 Fly (<i>Timed final event</i>)	52
53	11-12 50 Fly	54
55	10 & U 200 IM	56
57	11-12 200 IM	58
59	10 & U 50 Back	60
61	12 & U 200 Back (<i>Timed final event</i>)	62
63	11-12 50 Back	64
65	10 & U 50 Breast	66
67	12 & U 200 Breast (<i>Timed final event</i>)	68
69	11-12 50 Breast	70
71	10 & U 100 Free	72
73	11-12 100 Free	74
<u>Relays Timed Finals Events</u>		
75	Mixed Gender 10 & U 200 Free Relay	75
76	Mixed Gender 11-12 200 Free Relay	76

Sun. PM - Timed Finals

Session 5

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
77	13 & Over 200 IM	78
79	8 & U 25 Free	80
81	13 & Over 100 Free	82
83	8 & U 50 Breast	84
85	13 & Over 200 Breast	86
87	8 & U 25 Fly	88
89	13 & Over 200 Back	90
91	8 & U 50 Back	92
93	13 & Over 100 Fly	94
95	Mixed 8 & U 100 Free Relay	95
96	Mixed 13 & Over 100 Free Relay	96
*	Open 1650 Free	48

(1650 Free may be limited to the fastest 2 heats.)

Sun. PM – Finals

Session 6

Top 16 swimmers from events 49-74, not including 51, 52, 61, 62, 67, and 68 will compete.

WARM-UP PROCEDURES

- 1) **General Warm-up** (first 30-45 minutes)
 - a) **NO DIVING** allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
 - b) No sprinting or pace work allowed during this general warm-up session.
 - c) Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
- 2) **Specific Warm-up** (last 30-45 minutes)
 - a) **Push/Pace Lanes** - Push off one or two lengths from starting end. Circle swim only. **NO DIVING.**
 - b) **Diving Lanes** - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
 - c) **General Warm-up Lanes - NO DIVING.** Circle swim only.
 - d) At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

3) POOL	4) LANE USE		
	5) PUSH/PACE	6) DIVING	7) GENERAL WARM-UP
8) 6 LANE	9) 1&6	10) 2&5	11) 3,4
12) 8 LANE	13) 1&8	14) 2&7	15) 3,4,5,6
16) 10 LANE	17) 1&10	18) 2&9	19) 3,4,5,6,7,8

20) SAFETY GUIDELINES

a) Coaches Responsibilities

- i) Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
- ii) Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

21) Host Team Responsibilities

a) Marshaling

- i) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
- ii) Marshals shall be current members of USA Swimming.
- iii) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.

b) The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.

c) Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."

d) An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.

e) Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

22) Miscellaneous:

a) Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.

b) Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

c) Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.

d) Warm-up procedures shall be enforced for any breaks scheduled during the competition.

e) The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.