

Red and Black Test Sets LC 2009

	5/2/2009	5/6/2009	5/13/2009	5/20/2009	5/23/2009	5/27/2009	6/3/2009	6/6/2009	6/10/2009
	4x75 K 100 S	10x100	12x75	2x(10x50)	4x75 K 100 S	10X100 +8X100	12x75	4x75 K 100 S	2x(10x50)
Adams, Chad					BR K 1:19.25 S 1:31.1 FR K 1:19.5 S 1:07.7 FR K 1:19.75 S 1:06.4				
Anderson, Alex				BK 33.0 FR 31.7		1:09.7	FR 44.67 BK 50.67 BR 1:00.0	FR K 1:09.75 S 59.7 BK K 1:13.75 S 1:05.4 FR K 1:08.75 S 58.7	
Aspell, Alex						+1:19.875	FR 53.0 BR 1:08.0 FR 56.67 FR 57.67		
Bastidas, Kristina					FR K 1:13.5 S 1:09.8 FR K 1:14.5 S 1:11.2 FR K 1:17.25 S 1:13.7				
Burrell, Maddi				BK 35.0 FR 30.0	BK K 1:05.25 S 1:08.1 FR K 1:12.0 S 1:07.2 FR K 1:12.5 S 1:02.0				
Connors, Callie								BR K 1:12.75 S 1:20.5 BR K 1:13.25 S 1:22.3 BR K 1:10.75 S 1:22.6	
Danhauer, Laura						+1:10.0	FR 47.33 BK 1:00.33 BR 1:05.0 FR 50.67		BK 38.4 FR 33.6
Danhauer, Lisa		1:15.8					FR 47.0 FR 48.0 BK 58.33 FR 49.0		
Emrath, Erin					FR K 1:10.25 S 1:02.9 FR K 1:11.0 S 1:03.6 FR K 1:12.25 S 1:05.2			FR K 1:14.75 S 1:02.6 FR K 1:11.75 S 1:03.8 FR K 1:13.5 S 1:03.1	
Fish, Amy		1:24.5			FR K 1:20.75 S 1:14.3 FR K 1:17.5 S 1:16.8 FR K 1:19.75 S 1:19.2	+1:26.5	FR 56.67 FL 1:08.0 BK 1:05.0 FR 58.0	FR K 1:17.0 S 1:18.4 BR K 1:39.5 S 1:44.4 BK K 1:22.5 S 1:25.9	BK 41.4 FR 36.3

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	4x75 K 100 S	10x100	12x75	2x(10x50)	4x75 K 100 S	10X100 +8X100	12x75	4x75 K 100 S	2x(10x50)
Gavars, Sam			FR 49.0 BK 56.0 FR 49.33 BK 56.67		FR K 1:08.25 S 1:06.0 BK K 1:08.0 S 1:17.0 FR K 1:12.0 S 1:08.9	1:10.6	FR 48.33 BK 54.67 FL 57.0 FR 50.33	BK K 1:11.5 S 1:12.9 FR K 1:07.25 S 1:05.4 BK K 1:09.75 S 1:15.3	BK 35.4 FR 30.6
Graft, John					BR K 1:13.25 S 1:21.8 BR K 1:14.5 S 1:24.1 BK K 1:13.0 S 1:17.1				
Graft, Will					FR K 1:14.0 S 1:03.7 FR K 1:14.5 S 1:06.6 FR K 1:13.25 S 1:10.2				
Hayden, Leo	FR K 1:01.0 S 59.1 FL K 1:06.5 S 1:07.4 FR K 1:04.75 S 1:00.9			BR 40.9 FR 29.2	FR K 1:02.0 S 57.1 FR K 1:08.0 S 59.3 FR K 1:09.25 S 58.9	1:03.3	FR 39.33 FL 45.33 BK 51.0 BR 55.0	FL K 1:00.0 S 1:03.6 FR K 59.75 S 56.9 FL K 1:03.25 S 1:03.5	
Hutchinson, Vicky					FR S 1:21.0 FR S 1:47.8 FR S 1:49.6				
Jacobsen, Anne		1:01.5	FL 46.67 BK 48.0 BK 48.33 FR 44.33	FL 30.7 FR 28.2	FL K 1:09.25 S 1:03.9 BK K 1:05.25 S 1:04.6 FR K 1:04.25 S 57.6	1:03.6	FL 45.33 BK 47.33 FR 43.0 FR 42.33	FL K 1:06.75 S 1:04.1 BK K 1:04.25 S 1:02.0 FR K 1:05.25 S 57.8	BK 32.6 FR 28.1
Johnson, Taylor									BK 42.3 FR 36.4
Kaszynski, Justine		1:06.5			FL K 1:02.75 S 1:07.1 FR K 1:08.25 S 1:01.8 FR K 1:08.75 S 1:03.8	1:07.6	FR 46.33 FL 49.33 BK 55.33 FR 48.67	FL K 1:06.5 S 1:08.3 FR 1:08.0 S 1:04.9 FR 1:06.5 S 1:04.4	BK 34.7 FR 30.2
Kleinjan, Ashleigh	FR K 1:14.75 S 1:07.2 BR K 1:19.75 S 1:25.7 FR K 1:18.75 S 1:07.8		FR 46.67 BR 1:02.33 FR 48.0 BR 1:02.33		FR K 1:12.25 S 1:03.7 BR K 1:17.25 S 1:22.1 FR K 1:18.0 S 1:06.7	1:09.1	FR 47.0 BR 1:00.0 FR 48.0 BR 1:00.0	FR K 1:14.75 S 1:04.7 BR K 1:16.75 S 1:22.2 FR K 1:16.0 S 1:06.1	
Kobida, Connor				BR 36.4 FR 30.7					
Kobida, Kaitlyn						1:08.8			
Kreis, Charlie					FR K 1:27.25 S 1:00.7 FR K 1:35.0 S 1:03.9 FR K 1:35.5 S 1:04.3	1:09.9	FR 46.67 FR 47.0 BK 58.67 FR 48.67	FR K 1:30.75 S 1:02.3 FR K 1:34.5 S 1:04.8 FR K 1:34.5 S 1:06.0	BK 38.7 FR 30.6

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Meckert, Kelly					FR K 1:19.75 S 1:10.2 FR K 1:20.75 S 1:13.9 FR K 1:22.75 S 1:14.6				
Mueller, Bradley					BK K 1:09.5 S 1:08.1 FR K 1:10.5 S 1:01.0 FR K 1:09.75 S 1:04.4			FR K 1:13.0 S 57.5 BK K 1:08.5 S 1:08.2 FR K 1:17.0 S 1:02.7	
Nagle, Jill							FR 47.33 BK 59.67 BR 57.67 FR 48.33	BR K 1:12.25 S 1:19.4 BR K 1:13.5 S 1:21.0 BR K 1:11.75 S 1:21.1	BR 39.1 FR 32.2
Palarz, John						1:17.4			
Palarz, Mike			FR 48.33 FR 48.67 FR 49.33 FR 50.33	BK 35.7 FR 30.9		1:08.1	FR 45.33 BK 55.33 BR 1:03.33 BR 1:04.33		BK 34.7 FR 28.6
Powell, Nina						+1:24.875	FR 54.0 BK 1:04.0 FR 57.0 BK 1:04.67		
Primdahl, Erin	FR K 1:18.25 S 1:03.3 FL K 1:26.25 S 1:09.1 BR K 1:22.75 S 1:20.1			FL 33.7 FR 30.9		1:08.3	FL 49.0 BK 52.67 BK 53.0 FR 45.67	BR K 1:13.75 S 1:16.2 FL K 1:17.5 S 1:09.2 BK K 1:15.5 S 1:07.9	BR 37.7 FR 29.6
Quigley, JD								FR K 1:14.25 S 1:03.7 FR K 1:14.25 S 1:05.2 FR K 1:16.5 S 1:08.3	BR 41.3 FR 32.6
Rodney, James					FR K 1:05.75 S 1:06.3 BR K 1:24.25 S 1:20.3 FL K 1:14.5 S 1:19.7			FR K 1:02.0 S 1:01.5 BR K 1:19.0 S 1:20.4 BK K 1:10.5 S 1:12.5	
Scheitlin, Mekenna	FR K 1:06.5 S 1:05.9 BR K 1:25.0 S 1:29.0 FR K 1:18.0 S 1:07.9	1:08.9	FR 46.33 BK 53.67 BR 1:04.0 FR 48.33		FR K 1:04.0 S 1:03.9 FR K 1:08.25 S 1:06.7 FR K 1:07.25 S 106.4			FR K 1:07.25 S 1:05.8 BR K 1:18.5 S 1:21.6 FR K 1:07.0 S 1:05.3	BR 40.0 FR 29.9
Singh, Nitin	BR K 1:45.25 S 1:44.1 FR K 1:39.0 S 1:19.0 BR K 1:53.5 S 1:51.9				FR K 1:30.5 S 1:15.7 FR K 1:39.5 S 1:17.2 BR K 1:40.0 S 1:40.5				

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	4x75 K 100 S	10x100	12x75	2x(10x50)	4x75 K 100 S	10X100 +8X100	12x75	4x75 K 100 S	2x(10x50)
Strauss, Jack					BR K 1:09.5 S 1:19.6 FR K 1:06.0 S 1:00.8 BR K 1:14.5 S 1:25.7			BR K 1:13.0 S 1:19.5 FR K 1:13.5 S 1:00.7 BR K 1:14.5 S 1:19.1	
Valentine, Kate			FR 44.67 FR 45.67 FR 46.0 BK 56.0	BK 34.7 FR 20.9		1:07.1	FR 43.67 FR 44.67 BR 1:02.0 BK 54.67	FR K 1:03.0 S 59.4 FR K 1:03.25 S 1:00.1 BR K 1:17.5 S 1:24.5	
Vargo, Emily			FR 1:00.0 BR 1:12.0 FR 57.67 FR 59.0					BR K 1:14.25 S 1:36.5 BR K 1:16.5 S 1:39.0 FR K 1:36.0 S 1:20.3	
Vargo, Jessica		1:23.9	FR 55.67 BK 1:07.33 FR 57.67 FR 58.33		FR K 1:21.0 S 1:12.9 BK K 1:25.25 S 1:29.0 FR K 1:32.25 S 1:14.9	+1:21.75	FR 54.0 BK 1:07.0 FR 56.0 BK 1:09.67		BK 42.6 FR 36.6
Widdowson, Kayla				BR 40.1 FR 31.3	FR K 1:12.75 S 1:02.9 BR K 1:13.5 S 1:20.5 BR K 1:14.0 S 1:22.6		FL 52.0 BK 54.33 BR 1:00.0 FR 48.33	FR K 1:15.5 S 1:05.0 BR K 1:10.0 S 1:20.0 BK 1:13.0 S 1:12.1	