

IRISH AQUATICS WINTER INVITATIONAL
January 8-10, 2010

Girl's Event #	Event	Boy's Event #	Heat Limit
Sessions 1 & 2 Friday P.M.			
1	9 & 10 200 Free	2	4
3	11-12 500 Free	4	4
5	13-14 500 Free	6	4
7	15 & Over 500 Free	8	4
9	8 & Under 100 IM	10	4
11	9-10 200 I.M.	12	4
13	11-12 200 I.M.	14	4
15	13-14 400 I.M.	16	3
17	15 & Over 400 I.M.	18	2
Sessions 3 & 4 Saturday A.M.			
XXX	Boys Only 11-12 200 Free	20	7
21	9-10 100 Fly	22	none
23	11-12 50 Fly	24	none
25	9-10 50 Breast	26	none
27	11-12 100 Breast	28	none
29	9-10 100 Back	30	none
31	11-12 50 Back	32	none
33	9-10 50 Free	34	none
35	11-12 100 Free	36	none

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Sessions 5 & 6

Saturday P.M

37	13-14 200 I.M.	38	none
39	15 & Over 200 I.M.	40	none
41	13-14 100 Free	42	none
43	15 & Over 100 Free	44	none
45	8 & U 25 Free	46	none
47	13-14 100 Back	48	none
49	15 & Over 100 Back	50	none
51	8 & U 50 Back	52	none
53	13-14 200 Breast	54	none
55	15 & Over 200 Breast	56	none
57	8 & U 25 Breast	58	none
59	13-14 100 Fly	60	none
61	15 & Over 100 Fly	62	none
63	8 & U 50 Fly	64	none

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Sessions 7 & 8
Sunday A.M.

65	9-10 200 Free Relay	66	None
67	11-12 200 Free Relay	68	None
69	Girl's Only 11-12 200 Free	XXX	7
71	9-10 100 Free	72	none
73	11-12 50 Breast	74	none
75	9-10 100 Breast	76	none
77	11-12 100 Back	78	none
79	9-10 50 Back	80	none
81	11-12 50 Free	82	none
83	9-10 50 Fly	84	none
85	11-12 100 Fly	86	none
87	9-10 200 Medley Relay	88	none
89	11-12 200 Medley Relay	90	none

Sessions 9 & 10
Sunday P.M.

91	13-14 200 Free	92	none
93	15 & Over 200 Free	94	none
95	8 & U 100 Free	96	none
97	13-14 100 Breast	98	none
99	15 & Over 100 Breast	100	none
101	8 & U 50 Breast	102	none
103	13-14 200 Back	104	none
105	15 & Over 200 Back	106	none
107	8 & U 25 Back	108	none
109	13-14 50 Free	110	none

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111	15 & Over 50 Free	112	none
113	8 & U 50 Free	114	none
115	13-14 200 Fly	116	none
117	15 & Over 200 Fly	118	none
119	8 & U 25 Fly	120	none

10 Minute Warm-Up

121	12 & Over 1000	122	3
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WARM-UP SCHEDULE:

FRIDAY:

Doors open at 3:30 p.m.
Warm-ups: **12 & Under: 3:45 – 4:15 p.m.**
13 & Over: 4:15 – 4:55 p.m.
Meet begins at 5:00 p.m.

SATURDAY & SUNDAY A.M.

Doors open at 6:45 a.m.
Warm-ups: 7:00 - 7:45 a.m.
Meet begins at 8:00 a.m.

SATURDAY P.M.

Warm-ups: 5:00 p.m.
Meet begins: 6:00 p.m.

SUNDAY P.M.

Warm-ups: not before 12:00 p.m. - 8& under events will be swum in the south pool exclusively.
Please keep 8 & under warm up in this pool if possible.
Meet begins: NOT BEFORE 1:00 p.m.