

ALLIGATOR NEWS

www.arlingtonalligators.org April, 2007



Oh what a month March was! March is one of our busier months. With all the championship meets, comes much prep. We had pasta parties, change in practice times and just a change in the kids training.

Mary has been traveling a lot. She has spent all her weekends away from her family to be at these meets. We had regionals at Barrington, Sr. states, Sectionals, and Age Group State at UIC. Then off to Orlando, FL for Jr. Nationals, and over to New York for Sr. Nationals. Way to go team! These kids have worked hard and are now enjoying the fruit of their labor.

The Banquet was a wonderful occasion for the swimmers and their families. A special thank you to Laura Mau for organizing this event! We had over 120 in attendance!

The upcoming season is shaping up nicely. Blue/Black and X-treme have all started training. The stroke clinic is up and running and we are getting ready to begin the season for Gold, Silver and Green. If you have not registered, please do!! Help keep Kathy Suttons job as easy as possible and eliminate last minute scrambling.

Dates to remember:

Mandatory Parent meeting April 23rd at Viator 6-7pm—Kieffer swim shop will be there to purchase and order suits and apparel

Meet Sign up sheets are due April 16th—late sheets may mean you are not able to get into a meet.

June 2nd-3rd—Alligator Meet @ UIC—we

March/April Birthdays!!	Maura Kelly	3/12	Ian Rodriguez	3/28	
Ann Frisella	3/6	Megan Moroney	3/14	Mary Casagrande	4/4
Alli Schiller	3/6	Maks Koziol	3/15	Grace Lozinski	4/5
Kaz Hirakawa	3/9	Katie Lindholm	3/15	Erin Rodriguez	4/11

Alligator Fundraising Benefit

Thanks to TYR, Olympian Scott Usher will be speaking at the benefit. Scott finished 7th in the 200m breaststroke at the 2004 Olympics. He will also be helping out at the stroke clinic earlier in the day- this is a separate clinic from our April clinic—All levels encouraged to attend.

You should already have receive your invitation to this special event in the mail. This is an amazing opportunity to enjoy an evening of Alligator History, the excitement of an Olympian right in the room with you and the ability to help our team and the Andrew Johnstone foundation grow

USA-S Olympic Development Team Camp is coming to the ALLIGATORS this June!!!!

We have been offered an amazing opportunity by USA swimming. Due to our success as a team and having Nationally ranked swimmers we have been selected for a 4 day camp at no cost to us. This is a do not miss opportunity for each of you. Swimmers, Coaches and Parents will meet with a Master Coach from USA-S. Coach Bob Steele will be coming to our team to consult with all of us on club excellence.

He recognizes every level of swimming as important and the role we each play in being the best we can. Very few clubs have been selected for this privileged visit. Only 3 in Illinois! Mark your calendars for June 20th—23rd. More information to follow.

Don't forget to register for coming season. You can register with Kathy Sutton at anytime—just contact her. This season a new group has been added! This one is the “black group” they will be training at a higher level than blue. Our Xtreme group is by invite only. The level of commitment for Xtreme is not for everyone nor should it be. The Alligators strive for excellence in every group Green, Silver, Gold, Blue, X-treme and now Black. There is a place for everyone on the team. The goal is to work hard to reach everyone's goals, but while working hard our goal is also to have a great time. Meet new friends, have fun, and see what each person can do. Sometimes its just making it to the other end of the pool. What ever the goal, it can be reached! Looking forward to the coming season—get ready to swim strong!

A NOTE TO NEW PARENTS!

For the spring/summer season the Gold, Blue, Black and X-treme groups will train in meters. This means we will switch pools. We will be swimming outside by the end of May at Rec. park in Arling-

ton Hts. We also swim at the Plum Grove pool in Arlington. Maps will be on the web site. In the Spring we will still be at Viator. Any questions please ask. Silver and Green will remain based out of Viator. Cal-

endars have the final schedule. The training grid is a guild.

The Alligator Meet is June 2nd and 3rd. Mark your calendars. We need everyone to make this a success.

THE COACHES CORNER

Goals! Motivation! Team Spirit! Determination! Pride! Fun! Integrity! Dedication!

Each of these words if felt from inside can bring more success into ones life than can possibly be imagined. Each of you have the strength inside you to do any thing you set your minds to do. Swimming is a physical and mental activity. If you believe in what you are doing and you can set your mind to work though the rough times to find success. You will improve as a swimmer and you

will develop life skills that will help you succeed in all walks of life. This may sound like just a bunch of words, but I challenge each of you to set a positive mental attitude towards everything you do. Your deams will come true! Start this coming season out with goals and enthusiasm. “Walk the walk”!

See you in the pool!

Make a Splash!

GOALS ARE REACHED!



They may start here!

But they end up here!

Always remember whatever the goal, keep your eye on it!

