

MIDDLE SCHOOL NEWS BRIEF 2.15.10

Middle School Parents & Athletes

Please read all of this email to be informed of all that is going on in the middle school groups. Contact your athlete's coach if you have any questions.

1. **Divisional/State T-shirts – orders are due this week!!!** You may print off the order form from the website and turn into either Coach Sean, Coach Sarah or myself (Ryan). Parents are welcome to order shirts too if they would like.
2. **Practices** – Sean Gibson has started working with the Blue group while Jamie takes care of her newborn baby. Reminder to everyone to continue to check your group calendar online for practice times. We have several after school practices from 3:30-5:00 in the next couple of weeks. If you can make it, great....if not, then that is fine too. If your athlete is competing at a home meet for CMS/MCMS that day, they are welcome to attend practice at 3:30 before their meet, but they need to speak with their school coach first for permission.
3. **CMS/MCMS** – practice coordination has been going pretty well for the groups and school teams. Remember to check your athlete's school practice schedule to have them practice with NACS either before or after their school team practice. Jamie and I have placed a couple of event requests for a few athletes, and the respective coaches will make the final decision regarding school team meet entries.
4. **NACS 11 & Under meet. – Sunday February 21.**
 - a. If your athlete is 11 & Under and swimming at this meet, be sure to sign-up for a job for at least 1 person from your family to do.
 - b. If your athlete is 12 & Older, Coach Sarah emailed out a list of items for each family to provide to help with concessions, coaches/officials hospitality. You may bring your item to the pool and drop off behind the scorer's table or if your item needs refrigerated, please see a coach and they will put in the concessions refrigerator. We need everyone's help for this meet to run smooth by volunteering for a job or providing a food item.
5. **Divisional Meet Sign Up** – Deadline is February 23 to declare if your athlete would like to participate at the Divisional meet. Athletes must have qualified for time standards to swim at this meet. Please make any event suggestions or notes in the area provided when declaring YES or NO.
6. **Coach's NACS emails** have not been receiving messages due to a change in the server that is being corrected. If you have sent a message to either Jamie or I in the past 10 days, we did not receive it. Since Jamie is out for the remainder of the season, Blue group athletes should copy all correspondence to Ryan's email in addition to Jamie to help communication between coaches and groups.
7. Lastly, I (Ryan) have made a very difficult decision to retire from coaching swimming and will no longer be coaching for NACS after Age Group State in March. My decision is a tough one to make as I have enjoying working with the coaches and swimmers for the past 5 years, but will allow me to put more time, effort, and energy into my career and free up some personal time as I will be getting married this summer. NACS coaching staff will decide to make coaching arrangements at the conclusion of the Long Course Season in July. I wish everyone good luck with their future swimming careers.